MOTHER, NEWBORN AND CHILD HEALTH AND MORTALITY IN NIGERIA - GENERAL FACTS

- Every 10 minutes, one woman dies on account of pregnancy or childbirth in Nigeria, giving a total of 53,000 per year.
  - This means about 800 women die in every 100,000 live births.

- Nigeria’s newborn death rate (neonatal mortality) – 528 per day – is one of the highest in the world. More than a quarter of the estimated 1 million children who die under the age of 5 years annually in Nigeria die during the first 28 days of life (neonatal period).
  - About 9 out of ten of newborn deaths are preventable.

- About 5.3 million children are born yearly in Nigeria, that is about 11,000 everyday.
  - 1 million of these children die before the age of 5 years.

KEY ISSUES FOR NORTHERN STATES

1. The North East Zone has the highest maternal mortality rate of 1,549/100,000 live births, compared to 165/100,000 live births in the South West Zone—an almost 10-fold difference.

2. The highest death rate of infants within the first 28 days (neonatal mortality) of life is in the North East and North West regions of the country.

3. The highest death rate of under five children (Under 5 Mortality Rate) is in the North East and North West regions of the country.

Under 5 Mortality per 1,000
- North West zone 269 children
- North East zone 260 children
- South West zone 176 children
- South East zone 103 children

Maternal Mortality Ratio (MMR) per 100,000
- North East 1549 women
- North West 1026 women
- South East 286 women
- South West 165 women
CALL TO ACTION

Governor: Support IMNCH implementation by:
- proving adequate fund for MNCH,
- improving access to health care delivery,
- ensuring quality health services are available, functioning and affordable for families in the state,
- providing safe water and adequate sanitation
- maintaining low duty rates on ITNs/LLINs and other commodities for IMNCH
- Registering all babies,
- Educating the girl-child

Commissioner of Health: Support IMNCH by:
- instituting a State Health Team with capacity to plan implement and supervise a State Health Plan of Action
- ensuring that health facilities are available, appropriately equipped, functioning and are affordable for families in the state,
- providing skilled healthcare workers and distributing them equitably especially to the rural areas.
- facilitating a two-way referral system
- motivating health workers in rural and hard to reach areas
- providing safe water and supporting communities to improve sanitation in the state.

LGA Chairman: Support IMNCH implementation by:
- instituting an LGA Health Team with capacity to plan, implement and supervise a LGA Health Plan of Action
- providing functioning, affordable health facilities in rural and hard to reach communities to improve the physical and financial access,
- facilitating easy evacuation of emergency cases to hospitals where they can be promptly treated.
- ensuring that newborns and children are registered and appropriately immunized,
- providing safe water and ensuring adequate sanitation in communities
- ensuring education of girls who are future mothers.
- providing skilled healthcare workers and distributing them equitably especially to the hard to reach areas.

For further information contact:
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