

TABLE 2: NUTRITION

Countries and areas	Low birthweight (%) 2007–2011*	Early initiation of breastfeeding (%) 2007–2011*	Exclusive breastfeeding <6 months (%) 2007–2011*	Introduction of solid, semi-solid or soft foods 6–8 months (%) 2007–2011*	Breastfeeding at age 2 (%) 2007–2011*	Underweight (%) [§] 2007–2011*		Stunting (%) [§] 2007–2011*	Wasting (%) [§] 2007–2011*	Overweight (%) [§] 2007–2011*	Vitamin A supplementation full coverage ^Δ (%) 2011	Iodized salt consumption (%) 2007–2011*
						moderate & severe	severe					
Afghanistan	–	–	–	29 x	54 x	33 x	12 x	59 x	9 x	5 x	100	28 x
Albania	7 x	43	39	78	31	5	2	19	9	23	–	76 y
Algeria	6 x	50 x	7 x	39 x, y	22 x	3 x	1 x	15 x	4 x	13 x	–	61 x
Andorra	–	–	–	–	–	–	–	–	–	–	–	–
Angola	12 x	55	11 x	77 x	37 x	16 y	7 y	29 y	8 y	–	55	45
Antigua and Barbuda	5	–	–	–	–	–	–	–	–	–	–	–
Argentina	7	–	–	–	28	2 x	0 x	8 x	1 x	10 x	–	–
Armenia	7	36	35	48 y	23	5	1	19	4	17	–	97 x
Australia	7 x	–	–	–	–	–	–	–	–	–	–	–
Austria	7 x	–	–	–	–	–	–	–	–	–	–	–
Azerbaijan	10 x	32 x	12 x	83 x	16 x	8 x	2 x	25 x	7 x	14 x	–	54 x
Bahamas	11	–	–	–	–	–	–	–	–	–	–	–
Bahrain	–	–	–	–	–	–	–	–	–	–	–	–
Bangladesh	22 x	36 x	64	71	90	36	10	41	16	2	94	84 x
Barbados	12	–	–	–	–	–	–	–	–	–	–	–
Belarus	4 x	21 x	9 x	38 x	4 x	1 x	1 x	4 x	2 x	10 x	–	94 y
Belgium	–	–	–	–	–	–	–	–	–	–	–	–
Belize	14	51 x	10 x	–	27 x	4 x	1 x	22 x	2 x	14 x	–	–
Benin	15 x	32	43 x	76 y	92	18 x	5 x	43 x	8 x	11 x	98	86
Bhutan	10	59	49	67	66	13	3	34	6	8	–	96 x
Bolivia (Plurinational State of)	6	64	60	83	40	4	1	27	1	9	21	89 y
Bosnia and Herzegovina	5 x	57 x	18 x	29 x	10 x	1 x	0 x	10 x	4 x	26 x	–	62 x
Botswana	13	40	20	46 y	6	11	4	31	7	11	75	65
Brazil	8	43 x	41 y	70 x	25 x	2 x	–	7 x	2 x	7	–	96 x
Brunei Darussalam	–	–	–	–	–	–	–	–	–	–	–	–
Bulgaria	9	–	–	–	–	–	–	–	–	14 x	–	100 x
Burkina Faso	16 x	20 x	25	61	80	26	7	35	11	–	87	34 x
Burundi	11 x	–	69	70 y	79	29	8	58	6	3	83	98 x
Cambodia	11	65	74	82 y	43	28	7	40	11	2	92	83 y
Cameroon	11 x	20 x	20	63 x, y	24	15	5	33	6	6	–	49 x
Canada	6 x	–	–	–	–	–	–	–	–	–	–	–
Cape Verde	6 x	73 x	60 x	80 x	13 x	–	–	–	–	–	–	75
Central African Republic	14	43	34	56 x, y	32	24	8	41	7	2	0	65
Chad	20	29	3	46	59	30	13	39	16	3	–	54
Chile	6	–	–	–	–	–	–	–	–	10	–	–
China	3	41	28	43 y	–	4	–	10	3	7	–	97 y
Colombia	6 x	57	43	86	33	3	1	13	1	5	–	–
Comoros	25 x	25 x	21 x	34 x	45 x	–	–	–	–	22 x	–	82 x
Congo	13 x	39 x	19 x	78 x	21 x	11 x	3 x	30 x	8 x	9 x	–	82 x
Cook Islands	3 x	–	–	–	–	–	–	–	–	–	–	–
Costa Rica	7	–	15 x	92	40	1	–	6	1	8	–	–
Côte d'Ivoire	17 x	25 x	4 x	51 x	37 x	16 y	5 y	27 y	5 y	–	100	84 x
Croatia	5 x	–	–	–	–	–	–	–	–	–	–	–
Cuba	5	70 x	49	77	17	–	–	–	–	–	–	88 x
Cyprus	–	–	–	–	–	–	–	–	–	–	–	–
Czech Republic	7 x	–	–	–	–	–	–	–	–	4 x	–	–
Democratic People's Republic of Korea	6	18	65 x	31 x	36	19	4	32	5	–	100	25 y
Democratic Republic of the Congo	10	43	37	52	53	24	8	43	9	–	98	59
Denmark	5 x	–	–	–	–	–	–	–	–	–	–	–
Djibouti	10 x	67	1 x	35 x	18 x	23 y	5 y	31 y	10 y	10 x	95	0 x
Dominica	10	–	–	–	–	–	–	–	–	–	–	–
Dominican Republic	11	65	8	88	12	3	0	10	2	8	–	19 x
Ecuador	8	–	40 x	77 x	23 x	6 x	–	–	–	5 x	–	–
Egypt	13	56	53	70	35	6	1	29	7	21	–	79
El Salvador	9	33	31	72 y	54	6 y	1 y	19 y	1 y	6	–	62 x
Equatorial Guinea	13 x	–	24 x	–	–	11 x	–	35 x	3 x	8 x	–	33 x
Eritrea	14 x	78 x	52 x	43 x	62 x	35 x	13 x	44 x	15 x	2 x	46	68 x
Estonia	4 x	–	–	–	–	–	–	–	–	–	–	–
Ethiopia	20 x	52	52	55 x	82	29	9	44	10	2	71	15 y
Fiji	10 x	57 x	40 x	–	–	–	–	–	–	–	–	–
Finland	4 x	–	–	–	–	–	–	–	–	–	–	–
France	–	–	–	–	–	–	–	–	–	–	–	–

