

# TABLE 2. NUTRITION

Countries and territories	% of infants with low birthweight 1998-2005*	% of children (1996-2005*) who are:			% of under-fives (1996-2005*) suffering from:				Vitamin A supplementation coverage rate (6-59 months) 2004	% of households consuming iodized salt 1998-2005*
		exclusively breastfed (<6 months)	breastfed with complementary food (6-9 months)	still breastfeeding (20-23 months)	underweight moderate & severe	underweight severe	wasting moderate & severe	stunting moderate & severe		
Afghanistan	-	-	29	54	39	12	7	54	96t	28
Albania	5	6	24	6	14	1	11	34	-	62
Algeria	7	13	38	22	10	3	8	19	-	69
Andorra	-	-	-	-	-	-	-	-	-	-
Angola	12	11	77	37	31	8	6	45	77	35
Antigua and Barbuda	8	-	-	-	-	-	-	-	-	-
Argentina	8	-	-	-	4	-	1	4	-	90x
Armenia	7	33	57	15	4	0	5	13	-	97
Australia	7	-	-	-	-	-	-	-	-	-
Austria	7	-	-	-	-	-	-	-	-	-
Azerbaijan	12	7	39	16	7	1	2	13	14	26
Bahamas	7	-	-	-	-	-	-	-	-	-
Bahrain	8	34x,k	65x	41x	9x	2x	5x	10x	-	-
Bangladesh	36	36	69	90	48	13	13	43	83t	70
Barbados	11	-	-	-	-	-	-	-	-	-
Belarus	5	-	-	-	-	-	-	-	-	55
Belgium	8x	-	-	-	-	-	-	-	-	-
Belize	6	24k	54	23	-	-	-	-	-	90x
Benin	16	38	66	62	23	5	8	31	94t	72
Bhutan	15	-	-	-	19	3	3	40	-	95
Bolivia	7	54	74	46	8	1	1	27	42	90
Bosnia and Herzegovina	4	6	-	-	4	1	6	10	-	62
Botswana	10	34	57	11	13	2	5	23	62w	66
Brazil	8	-	30	17	6	1	2	11	-	88
Brunei Darussalam	10	-	-	-	-	-	-	-	-	-
Bulgaria	10	-	-	-	-	-	-	-	-	98
Burkina Faso	19	19	38	81	38	14	19	39	95t	45
Burundi	16	62	46	85	45	13	8	57	94	96
Cambodia	11	12	72	59	45	13	15	45	72t	14
Cameroon	13	24	79	29	18	4	5	32	81	88
Canada	6	-	-	-	-	-	-	-	-	-
Cape Verde	13	57k	64	13	-	-	-	-	-	0x
Central African Republic	14	17	77	53	24	6	9	39	79	86
Chad	22	2	77	65	37	14	14	41	84t	56
Chile	6	63	47	-	1	-	0	1	-	100
China	4	51	32	15	8	-	-	14	-	93
Colombia	9	47	65	32	7	1	1	12	-	92x
Comoros	25	21	34	45	25	-	8	44	7	82
Congo	-	19	78	21	15	3	7	26	94	-
Congo, Democratic Republic of the	12	24	79	52	31	9	13	38	81t	72
Cook Islands	3	19k	-	-	-	-	-	-	-	-
Costa Rica	7	35x,k	47x	12x	5	0	2	6	-	97x
Côte d'Ivoire	17	5	73	38	17	5	7	21	60	84
Croatia	6	23	-	-	1	-	1	1	-	90
Cuba	5	41	42	9	4	0	2	5	-	88
Cyprus	-	-	-	-	-	-	-	-	-	-
Czech Republic	7	-	-	-	-	-	-	-	-	-
Denmark	5	-	-	-	-	-	-	-	-	-
Djibouti	16	-	-	-	27	8	18	23	-	-
Dominica	11	-	-	-	-	-	-	-	-	-
Dominican Republic	11	10	41	16	5	1	2	9	-	18
Ecuador	16	35	70	25	12	-	-	26	-	99
Egypt	12	38	67	37	6	1	4	18	-	78
El Salvador	7	24	76	43	10	1	1	19	-	62
Equatorial Guinea	13	24	-	-	19	4	7	39	-	33
Eritrea	14	52	43	62	40	12	13	38	50	68
Estonia	4	-	-	-	-	-	-	-	-	-
Ethiopia	15	49	54	86	38	11	11	47	52	28
Fiji	10	47x,k	-	-	-	-	-	-	-	31x
Finland	4	-	-	-	-	-	-	-	-	-
France	7	-	-	-	-	-	-	-	-	-

