



MONTHLY BULLETIN MAY 2020



This Monthly Bulletin summarizes data collected from the U-Report polls and highlights key findings and recommendations proposed by young people of the following topics – health, legal awareness and U-Report feedback. Activities included polls, social media interactions and online chat which collectively engaged over 7,000 users.

Number of U-Reporters:



10 million U-Reporters in 66 countries

www.ureport.in



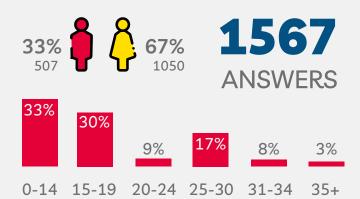
24,740 U-Reporters as of May 31

www.moldova.ureport.in

HEALTH



The poll launched on May 8 was organized in cooperation with Youth Klinic Moldova. In total, 1,567 responses were collected from the below-displayed audience.



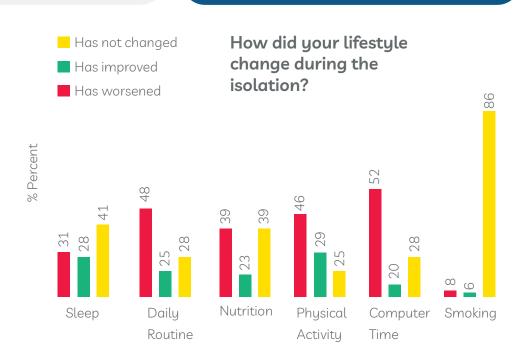
Key findings

- 28% of users stated that their mental health has worsened in the last two months, compared to 20% of users whose mental health has reportedly improved.
- On average, the relations with family members or friends of every 6th respondent have worsened
- 2 out of 3 participants think that young people should talk to psychologists about their health issues, either face-to-face or online
 - o 9% of respondents who do not think that young people should talk to a psychologist said that it is not needed or they are not interested in this service

Conclusions

- The evidence shows that more than a quater of U-Reporters feel mentally or physically worse compared to the prequarantine period.
- Young people spend more time in front of the computer, are less active physically and maintain an irregular daily routine.
- Sleep deprivation and the consumption of more food are a common pattern in young people's lifestyle during the quarantine.
- Unhealthy behavior (such as smoking)
 persists among young people during the
 quarantine, while a slight worsening of the
 situation is observed, especially among male
 users.

A series of questions were asked to young people regarding the changes in lifestyle during the quarantine:



Access full results



HEALTH



FOLLOW-UP

On May 12, U-Report and Youth Klinic Moldova organized an **online consultation focused on adolescents' health during the COVID 19 pandemic**. The U-Partners platform allowed experts to anonymously chat with users and individually address their queries.

In total, 10 doctors including a gynecologist, dermatologist and psychologist provided answers to nearly 450 cases, sending over 800 messages. Most questions were related to COVID-19, depression, violence, healthy diet, sexual health and relationships.

In June, a chatbot and online chat on the topic of menstrual hygiene is going to be organized with Youth Klinics as part of the adolescents' health series.

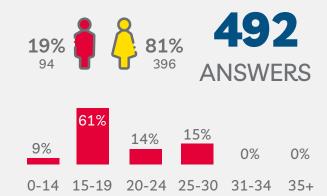


A Facebook poster used for promotion of the YK online consultation

LEGAL AWARENESS



The poll was launched in cooperation with INVENTO, aiming to gather information on the youth's needs for legal knowledge as part of the Strengthening citizens' access to justice initiative. Nearly 500 answers were collected from a targeted audience aged 14 - 25.



KEY FINDINGS

- Young people are interested to learn more about the following legal topics: online safety (39%), children's rights (30%), prevention of bullying and violence (23%), rights at school (9%).
- Additionally, users expressed interest in the following fields: relationships, consent and law (23%), labor rights (15%), consumer rights (9%), or all of the previously mentioned (41%).
- Nearly 2 out of 5 users reportedly do not know how to find valid information about their rights.
- 14% of respondents stated that it was not easy to access rules imposed during the COVID-19 emergency regime.

FOLLOW-UP

The results of the poll were shared with the Parliament Committee on Education, Mass Media, Youth, Culture and Sport to inform the revision of the Education Code. INVENTO will consider the poll results when developing an online media channel for non-formal legal education of youth.

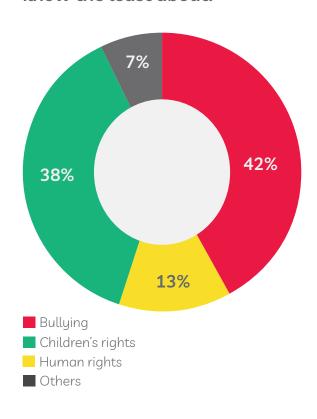
Access full results



CONCLUSIONS

- Based on the poll's low turnout, legal education persists to have a lack of interest among Moldovan youth.
- A significant part of U-Reporters does not know how to access information about their rights, implying that efforts should be made to disseminate youth-friendly information courses and to increase youth awareness of their rights.

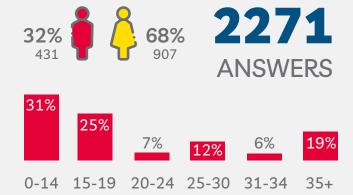
Choose a legal topic you know the least about:



FEEDBACK ON U-REPORT



To understand the opinions of young people about the platform, the U-Report team has conducted two waves of feedback collection – a short poll and face-to-face interviews. The results were considered in the development of the U-Report Roadmap 2020-2022 and Action Plan 2020.



KEY FINDINGS

- 73% of U-Reporters find the topics covered on the platform very useful or useful, while 74% reported that their overall experience with the platform is either very good or good.
- The preferred channels to receive information on U-Report activities are Viber (46%), Facebook page (22%), Instagram (14%) and U-Report website (12%).
 - o The most-suggested alternatives to already used social media channels are Youtube, Telegram and Tik Tok.

- 78% of users are interested in reading about the survey results as opposed to 9% who are not interested.
- Users appreciate the friendly approach of the platform, the provision of trustworthy information and the awareness-raising initiatives that motivate young people to be active citizens.



CONCLUSIONS

- While most users find U-Report topics useful, there is room for improvement in the attractiveness of the platform. It is suggested by interviewees to:
 - o organize offline events for the U-Report community including outside Chisinau
 - o share success stories of U-Report's impact in communities
 - o send polls and messages informing about poll results more often
- Results show that male users are relatively less satisfied with the platform compared to females. While the current proportion of males and females is 35:65, efforts should be made to achieve gender balance by targeting the interests of male participants.
- The most preferred communication platform is Viber.
- Our users wish more cooperation with schools, universities, youth organizations and massmedia.

FEEDBACK ON U-REPORT



Who should be more involved in the platform?