Countries and areas	Low birthweight (%)	Early initiation of breastfeeding (%)	Exclusive breastfeeding <6 months (%)	Introduction of solid, semi-solid or soft foods 6-8 months (%)	Breastfeeding at age 2 (%)	Underweight (%) ⁹ 2007-2011*		Stunting (%) ⁹ 2007-2011*	Wasting (%) ⁹ 2007-2011*	Overweight (%) ⁹ 2007-2011*	Vitamin A supplementation full coverage ^Δ (%) 2011	Iodized salt consumption (%) 2007-2011*
	2007-2011*	2007-2011*				moderate & severe	severe	moderate & severe	moderate & severe	moderate & severe		
Gabon	14 x	71 x	6 x	62 x	9 x	8 x	2 x	25 x	4 x	6 x	—	36 x
Gambia	10	52	34	34	31	18	4	24	10	2	93	21
Georgia	5	69	55	43 y	17	1	1	11	2	20	—	100
Germany	—	—	—	—	—	—	—	—	—	4 x	—	—
Ghana	13	52	63	76	44	14	3	28	9	6	—	32 x
Greece	—	—	—	—	—	—	—	—	—	—	—	—
Grenada	9	—	—	—	—	—	—	—	—	—	—	—
Guatemala	11	56	50	71 y	46	13 y	—	48 y	1 y	5	28	76
Guinea	12 x	40 x	48	32 y	—	21	7	40	8	—	88	41
Guinea-Bissau	11	55	38	43	65	18	5	32	6	3	100	12
Guyana	14	43 x	33	81	49	11	2	18	5	6	—	11
Haiti	25 x	44 x	41 x	90 x	35 x	18 x	6 x	29 x	10 x	4 x	36	3 x
Holy See	—	—	—	—	—	—	—	—	—	—	—	—
Honduras	10 x	79 x	30 x	84 x	48 x	8 x	1 x	29 x	1 x	6 x	—	—
Hungary	9 x	—	—	—	—	—	—	—	—	—	—	—
Iceland	4 x	—	—	—	—	—	—	—	—	—	—	—
India	28 x	41 x	46 x	56 x	77 x	43 x	16 x	48 x	20 x	2 x	66	71
Indonesia	9	29	32	85	50	18	5	36	13	14	76	62 y
Iran (Islamic Republic of)	7 x	56 x	23 x	68 x	58 x	—	—	—	—	—	—	99 x
Iraq	15 x	31 x	25 x	62 x	36 x	6 x	2 x	26 x	6 x	15 x	—	28 x
Ireland	—	—	—	—	—	—	—	—	—	—	—	—
Israel	8 x	—	—	—	—	—	—	—	—	—	—	—
Italy	—	—	—	—	—	—	—	—	—	—	—	—
Jamaica	12 x	62 x	15 x	36 x	24 x	2	—	4	2	—	—	—
Japan	8 x	—	—	—	—	—	—	—	—	—	—	—
Jordan	13	39	22	84 y	11	2	0	8	2	7	—	88 x
Kazakhstan	6 x	64 x	17 x	50 x	16 x	4 x	1 x	17 x	5 x	17 x	—	92 x
Kenya	8	58	32	85	54	16	4	35	7	5	—	98
Kiribati	—	—	69	—	82	—	—	—	—	—	—	—
Kuwait	—	—	—	—	—	—	—	—	—	9	—	—
Kyrgyzstan	5 x	65 x	32 x	60 x	26 x	2 x	0 x	18 x	3 x	11 x	—	76 x
Lao People's Democratic Republic	11 x	30 x	26 x	41 x	48 x	31 x	9 x	48 x	7 x	1 x	92	84 x
Latvia	5 x	—	—	—	—	—	—	—	—	—	—	—
Lebanon	12	—	15	35 x	15	—	—	—	—	17 x	—	71
Lesotho	11	53	54	68	35	13	2	39	4	7	—	84
Liberia	14	44	34 y	51 y	41	15 y	2 y	42 y	3 y	4	96	—
Libya	—	—	—	—	—	—	—	—	—	22	—	—
Liechtenstein	—	—	—	—	—	—	—	—	—	—	—	—
Lithuania	4 x	—	—	—	—	—	—	—	—	—	—	—
Luxembourg	8 x	—	—	—	—	—	—	—	—	—	—	—
Madagascar	16	72	51	86	61	36 x	—	50	15 x	—	91	53
Malawi	13 x	58 x	72	86	77	13	3	47	4	9	96	50 x
Malaysia	11	—	—	—	—	13 x	—	17 x	—	—	—	18
Maldives	22 x	64	48	91	68	17	3	19	11	7	—	44 x
Mali	19 x	46 x	38 x	25 x	56 x	27 x	10 x	38 x	15 x	—	96	79 x
Malta	6 x	—	—	—	—	—	—	—	—	—	—	—
Marshall Islands	18	73	31	77 y	53	—	—	—	—	—	—	—
Mauritania	34	81	46	61 y	47 y	20 y	4 y	23 y	12 y	—	100	23
Mauritius	14 x	—	21 x	—	—	—	—	—	—	—	—	—
Mexico	7	18	19	27	—	3 x	—	16 x	2 x	8 x	—	91 x
Micronesia (Federated States of)	18 x	—	—	—	—	—	—	—	—	—	—	—
Monaco	—	—	—	—	—	—	—	—	—	—	—	—
Mongolia	5	71	59	78	66	5	2	16	2	14 x	85	70
Montenegro	4 x	25 x	19 x	35 x	13 x	2 x	1 x	7 x	4 x	16 x	—	71 x
Morocco	15 x	52 x	31 x	66 x	15 x	3	—	15	2	11	—	21 x
Mozambique	16	63	41	86	52	15	4	43	6	7	100	25
Myanmar	9	76	24	81 y	65	23	6	35	8	3	96	93
Namibia	16 x	71	24 x	91 x	28 x	17	4	29	8	5	—	63 x
Nauru	27	76	67	65 y	65	5	1	24	1	3	—	—
Nepal	18	45	70	66	93	29	8	41	11	1	91	80
Netherlands	—	—	—	—	—	—	—	—	—	—	—	—
New Zealand	6 x	—	—	—	—	—	—	—	—	—	—	—
Nicaragua	9	54	31	76 y	43	6	1	22	1	6	2	97 x