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		exclusively breastfed (<6 months)	breastfed with complementary food (6-9 months)	still breastfeeding (20-23 months)	underweight moderate & severe	underweight severe	wasting moderate & severe	stunting moderate & severe		
Gabon	14	6	62	9	12	2	3	21	-	36
Gambia	17	26	37	54	17	4	8	19	27	8
Georgia	7	18k	12	12	3	0	2	12	-	68
Germany	7	-	-	-	-	-	-	-	-	-
Ghana	16	53	62	67	22	5	7	30	95	28
Greece	8	-	-	-	-	-	-	-	-	-
Grenada	8	39k	-	-	-	-	-	-	-	-
Guatemala	12	51	67	47	23	4	2	49	18w	67
Guinea	16	27	41	71	26	7	9	35	95t	68
Guinea-Bissau	22	37	36	67	25	7	10	30	64	2
Guyana	13	11	42	31	14	3	11	11	-	-
Haiti	21	24	73	30	17	4	5	23	-	11
Holy See	-	-	-	-	-	-	-	-	-	-
Honduras	14	35	61	34	17	2	1	29	40	80
Hungary	9	-	-	-	-	-	-	-	-	-
Iceland	4	-	-	-	-	-	-	-	-	-
India	30	37k	44	66	47	18	16	46	51w	57
Indonesia	9	40	75	59	28	9	-	-	73t	73
Iran (Islamic Republic of)	7x	44	-	0	11	2	5	15	-	94
Iraq	15	12	51	27	12	3	8	23	-	40
Ireland	6	-	-	-	-	-	-	-	-	-
Israel	8	-	-	-	-	-	-	-	-	-
Italy	6	-	-	-	-	-	-	-	-	-
Jamaica	10	-	-	-	4	-	4	3	-	100
Japan	8	-	-	-	-	-	-	-	-	-
Jordan	12	27	70	12	4	1	2	9	-	88
Kazakhstan	8	36	73	17	4	0	2	10	-	83
Kenya	10	13	84	57	20	4	6	30	63	91
Kiribati	5	80x,k	-	-	-	-	-	-	58	-
Korea, Democratic People's Republic of	7	65	31	37	23	8	7	37	95t	40
Korea, Republic of	4	-	-	-	-	-	-	-	-	-
Kuwait	7	12k	26	9	10	3	11	24	-	-
Kyrgyzstan	7x	24	77	21	11	2	3	25	95	42
Lao People's Democratic Republic	14	23	10	47	40	13	15	42	48	75
Latvia	5	-	-	-	-	-	-	-	-	-
Lebanon	6	27k	35	11	4	-	5	11	-	92
Lesotho	13	36	79	60	20	4	4	38	71	91
Liberia	-	35	70	45	26	8	6	39	95	-
Libyan Arab Jamahiriya	7x	-	-	23x	5x	1x	3x	15x	-	90x
Liechtenstein	-	-	-	-	-	-	-	-	-	-
Lithuania	4	-	-	-	-	-	-	-	-	-
Luxembourg	8	-	-	-	-	-	-	-	-	-
Madagascar	17	67	78	64	42	11	13	48	89t	75
Malawi	16	53	78	80	22	5	5	48	57	49
Malaysia	9	29k	-	12	11	1	-	-	-	-
Maldives	22	10	85	-	30	7	13	25	-	44
Mali	23	25	32	69	33	11	11	38	97	74
Malta	6	-	-	-	-	-	-	-	-	-
Marshall Islands	12	63x,k	-	-	-	-	-	-	24	-
Mauritania	-	20	78	57	32	10	13	35	95t	2
Mauritius	14	21k	-	-	15x	2x	14x	10x	-	0x
Mexico	8	-	-	-	8	1	2	18	-	91
Micronesia (Federated States of)	18	60k	-	-	-	-	-	-	74	-
Moldova, Republic of	5	46	66	2	4	1	4	8	-	59
Monaco	-	-	-	-	-	-	-	-	-	-
Mongolia	7	51	55	57	7	1	3	20	93t	75
Montenegro†	-	-	-	-	-	-	-	-	-	-
Morocco	15	31	66	15	10	2	9	18	-	59
Mozambique	15	30	80	65	24	6	4	41	26	54
Myanmar	15	15k	66	67	32	7	9	32	96t	60
Namibia	14	19	57	37	24	5	9	24	-	63

