Wear a face mask while in public places

If an infected person sneezes or coughs and their droplets come into contact with you

If you touch a surface that is contaminated with Coronavirus and then you touch your eyes, nose and/or mouth

WHAT ARE THE SIGNS AND SYMPTOMS OF COVID-19?

Fever

Sore throat

Cough

Difficulty in breathing

Other flu-like symptoms such as a running nose, sneezing and body weakness

HOW CAN YOU PREVENT YOURSELF FROM GETTING COVID-19?

Wear a face mask while in public places

Keep a distance of at least two (2) metres from one another

Regularly wash your hands with running water and soap

Cover your nose and mouth when sneezing and coughing with a tissue, handkerchief or bent elbow

Avoid contact with anyone with flu-like symptoms

Avoid touching your eyes, nose, and mouth with unwashed hands.

For more information, call the Ministry of Health toll free line on: 919, 0800-100-066, 0800-203-033 and 0800-303-033 or send a free SMS to Ureport on 8500