Countries and areas	Low birthweight (%) 2007–2011*	Early initiation of breastfeeding (%) 2007–2011*	Exclusive breastfeeding <6 months (%) 2007–2011*	Introduction of solid, semi-solid or soft foods 6–8 months (%) 2007–2011*	Breastfeeding at age 2 (%) 2007–2011*	Underweight (%) [§] 2007–2011*		Stunting (%) [§] 2007–2011*		Wasting (%) [§] 2007–2011*		Overweight (%) [§] 2007–2011*		Vitamin A supplementation full coverage ^Δ (%) 2011	Iodized salt consumption (%) 2007–2011*
						moderate & severe	severe	moderate & severe	moderate & severe	moderate & severe	moderate & severe				
						2007–2011*									
Niger	27 x	42	27	65 y	–	39 y	12 y	51 y	12 y	4 x	95	32			
Nigeria	12	38	13	76	32	23	9	41	14	11	73	97 x			
Niue	0 x	–	–	–	–	–	–	–	–	–	–	–			
Norway	5 x	–	–	–	–	–	–	–	–	–	–	–			
Oman	12	85 x	–	91 x	73 x	9	1	10	7	2	–	69 x			
Pakistan	32	29	37	36 y	55	32	12	44	15	6	90	69			
Palau	–	–	–	–	–	–	–	–	–	–	–	–			
Panama	10 x	–	–	–	–	4 y	–	19 y	1 y	–	–	–			
Papua New Guinea	11 x	–	56 x	76 x, y	72 x	18 x	5 x	43 x	5 x	3 x	12	92 x			
Paraguay	6	47	24	67 y	14	3 x	–	18 x	1 x	7 x	–	93			
Peru	8	51	71	82	55 y	4	1	20	0	–	–	91			
Philippines	21	54	34	90	34	22 y	–	32 y	7 y	3	91	45 x			
Poland	6 x	–	–	–	–	–	–	–	–	–	–	–			
Portugal	8 x	–	–	–	–	–	–	–	–	–	–	–			
Qatar	–	–	–	–	–	–	–	–	–	–	–	–			
Republic of Korea	4 x	–	–	–	–	–	–	–	–	–	–	–			
Republic of Moldova	6 x	65 x	46 x	18 x	2 x	3 x	1 x	10 x	5 x	9 x	–	60 x			
Romania	8 x	–	16 x	41 x	–	4 x	1 x	13 x	4 x	8 x	–	74 x			
Russian Federation	6	–	–	–	–	–	–	–	–	–	–	35 x			
Rwanda	7	71	85	79	84	11	2	44	3	7	76	99			
Saint Kitts and Nevis	8	–	–	–	–	–	–	–	–	–	–	100 x			
Saint Lucia	11	–	–	–	–	–	–	–	–	–	–	–			
Saint Vincent and the Grenadines	8	–	–	–	–	–	–	–	–	–	–	–			
Samoa	10	88	51	71 y	74	–	–	–	–	–	–	–			
San Marino	–	–	–	–	–	–	–	–	–	–	–	–			
