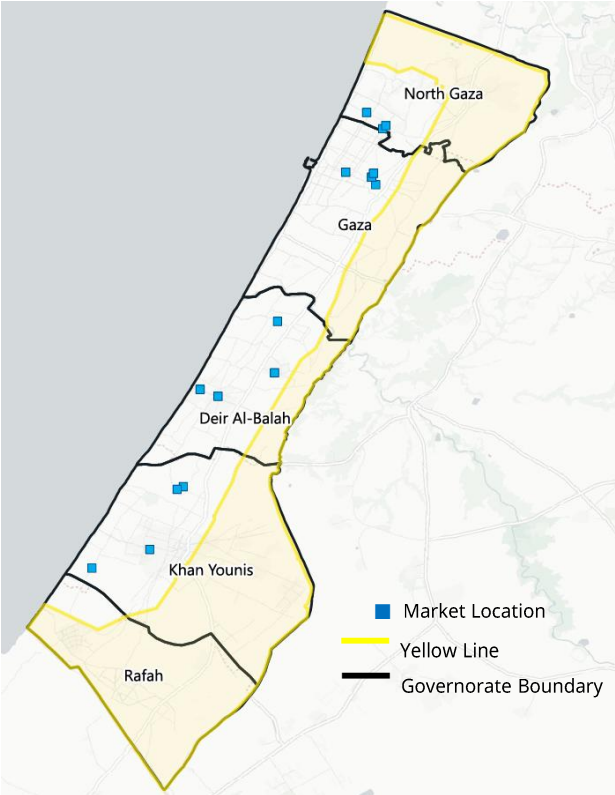


Market Monitoring: Food & Non-Food Items

Gaza Strip | 11 – 13 August 2026



Overview: This market monitoring round was conducted from 11 to 13 August 2026 across 15 markets in four governorates of the Gaza Strip: four markets each in Gaza, Deir al-Balah, and Khan Younis, and three markets in North Gaza. The assessment covered 451 vendors and 70 food and non-food items commonly used by households, with at least four prices sought for each item in each assessed market where sufficient vendors were available. The findings provide a snapshot of item availability and median prices across the assessed markets, supporting humanitarian coordination and market-based programming in Gaza.



Median Prices (ILS), by Governorate

Food item	Unit	North Gaza	Gaza	Deir Al Balah	Khan Younis	Overall	Overall Obs.
Fresh Produce							
Cucumber	1 kg	11	12	12	10	11	60
Eggplant	1 kg	3	3	3	3	3	60
Onions	1 kg	6	6	5.5	5.5	6	60
Potatoes	1 kg	6	6	6	6	6	60
Tomatoes	1 kg	10	10	9	10	10	60
Animal Products							
Beef meat	1 kg	40	45	40	40	40	44
Canned feta	250 gm	3	2.5	2	3	2.5	60
Canned tuna	160 gm	5	4	5	5	5	58
Chicken meat	1 kg	20	20	21.5	20	20	44
Eggs	pcs	1	1.23	1.13	1.23	1.18	56
Liquid milk	1L	9	8	8	8	8	60
Powdered milk	500 gm	20	18.75	20	20.62	20	53
Sheep meat	1 kg	—	65	75	—	67.5	7
Turkey meat	1 kg	33	32	33	33	33	39
Yogurt	1 kg	14	16.67	16.23	16.67	16.23	46
Condiments							
Salt	1 kg	5	4	5	4.5	5	60
Sugar	1 kg	5	4.5	4.5	5	5	60
Tahini	1 kg	15	20	22.22	15	17	56
Vegetable oil	1 L	10	8	8	8	8.5	60
Cereals							
Bread	1 Kg	2.75	2.5	2.5	1.5	2.5	40
Flour	1 kg	1.2	1.7	1.8	1.8	1.6	37
Long grain rice	1 kg	6	6.5	8	8	8	60
Short grain rice	1 kg	2	1	2.5	2	2	57
Pulses and Legumes							
Canned fava beans	380 gm	3	2.5	2	3	2.85	59
Canned white beans	380 gm	0.5	0.75	0.36	0.24	0.5	24
Dried chickpeas	1 kg	7	6.5	6	6	7	58
Dried fava beans	1 kg	6	6	5	7	6	51
Dried white beans	1 kg	5	5	5	6	5	45
Lentils	1 kg	6	6	7	6	6	56
Lentils (Red)	1 kg	1	0.5	0.5	0.75	1	45

