INSTRUCTIONS

1. Bend the left arm so it is at a right angle, and place the wide end of the tape on the shoulder, arrows on the shoulder tip.
2. Measure the length to the elbow.
3. Calculate the midpoint of the left upper arm, mark with a pen.
4. Straighten the arm, insert the tape at the mid-point and measure the MUAC.
5. Make sure the tape is not too tight.
6. Make sure the tape is not too loose.

Non-tear stretch-resistant material eg plasticized / synthetic paper using polypropylene, polyethylene.

Minimum thickness 0.3mm.

Print: Permanent, resistant to solvents, such as alcohol-based hand sanitiser, easily readable in low-light working situations.

Pantone specs:
- Red (Pantone code 1795 C): from 0 to 11.5 cm.
- Yellow (Pantone code 107 C): from 11.5 to 12.5 cm.
- Green (Pantone code 369 C): from 12.5 to 26.5 cm.

Includes UNICEF logo in pantone Cyan Process R56 / G142 / B199.