Sao Tome and Principe	8 x	45	51	74	20	13	3	29	11	12	44	86			
Saudi Arabia	–	–	–	–	–	–	–	–	–	6 x	–	–			
Senegal	19	23 x	39	61 x	51	18	5	27	10	3	–	47			
Serbia	5	8	14	84	15	2	1	7	4	16	–	32			
Seychelles	–	–	–	–	–	–	–	–	–	–	–	–			
Sierra Leone	11	45	32	25	48	22	8	44	9	10	99	63			
Singapore	8 x	–	–	–	–	3 x	0 x	4 x	4 x	3 x	–	–			
Slovakia	7 x	–	–	–	–	–	–	–	–	–	–	–			
Slovenia	–	–	–	–	–	–	–	–	–	–	–	–			
Solomon Islands	13	75	74	81 y	67	12	2	33	4	3	–	–			
Somalia	–	26 x	9 x	16 x	35 x	32 x	12 x	42 x	13 x	5 x	12	1 x			
South Africa	–	61 x	8 x	49 x	31 x	9	–	24	5	–	44	–			
South Sudan [†]	–	–	45	21	38	28	12	31	23	–	–	54			
Spain	–	–	–	–	–	–	–	–	–	–	–	–			
Sri Lanka	17	80	76	87 y	84	21	4	17	15	1	–	92 y			
State of Palestine	7 x	–	27 x	–	–	–	–	–	–	–	–	86 x			
Sudan [†]	–	–	41	51	40	32	13	35	16	–	–	10			
Suriname	11 x	34 x	2 x	58 x	15 x	7 x	1 x	11 x	5 x	4 x	–	–			
Swaziland	9	55	44	66	11	6	1	31	1	11	41	52			
Sweden	–	–	–	–	–	–	–	–	–	–	–	–			
Switzerland	–	–	–	–	–	–	–	–	–	–	–	–			
Syrian Arab Republic	10	46	43	–	25	10	–	28	12	18	–	79 x			
Tajikistan	10 x	57 y	25 x	15 x	34 x	15	6	39	7	–	99	62			
Thailand	7	50 x	15	–	–	7 x	1 x	16 x	5 x	8 x	–	47 x			
The former Yugoslav Republic of Macedonia	6	21	23	41	13	1	0	5	2	16 x	–	94 x			
Timor-Leste	12 x	82	52	82	33	45	15	58	19	6	59	60			
Togo	11	46	62	44	64	17	4	30	5	2	22	32			
Tonga	3 x	–	–	–	–	–	–	–	–	–	–	–			
Trinidad and Tobago	19 x	41 x	13 x	83 x	22 x	–	–	–	–	5 x	–	28 x			
Tunisia	5 x	87 x	6 x	61 x, y	15 x	3 x	–	9 x	3 x	9 x	–	97 x			
Turkey	11	39	42	68 y	22	2	0	12	1	–	–	69			
Turkmenistan	4 x	60 x	11 x	54 x	37 x	8 x	2 x	19 x	7 x	–	–	87 x			
Tuvalu	6	15	35	40 y	51	2	0	10	3	6	–	–			
Uganda	14 x	42 x	62	75 x	46	14	3	33	5	3	60	96 x			
Ukraine	4	41	18	86	6	–	–	–	–	–	–	18 x			
United Arab Emirates	–	–	–	–	–	–	–	–	–	–	–	–			
United Kingdom	8 x	–	–	–	–	–	–	–	–	–	–	–			