Availability classification uses market monitoring observations by item and governorate/overall: Widely available is assigned when wide availability is more than 50%; otherwise, if the item is observed as available in any degree, it is classified as Limited availability. Not available is used only when no observation indicates availability.

Item Availability, by Governorate

Food Item	North Gaza	Gaza	Deir Al Balah	Khan Younis	Overall
Fresh Produce					
Cucumber	●	●	●	●	●
Eggplant	●	●	●	●	●
Onions	●	●	●	●	●
Potatoes	●	●	●	●	●
Tomatoes	●	●	●	●	●
Animal Products					
Beef meat	●	●	●	●	●
Canned feta	●	●	●	●	●
Canned tuna	●	●	●	●	●
Chicken meat	●	●	●	●	●
Eggs	●	●	●	●	●
Liquid milk	●	●	●	●	●
Powdered milk	●	●	●	●	●
Sheep meat	●	●	●	●	●
Turkey meat	●	●	●	●	●
Yogurt	●	●	●	●	●
Condiments					
Salt	●	●	●	●	●
Sugar	●	●	●	●	●
Tahini	●	●	●	●	●
Vegetable oil	●	●	●	●	●
Cereals					
Bread	●	●	●	●	●
Flour	●	●	●	●	●
Long grain rice	●	●	●	●	●
Short grain rice	●	●	●	●	●
Pulses and Legumes					
Canned fava beans	●	●	●	●	●
Canned white beans	●	●	●	●	●
Dried chickpeas	●	●	●	●	●
Dried fava beans	●	●	●	●	●
Dried white beans	●	●	●	●	●
Lentils	●	●	●	●	●
Lentils (Red)	●	●	●	●	●

● Widely ● Limited ● Not available

Market Monitoring: Food & Non-Food Items

Gaza Strip | 11 – 13 August 2026



Food Item Availability and Prices: Most assessed food items were widely available across the markets visited during 11–13 August 2026. Fresh produce and condiments were widely available across all four governorates, while most animal products, cereals, and pulses also showed good availability. Some variation remained, particularly for sheep meat, turkey meat, yogurt, bread, flour, canned white beans, dried white beans, and red lentils, which were limited in one or more governorates. Sheep meat was not observed in the assessed markets in North Gaza and Khan Younis. Median food prices were generally similar across governorates for fresh produce, meat, milk, vegetable oil, rice, and most pulses. More noticeable differences were recorded for tahini, bread, flour, yogurt, canned tuna, eggs, and selected pulses, which may reflect differences in product type, quality, brand, or origin. Availability findings reflect only the markets visited during the data-collection period. Where an item was not observed in a governorate, this refers to the assessed markets only and should not be interpreted as absence across the entire governorate.

Non-Food Item Availability and Prices: Baby needs and hygiene items were generally among the more widely available non-food items, while energy and shelter items showed greater constraints. Baby diapers were widely available across the assessed governorates, while baby formula was more limited in some areas. Most hygiene items were widely available, although detergent and antiseptic iodine showed more limited availability. Energy items remained more constrained. Cooking gas and diesel had limited availability overall and were not observed in the assessed markets in Gaza, while gasoline was not observed in the assessed markets in North Gaza and Khan Younis. Firewood and coal were more widely available. WASH items were generally available, although buckets and jerry cans were more limited in some governorates. Shelter items continued to show the greatest availability constraints, particularly nylon sheets, rope, family tents, mattresses, and related materials. Clothing and footwear were generally more available, especially shoes and slippers.

