Objectives

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Innocenti
Florence, Italy
5 – 7 November 2018

With the support of the Kingdom of the Netherlands
Objectives

1. Develop a **common narrative** around need for food systems to produce nutritious, safe, affordable and sustainable children’s diets.

2. Validate a **common approach** to elucidate priority actions within the food system to improve children’s diets.

3. Develop an **action plan** to improve children’s diets using a food systems approach.
Develop a common narrative around need for food systems to produce nutritious, safe, affordable and sustainable diets for all children

Evidence-based review of children’s diets

What are the unique dietary needs of children across age groups?

- State of children’s diets (0-4 years)
- State of children’s diets (5-9 years)
- State of children’s diets (10-19 years)

What is a healthy diet for a child?

Real life perspectives

- Indonesia
- Mexico
- Tanzania

Semi rural Tanzania: challenges of feeding young children

Urban Mexico: ensuring healthy diets of school-age children

Urban Indonesia: Snacking in adolescents

State of children’s diets (0-4 years)
State of children’s diets (5-9 years)
State of children’s diets (10-19 years)
A foods systems approach for improving the diets of children and adolescents
Develop an action plan to improve children’s diets using a food systems approach

- Exchange of ideas around solutions identified across different groups. Major themes?
- Share personal experiences from working within food systems
- Feedback on effectiveness of framework

- How to get people to work together; implementation challenges

- What are ways forward, next steps

- What are the knowledge gaps?

- How to support – roles / responsibilities, commitments (donor, organizations)
Who is in the room?

- Private sector
- Government representatives
- Development partners
- Academia
- Donors
We want to learn from you!

- Presentations
- Panel discussions
- Videos
- Question and answer sessions
- Group work
- Social time