During the first 6 months
During the first 6 months
Start feeding at 6 months
From 9 up to 12 months
Less than 6 months
If a woman is HIV infected...

What is the risk of HIV passing to her baby when NO preventive actions are taken?

Out of 100 babies born to HIV infected women:

- The majority of babies (about 63) are not infected with HIV, but should be protected.
- Most babies (about 22) become infected with HIV during pregnancy, labour and birth.
- Other babies (about 15) are infected with HIV through breastfeeding.

Protect your baby – get tested and know your HIV status!
If a woman is HIV infected...

What is the risk of HIV passing to her baby if both take ARVs and practise exclusive breastfeeding during the first 6 months?

Out of 100 babies born to HIV infected women who take ARVs:

- The majority of babies (85 or more) are not infected with HIV.
- Most of these babies (less than 10) become infected with HIV during pregnancy, labour and birth.
- Breastfeeding babies (less than 5) can become infected. Exclusive and safer breastfeeding reduces the risk.

Protect your baby – get tested and know your HIV status!
Do not give replacement milk or foods to breastfeeding babies before 6 months.

If a mother is HIV infected, what are the feeding options for her baby less than 6 months?

- Only Breast Milk
- Only Replacement Milk

Card 23
Protect your baby – get tested and know your HIV status!

- Babies with HIV injection
- Babies who die from diarrhea and other infections
- Healthy babies without HIV injection

No HIV exposed infants less than 6 months of age

Benefits and risks of different feeding methods for mixed feeding:

- Breast milk
- Breast milk plus other milk, liquids or foods
- Infant formula
Counselling Cards for Community Health Workers

Infant and Young Child Feeding