Median Prices (ILS), by Governorate

NFI Item	Unit	North Gaza	Gaza	Deir Al Balah	Khan Younis	Overall	Overall Obs.
Baby Needs							
Baby diapers	40 diapers	35	25	28	35	35	56
Baby formula	500 ml	33	43.75	40	43.75	40	40
Energy							
Coal	1 kg	17	17	18	13	17	47
Cooking gas	1 kg	80	—	60	65	65	27
Diesel	1 L	30	—	35	35	31.5	21
Firewood	1 kg	6	6	5	6	6	49
Gasoline	1 L	—	90	90	—	90	2
Hygiene Items							
Bar soap	150 gm	4	2.73	3	3	3	58
Detergent	1 L	12	15	15	15	15	42
Dish soap	1 L	11	11.43	10.77	14.29	11.43	60
Sanitary pads	16 pads	10	9	9.5	9	10	60
Shampoo	400 ml	10	10.5	8.57	12.5	11	60
Toilet paper	1 un	2	3	2.75	2.25	2.5	60
Toothbrush	1 un	2	1	2.5	1	1	60
Toothpaste	100 ml	7	5	6	4.5	5	60
Health/Medical							
Antiseptic iodine	60 ml	8	6	6	6.5	6	36
Analgesic	1 Tablet	0.58	0.7	0.5	0.5	0.58	59
WASH							
Bottled water	1 L	6	4	4	4	4	60
Buckets	1 pcs	35	20	20	26.5	25	38
Chlorine	1 L	13	10.5	11	12	11	60
Jerry cans	1 pcs (20 l)	18	—	18	19	18	26
Shelter Items							
Blankets	1 un	20	25	19	20	20	19
Heavy-duty duct tape	Roll	20	15	—	20	20	18
Mattress	1 un	70	80	65	60	65	29
Nylon sheet	20 m2	100	150	110	100	100	8
Rope	1 pcs	10	10	15.5	15	12.5	19
Family tent (6×4 m)	1 unit	300	275	250	250	300	18
Tarpaulin sheet	1 m2	6.25	5.75	6.04	5.83	5.83	18
Clothing and Footwear							
Headscarves	1 pcs	20	10	15	10	15	43
Infant and baby suits	1 un	20	30	25	22.5	25	30
Shoes	Pair	40	40	50	50	45	54
Slippers	Pair	25	30	20	20	25	54

Item Availability, by Governorate

NFI Item	North Gaza	Gaza	Deir Al Balah	Khan Younis	Overall
Baby Needs					
Baby diapers	●	●	●	●	●
Baby formula	●	●	●	●	●
Energy					
Coal	●	●	●	●	●
Cooking gas	●	●	●	●	●
Diesel	●	●	●	●	●
Firewood	●	●	●	●	●
Gasoline	●	●	●	●	●
Hygiene Items					
Bar soap	●	●	●	●	●
Detergent	●	●	●	●	●
Dish soap	●	●	●	●	●
Sanitary pads	●	●	●	●	●
Shampoo	●	●	●	●	●
Toilet paper	●	●	●	●	●
Toothbrush	●	●	●	●	●
Toothpaste	●	●	●	●	●
Health/Medical					
Antiseptic iodine	●	●	●	●	●
Analgesic	●	●	●	●	●
WASH					
Bottled water	●	●	●	●	●
Buckets	●	●	●	●	●
Chlorine	●	●	●	●	●
Jerry cans	●	●	●	●	●
Shelter Items					
Blankets	●	●	●	●	●
Heavy-duty duct tape	●	●	●	●	●
Mattress	●	●	●	●	●
Nylon sheet	●	●	●	●	●
Rope	●	●	●	●	●
Family tent (6×4 m)	●	●	●	●	●
Tarpaulin sheet	●	●	●	●	●
Clothing and Footwear					
Headscarves	●	●	●	●	●
Infant and baby suits	●	●	●	●	●
Shoes	●	●	●	●	●
Slippers	●	●	●	●	●

Key Price Changes: Between the 26–28 July and 11–13 August 2026 monitoring rounds, median prices at the Gaza Strip level showed a mixed pattern. Many food prices remained stable, while larger decreases were concentrated among energy, hygiene, clothing, shelter, and WASH items.