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		exclusively breastfed (<6 months)	breastfed with complementary food (6-9 months)	still breastfeeding (20-23 months)	underweight moderate & severe	underweight severe	wasting moderate & severe	stunting moderate & severe		
Nauru	-	-	-	-	-	-	-	-	-	-
Nepal	21	68	66	92	48	13	10	51	97t	63
Netherlands	-	-	-	-	-	-	-	-	-	-
New Zealand	6	-	-	-	-	-	-	-	-	83
Nicaragua	12	31	68	39	10	2	2	20	98	97
Niger	13	1	56	61	40	14	14	40	-	15
Nigeria	14	17	64	34	29	9	9	38	85t	97
Niue	0	-	-	-	-	-	-	-	-	-
Norway	5	-	-	-	-	-	-	-	-	-
Occupied Palestinian Territory	9	29k	78	11	5	1	3	10	-	64
Oman	8	-	92	73	18	1	7	10	95w	61
Pakistan	19x	16x,k	31x	56x	38	13	13	37	95t	17
Palau	9	59x,k	-	-	-	-	-	-	-	-
Panama	10	25x	38x	21x	8	1	1	18	-	95
Papua New Guinea	11x	59	74	66	-	-	-	-	32	-
Paraguay	9	22	60	-	5	-	1	14	-	88
Peru	11	64	81	41	8	0	1	24	-	91
Philippines	20	34	58	32	28	-	6	30	85t	56
Poland	6	-	-	-	-	-	-	-	-	-
Portugal	8	-	-	-	-	-	-	-	-	-
Qatar	10	12k	48	21	6x	-	2x	8x	-	-
Romania	8	16	41	-	3	0	2	10	-	53
Russian Federation	6	-	-	-	3x	1x	4x	13x	-	35
Rwanda	9	90	69	77	23	4	4	45	95t	90
Saint Kitts and Nevis	9	56k	-	-	-	-	-	-	-	100
Saint Lucia	10	-	-	-	-	-	-	-	-	-
Saint Vincent and the Grenadines	10	-	-	-	-	-	-	-	-	-
Samoa	4x	-	-	-	-	-	-	-	-	-
San Marino	-	-	-	-	-	-	-	-	-	-
Sao Tome and Principe	20	56	53	42	13	2	4	29	76t	74
Saudi Arabia	11x	31k	60	30	14	3	11	20	-	-
Senegal	18	34	61	42	17	3	8	16	95	41
Serbia†	-	-	-	-	-	-	-	-	-	-
Seychelles	-	-	-	-	-	-	-	-	-	-
Sierra Leone	23	4	51	53	27	9	10	34	95t	23
Singapore	8	-	-	-	3	0	2	2	-	-
Slovakia	7	-	-	-	-	-	-	-	-	-
Slovenia	6	-	-	-	-	-	-	-	-	-
Solomon Islands	13x	65k	-	-	-	-	-	-	-	-
Somalia	-	9	13	8	26	7	17	23	6	-
South Africa	15	7	46	-	12	2	3	25	37	62
Spain	6x	-	-	-	-	-	-	-	-	-
Sri Lanka	22	53	-	73	29	-	14	14	57w	94
Sudan	31	16	47	40	41	15	16	43	70	1
Suriname	13	9	25	11	13	2	7	10	-	-
Swaziland	9	24	60	25	10	2	1	30	86	59
Sweden	4	-	-	-	-	-	-	-	-	-
Switzerland	6	-	-	-	-	-	-	-	-	-
Syrian Arab Republic	6	81k	50	6	7	1	4	18	-	79
Tajikistan	15	41	91	55	-	-	5	36	98t	28
Tanzania, United Republic of	10	41	91	55	22	4	3	38	94t	43
Thailand	9	4x,k	71x	27x	18x	2x	5x	13x	-	63
The former Yugoslav Republic of Macedonia	6	37	8	10	6	1	4	7	-	94
Timor-Leste	12	31	82	35	46	15	12	49	43	72
Togo	18	18	65	65	25	7	12	22	95t	67
Tonga	0	62k	-	-	-	-	-	-	-	-
Trinidad and Tobago	23	2	19	10	6	1	4	4	-	1
Tunisia	7	47	-	22	4	1	2	12	-	97
Turkey	16	21	38	24	4	1	1	12	-	64
Turkmenistan	6	13	71	27	12	2	6	22	-	100
Tuvalu	5	-	-	-	-	-	-	-	-	-