Countries and areas	Low birthweight (%) 2007–2011*	Early initiation of breastfeeding (%) 2007–2011*	Exclusive breastfeeding <6 months (%) 2007–2011*	Introduction of solid, semi-solid or soft foods 6–8 months (%) 2007–2011*	Breastfeeding at age 2 (%) 2007–2011*	Underweight (%) ^θ 2007–2011*		Stunting (%) ^θ 2007–2011*	Wasting (%) ^θ 2007–2011*	Overweight (%) ^θ 2007–2011*	Vitamin A supplementation full coverage ^Δ (%) 2011	Iodized salt consumption (%) 2007–2011*
						moderate & severe	severe	moderate & severe	moderate & severe	moderate & severe		
United Republic of Tanzania	8	49	50	92	51	16	4	42	5	6	97	59
United States	8 x	–	–	–	–	1 x	0 x	3 x	0 x	8 x	–	–
Uruguay	9	59	65	35 y	27	5 x	2 x	15 x	2 x	9 x	–	–
Uzbekistan	5 x	67 x	26 x	47 x	38 x	4 x	1 x	19 x	4 x	13 x	95	53 x
Vanuatu	10	72	40	68	32	–	–	–	–	5	–	23
Venezuela (Bolivarian Republic of)	8	–	–	–	–	4	–	16	5	6	–	–
Viet Nam	5	40	17	50	19	12	2	23	4	–	99 w	45
Yemen	–	30 x	12 x	76 x	–	43 x	19 x	58 x	15 x	5 x	9	30 x
Zambia	11	57	61	94	42	15	3	45	5	8	72	77 x
Zimbabwe	11	69 x	31	86	20	10	2	32	3	6	56	94 y