Fresh produce was largely stable: tomatoes increased from ILS 8 to 10 per kg, while cucumber decreased from ILS 12 to 11. Animal products were mixed. Powdered milk decreased from ILS 21.25 to 20 and chicken meat from ILS 22 to 20, while canned tuna increased from ILS 4.57 to 5, turkey meat from ILS 32 to 33, and eggs from ILS 1.07 to 1.18 per piece. Sheep meat was recorded at ILS 67.5, with no comparable previous-round price.

Among condiments, cereals, and pulses, salt increased from ILS 4 to 5, tahini from ILS 16.33 to 17, and canned fava beans from ILS 2.5 to 2.85. Vegetable oil decreased from ILS 9 to 8.5 and flour from ILS 2 to 1.6, while most other items remained stable.

Among non-food items, baby diapers increased from ILS 33 to 35 per pack and baby formula from ILS 39.38 to 40. Cooking gas decreased markedly from ILS 90 to 65, diesel from ILS 35 to 31.5 per liter, and gasoline from ILS 100 to 90, while firewood and coal remained unchanged.

For hygiene and health items, dish soap decreased from ILS 13.85 to 11.43, toothpaste from ILS 6 to 5, shampoo from ILS 11.33 to 11, and analgesics from ILS 0.6 to 0.58 per tablet. Most other items remained unchanged.

For clothing and shelter items, baby suits increased from ILS 20 to 25, while shoes decreased from ILS 55 to 45 and slippers from ILS 30 to 25 per pair. Nylon sheets decreased from ILS 120 to 100, blankets from ILS 25 to 20, mattresses from ILS 70 to 65, and rope from ILS 15 to 12.5. Heavy-duty duct tape increased from ILS 19 to 20, while tarpaulin sheets and family tents remained stable.

For WASH items, bottled water decreased from ILS 4.67 to 4 per liter and chlorine from ILS 13 to 11, while jerry cans increased from ILS 15 to 18 and buckets remained unchanged.

Food items					
Item	Aug 25	Feb 26	26-28 July	11-13 Aug	% Change vs prev.
Fresh Produce					
Onions (1 kg)	60	4	6	6	■ 0 (0%)
Tomatoes (1 kg)	80	9	8	10	▲ 2 (25%)
Potatoes (1 kg)	23	4	6	6	■ 0 (0%)
Cucumber (1 kg)	45	10	12	11	▼ 1 (8.3%)
Eggplant (1 kg)	15	12	3	3	■ 0 (0%)
Animal Products					
Yogurt (1 kg)	50	19	16.23	16.23	■ 0 (0%)
Powdered milk (500 gm)	48.5	25	21.25	20	▼ 1.25 (5.9%)
Liquid milk (1L)	19	8	8	8	■ 0 (0%)
Canned feta (250 gm)	10	2	2.5	2.5	■ 0 (0%)
Canned tuna (160 gm)	8	3	4.57	5	▲ 0.43 (9.4%)
Chicken meat (1 kg)	130	27	22	20	▼ 2 (9.1%)
Beef meat (1 kg)	NA	40	40	40	■ 0 (0%)
Sheep meat (1 kg)	NA	NA	NA	67.5	■ NA
Turkey meat (1 kg)	NA	25	32	33	▲ 1 (3.1%)
Eggs (pcs)	15	1.16	1.07	1.18	▲ 0.12 (10.9%)
Condiments					
Salt (1 kg)	5	4	4	5	▲ 1 (25%)
Sugar (1 kg)	14	4	5	5	■ 0 (0%)
Vegetable oil (1 L)	23	8	9	8.5	▼ 0.5 (5.6%)
Tahini (1 kg)	30	17	16.33	17	▲ 0.67 (4.1%)
Cereals					
Long grain rice (1 kg)	18	8	8	8	■ 0 (0%)
Short grain rice (1 kg)	8	3	2	2	■ 0 (0%)
Flour (1 kg)	10	1.6	2	1.6	▼ 0.4 (20%)
Bread (1 kg)	2	2	2.5	2.5	■ 0 (0%)
Pulses and Legumes					
Lentils (1 kg)	15	6	6	6	■ 0 (0%)
Lentils (Red) (1 kg)	5	1	1	1	■ 0 (0%)
Dried white beans (1 kg)	10	5	5	5	■ 0 (0%)
Dried chickpeas (1 kg)	8	6	7	7	■ 0 (0%)
Dried fava beans (1 kg)	22.5	5.5	6	6	■ 0 (0%)
Canned fava beans (380 gm)	9.5	2.5	2.5	2.85	▲ 0.35 (14%)
Canned white beans (380 gm)	3	0.5	0.47	0.5	▲ 0.03 (5.3%)