	% of infants with low birthweight 1998-2005*	% of children (1996-2005*) who are:			% of under-fives (1996-2005*) suffering from:				Vitamin A supplementation coverage rate (6-59 months) 2004	% of households consuming iodized salt 1998-2005*
		exclusively breastfed (<6 months)	breastfed with complementary food (6-9 months)	still breastfeeding (20-23 months)	underweight moderate & severe	underweight severe	wasting moderate & severe	stunting moderate & severe		
Uganda	12	63	75	50	23	5	4	39	68	95
Ukraine	5	22	-	-	1	0	0	3	-	32
United Arab Emirates	15x	34x,k	52x	29x	14x	3x	15x	17x	-	-
United Kingdom	8	-	-	-	-	-	-	-	-	-
United States	8	-	-	-	2	0	6	1	-	-
Uruguay	8	-	-	-	5x	1x	1x	8x	-	-
Uzbekistan	7	19	49	45	8	2	7	21	86t	57
Vanuatu	6	50k	-	-	-	-	-	-	-	-
Venezuela (Bolivarian Republic of)	9	7k	50	31	5	1	4	13	-	90
Viet Nam	9	15	-	26	27	4	8	31	95t,w	83
Yemen	32x	12	76	-	46	15	12	53	20	30
Zambia	12	40	87	58	20	-	6	50	50	77
Zimbabwe	11	33	90	35	17	3	5	26	20	93

## MEMORANDUM

Serbia and Montenegro (pre-cession)	4	11k	33	11	2	0	4	5	-	73
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## SUMMARY INDICATORS

Sub-Saharan Africa	14	30	67	55	28	8	9	37	73	67
Eastern and Southern Africa	13	40	69	63	27	7	7	40	60	60
West and Central Africa	15	20	65	48	28	9	10	35	85	73
Middle East and North Africa	15	30	59	24	16	4	8	24	-	65
South Asia	29	38	47	69	45	16	14	44	62	54
East Asia and Pacific	7	43	43	27	15	-	-	19	81**	85
Latin America and Caribbean	9	-	49	26	7	1	2	15	-	86
CEE/CIS	9	22	47	28	5	1	3	14	-	50
Industrialized countries <sup>§</sup>	7	-	-	-	-	-	-	-	-	-
Developing countries <sup>§</sup>	16	36	52	46	27	10	10	31	68**	71
Least developed countries <sup>§</sup>	19	34	64	65	35	10	10	42	75	53
World	15	36	52	46	25	9	9	30	68**	70

‡ Due to the cession in June 2006 of Montenegro from the State Union of Serbia and Montenegro, and its subsequent admission to the UN on 28 June 2006, disaggregated data for Montenegro and Serbia as separate States are not yet available. Aggregated data presented are for Serbia and Montenegro pre-cession (see Memorandum item).

§ Also includes territories within each country category or regional group. Countries and territories in each country category or regional group are listed on page 136.

## DEFINITIONS OF THE INDICATORS

**Low birthweight** – Infants who weigh less than 2,500 grams.

**Underweight** – Moderate and severe – below minus two standard deviations from median weight for age of reference population; severe – below minus three standard deviations from median weight for age of reference population.

**Wasting** – Moderate and severe – below minus two standard deviations from median weight for height of reference population.

**Stunting** – Moderate and severe – below minus two standard deviations from median height for age of reference population.

**Vitamin A** – Percentage of children aged 6-59 months who have received at least one high dose of vitamin A capsules in 2004.

**Iodized salt consumption** – Percentage of households consuming adequately iodized salt (15 ppm or more).

## MAIN DATA SOURCES

**Low birthweight** – Demographic and Health Surveys (DHS), Multiple Indicator Cluster Surveys (MICS), other national household surveys and data from routine reporting systems.

**Breastfeeding** – DHS, MICS and UNICEF.

**Underweight, wasting and stunting** – DHS, MICS, World Health Organization (WHO) and UNICEF.

**Salt iodization** – MICS, DHS and UNICEF.

**Vitamin A** – UNICEF and WHO.

## NOTES

- Data not available.
- x Data refer to years or periods other than those specified in the column heading, differ from the standard definition, or refer to only part of a country.
- k Refers to exclusive breastfeeding for less than four months.
- \* Data refer to the most recent year available during the period specified in the column heading.
- t Identifies countries that have achieved a second round of vitamin A coverage greater than or equal to 70 per cent.
- \*\* Excludes China.
- w Identifies countries with vitamin A supplementation programmes that do not target children all the way up to 59 months of age.