MEMORANDUM

Sudan and South Sudan*	–	–	–	–	–	–	–	–	–	5 x	–	–
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SUMMARY INDICATORS[#]

Sub-Saharan Africa	12	48	37	71	50	21	7	40	9	7	78	48
Eastern and Southern Africa	–	56	52	84	59	18	5	40	7	5	72	50
West and Central Africa	12	41	25	65	43	23	8	39	12	9	83	–
Middle East and North Africa	–	–	–	–	–	8	–	20	9	12	–	–
South Asia	28	39	47	55	75	33	14	39	16	3	73	71
East Asia and Pacific	6	41	28	57	42 **	6	4 **	12	4	5	85 **	87
Latin America and Caribbean	8	–	37	–	–	3	–	12	2	7	–	–
CEE/CIS	7	–	–	–	–	2	–	12	1	16	–	–
Least developed countries	–	52	49	68	64	23	7	38	10	4	82	50
World	15	42	39	60	58 **	16	10 **	26	8	7	75 **	76

σ Due to the cession in July 2011 of the Republic of South Sudan by the Republic of the Sudan, and its subsequent admission to the United Nations on 14 July 2011, disaggregated data for the Sudan and South Sudan as separate States are not yet available for all indicators. Aggregated data presented are for the Sudan pre-cession (see Memorandum item).

For a complete list of countries and areas in the regions, subregions and country categories, see page 98.

DEFINITIONS OF THE INDICATORS

Low birthweight – Percentage of infants weighing less than 2,500 grams at birth.

Early initiation of breastfeeding – Percentage of infants who are put to the breast within one hour of birth.

Exclusive breastfeeding <6 months – Percentage of children aged 0–5 months who are fed exclusively with breast milk in the 24 hours prior to the survey.

Introduction of solid, semi-solid or soft foods [6–8 months] – Percentage of children aged 6–8 months who received solid, semi-solid or soft foods in the 24 hours prior to the survey.

Breastfeeding at age 2 – Percentage of children aged 20–23 months who received breast milk in the 24 hours prior to the survey.

Underweight – Moderate and severe: Percentage of children aged 0–59 months who are below minus two standard deviations from median weight-for-age of the World Health Organization (WHO) Child Growth Standards; severe: Percentage of children aged 0–59 months who are below minus three standard deviations from median weight-for-age of the WHO Child Growth Standards.

Stunting – Moderate and severe: Percentage of children aged 0–59 months who are below minus two standard deviations from median height-for-age of the WHO Child Growth Standards.

Wasting – Moderate and severe: Percentage of children aged 0–59 months who are below minus two standard deviations from median weight-for-height of the WHO Child Growth Standards.

Overweight – Moderate and severe: Percentage of children aged 0–59 months who are above two standard deviations from median weight-for-height of the WHO Child Growth Standards.

Vitamin A supplementation full coverage – The estimated percentage of children aged 6–59 months reached with 2 doses of vitamin A supplements.

Iodized salt consumption – Percentage of households consuming adequately iodized salt (15 parts per million or more).

MAIN DATA SOURCES

Low birthweight – Demographic and Health Surveys (DHS), Multiple Indicator Cluster Surveys (MICS), other national household surveys, data from routine reporting systems, UNICEF and WHO.

Breastfeeding – DHS, MICS, other national household surveys and UNICEF.

Underweight, stunting, wasting and overweight – DHS, MICS, other national household surveys, WHO and UNICEF.

Vitamin A supplementation – UNICEF.

Iodized salt consumption – DHS, MICS, other national household surveys and UNICEF.

NOTES

– Data not available.

w Identifies countries with national vitamin A supplementation programmes targeted towards a reduced age range. Coverage figure is reported as targeted.

x Data refer to years or periods other than those specified in the column heading. Such data are not included in the calculation of regional and global averages, with the exception of 2005–2006 data from India. Estimates from data years prior to 2000 are not displayed.

y Data differ from the standard definition or refer to only part of a country. If they fall within the noted reference period, such data are included in the calculation of regional and global averages.

Δ Full coverage with vitamin A supplements is reported as the lower percentage of 2 annual coverage points (i.e., lower point between round 1 [January–June] and round 2 [July–December] of 2011).

* Data refer to the most recent year available during the period specified in the column heading.

** Excludes China.

θ Regional averages for underweight (moderate and severe), stunting (moderate and severe), wasting (moderate and severe) and overweight (including obesity) are estimated using statistical modeling of data from the UNICEF and WHO Joint Global Nutrition Database, 2011 revision (completed July 2012). The severe underweight indicator was not included in this exercise; regional averages for this indicator are based on a population-weighted average calculated by UNICEF.