Non-food items					
Item	Aug 25	Feb 26	26-28 July	11-13 Aug	% Change vs prev.
Baby Needs					
Baby diapers (Pack (40 diapers))	260	25	33	35	▲ 2 (6.1%)
Baby formula (500 ml)	70	31.25	39.38	40	▲ 0.62 (1.6%)
Energy					
Firewood (1 kg)	7	5	6	6	■ 0 (0%)
Coal (1 kg)	20	10	17	17	■ 0 (0%)
Cooking gas (1 kg)	NA	65	90	65	▼ 25 (27.8%)
Diesel (1 L)	80	30	35	31.5	▼ 3.5 (10%)
Gasoline (1 L)	120	77.5	100	90	▼ 10 (10%)
Hygiene Items					
Dish soap (1 L)	20	10	13.85	11.43	▼ 2.42 (17.5%)
Bar soap (150 gm)	13.7	3	3	3	■ 0 (0%)
Toothpaste (100 ml)	10	5	6	5	▼ 1 (16.7%)
Toothbrush (1 un)	2	1.5	1	1	■ 0 (0%)
Sanitary pads (Pack (16 pads))	15	7	10	10	■ 0 (0%)
Toilet paper (1 un)	10	2	2.5	2.5	■ 0 (0%)
Shampoo (400 ml)	40	10.5	11.33	11	▼ 0.33 (2.9%)
Detergent (1 L)	20	12	15	15	■ 0 (0%)
Health/Medical					
Antiseptic iodine (60 ml)	6	6	6	6	■ 0 (0%)
Analgesic (1 Tablet)	1.5	0.9	0.6	0.58	▼ 0.02 (2.8%)
Clothing and Footwear					
Infant and baby suits (1 un)	27.5	30	20	25	▲ 5 (25%)
Shoes (Pair)	100	80	55	45	▼ 10 (18.2%)
Slippers (Pair)	35	25	30	25	▼ 5 (16.7%)
Headscarves (1 pcs)	20	19	15	15	■ 0 (0%)
Shelter Items					
Nylon sheet (20 square meter)	240	87.5	120	100	▼ 20 (16.7%)
Tarpaulin sheet (1 m2)	27.5	3.75	5.83	5.83	■ 0 (0%)
Blankets (1 un)	50	27.5	25	20	▼ 5 (20%)
Mattress (1 un)	100	75	70	65	▼ 5 (7.1%)
Heavy-duty duct tape (Roll)	12	8	19	20	▲ 1 (5.3%)
Rope (1 pcs)	10	10	15	12.5	▼ 2.5 (16.7%)
Family tent (6×4 m) (1 unit)	2600	400	300	300	■ 0 (0%)
WASH					
Bottled water (1 L)	10	3	4.67	4	▼ 0.67 (14.3%)
Chlorine (1 L)	35	15	13	11	▼ 2 (15.4%)
Jerry cans (1 pcs (20 l))	72.5	20	15	18	▲ 3 (20%)
Buckets (1 pcs)	35	20	25	25	■ 0 (0%)