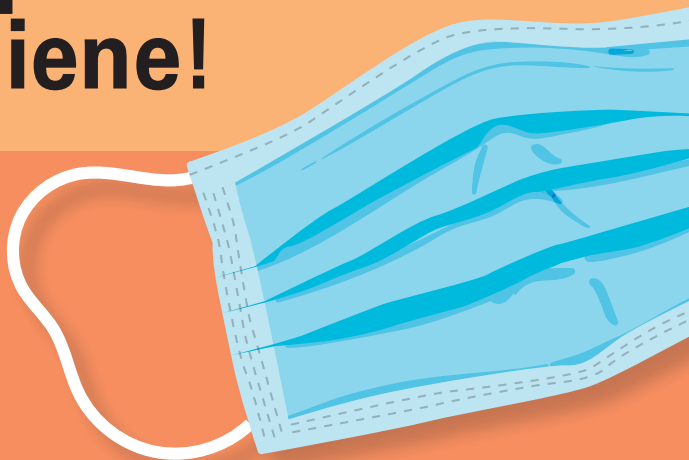




unicef
for every child

Masks must be used only combined with proper hand hygiene!



How to wear medical masks to protect against coronavirus





Before putting on the mask, **clean your hands** with soap and water or a disinfectant that contains at least 60% alcohol.

The mask should cover both the mouth and the nose.

By covering the mouth, we avoid the transmission of microbes and viruses in the air, which can infect others. By covering your nose, you protect yourself from coming into contact with the virus.

1



2



3



4



Avoid touching the mask while using it. If you did this, clean your hands with soap and water or a disinfectant that contains at least 60% alcohol.

Remove the mask by grasping the elastic bands **without touching your face.** **Immediately throw it** in a bin with a lid, then wash your hands with soap and water.

