Wear a face mask while in public places

Maintain a distance of at least 2 metres from each others

Regularly wash your hands with soap and running water or use an alcohol-based hand rub/sanitiser

Cover your mouth and nose with a tissue, handkerchief or bent elbow when coughing and sneezing

Avoid touching your eyes, nose and mouth

Avoid handshaking and hugging

Avoid contact with anyone with flu-like symptoms (fever, cough, sneezing)

For more information, call the Ministry of Health toll free line on: 919, 0800-100-066, 0800-203-033 and 0800-303-033 or send a free SMS to Ureport on 8500