Every child and young person under the age of 18 has rights and responsibilities. These are protected by the United Nations Convention on the Rights of the Child (CRC). It’s been signed by every country in the world, except the USA and Somalia. Written in 1989, the Convention begins by talking about the reasons why it is needed and explains that this is because:

- Children are individuals and members of their families and communities. They have rights and responsibilities, appropriate to their age and development.
- Recognising everyone’s rights is vital for a world full of freedom, justice and peace.
- Children need special care and protection.
- Families play a really important role in society. Children develop best if their families/carers give them love, understanding, and happiness.
- Children should grow up "in the spirit of peace, dignity, tolerance, freedom, equality and solidarity.
- In all countries of the world, there are children living in exceptionally difficult conditions. These children need special help.
- Children’s cultures and traditions should be protected.
- The world needs to work together to make life better for children, especially children in the world’s poorest countries.

Know your rights. Use them.

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What does the UN Convention on the Rights of the Child have to say about your rights?

Article 1
Everyone under the age of 18 has all the rights in this Convention.

Article 2
The Convention applies to everyone whatever their race, religion, abilities, whatever they think or say, no matter what type of family they come from.

Article 3
All organisations concerned with children should work towards what is best for you.

Article 4
Governments should make these rights available to you.

Article 5
Governments should respect the rights and responsibilities of families to direct and guide their children so that, as they grow, they learn to use their rights properly.

Article 6
You have the right to life. Governments should ensure that children survive and develop healthily.

Article 7
You have the right to a legally registered name and nationality. You also have the right to know and, as far as possible, to be cared for by your parents.

Article 8
Governments should respect children’s right to a name, a nationality and family ties.

Article 9
You should not be separated from
your parents unless it is for your own good - for example, if a parent is mistreating or neglecting you. If your parents have separated, you have the right to stay in contact with both parents, unless this might harm you.

**Article 10**
Families who live in different countries should be allowed to move between those countries so that parents and children can stay in contact or get back together as a family.

**Article 11**
Governments should take steps to stop children being taken out of their own country illegally.

**Article 12**
You have the right to say what you think should happen when adults are making decisions that affect you, and to have your opinions taken into account.

**Article 13**
You have the right to get, and to share, information as long as the information is not damaging to yourself or others.

**Article 14**
You have the right to think and believe what you want and to practise your religion, as long as you are not stopping other people from enjoying their rights. Parents should guide children on these matters.

**Article 15**
You have the right to meet with other children and young people and to join groups and organisations, as long as this does not stop other people from enjoying their rights.

**Article 16**
You have the right to privacy. The law should protect you from attacks against your way of life, your good name, your family and your home.

**Article 17**
You have the right to reliable information from the mass media. Television, radio, and newspapers should provide information that you can understand, and should not promote materials that could harm you.

**Article 18**
Both parents share responsibility for bringing up their children, and should always consider what is best for each child. Governments should help parents by providing services to support them, especially if both parents work.

**Article 19**
Governments should ensure that children are properly cared for, and protect them from violence, abuse and neglect by their parents or anyone else who looks after them.

**Article 20**
If you cannot be looked after by your own family, you must be looked after properly, by people who respect your religion, culture and language.

**Article 21**
If you are adopted, the first concern must be what is best for you. The same rules should apply whether the adoption takes place in the country where you were born or if you move to another country.

**Article 22**
If you are a child who has come into a country as a refugee, you should have the same rights as children born in that country.

**Article 23**
If you have a disability, you should receive special care and support so that you can live a full and independent life.

**Article 24**
You have the right to good quality health care and to clean water, nutritious food and a clean environment so that you can stay healthy. Rich countries should help poorer countries achieve this.
Article 25
If you are looked after by your local authority rather than your parents, you should have your situation reviewed regularly.

Article 26
The government should provide extra money for the children of families in need.

Article 27
You have a right to a standard of living that is good enough to meet your physical and mental needs. The government should help families who cannot afford to provide this.

Article 28
You have a right to an education. Discipline in schools should respect children’s human dignity. Primary education should be free. Wealthy countries should help poorer countries achieve this.

Article 29
Education should develop your personality and talents to the full. It should encourage you to respect your parents, your own and other cultures.

Article 30
You have a right to learn and use the language and customs of your family whether or not these are shared by the majority of the people in the country where you live.

Article 31
You have a right to relax, play and join in a wide range of activities.

Article 32
The government should protect you from work that is dangerous or might harm your health or education.

Article 33
The government should provide ways of protecting you from dangerous drugs.

Article 34
The government should protect you from sexual abuse.

Article 35
The government should ensure that you are not abducted or sold.

Article 36
You should be protected from any activities that could harm your development.

Article 37
If you break the law, you should not be treated cruelly. You should not be put in a prison with adults and you should be able to keep in contact with your family.

Article 38
Governments should not allow children under 16 to join the army. In war zones, you should receive special protection.

Article 39
If you have been neglected or abused, you should receive special help to restore your self-respect.

Article 40
If you are accused of breaking the law, you should receive legal help. Prison sentences for children should only be used for the most serious offences.

Article 41
If the laws of a particular country protect you better than the articles of the Convention, then those laws should stay.

Article 42
The government should make the Convention known to all parents and children.

Articles 43-54 are about how adults and governments should work together to make sure all children get all their rights.