

FEEDING

HOW FOOD ENVIRONMENTS ARE FAILING CHILDREN

PROFIT

DATA TABLES



Acknowledgements

This publication was prepared by Data and Analytics Section of the UNICEF Data, Analytics, Planning and Monitoring Division in collaboration with the UNICEF Child Nutrition and Development Programme of the UNICEF Programme Group.

© United Nations Children's Fund (UNICEF)

September 2025

Permission is required to reproduce any part of this publication.
Permissions will be fully granted to educational or non-profit organizations.

Suggested citation: United Nations Children's Fund (UNICEF). *Feeding Profit. How food environments are failing children. Data Tables. Child Nutrition Report 2025*, UNICEF, New York, September 2025.

Published by:
UNICEF
Child Nutrition and Development, Programme Group
3 United Nations Plaza, New York, NY 10017, USA

Email: nutrition@unicef.org
Website: www.unicef.org/nutrition; data.unicef.org/topic/nutrition

The data tables present the latest key statistics on children's and women's nutrition for the world's countries and regions. The 2025 edition also includes data on the status of overweight and obesity in children and adolescents.

Contents

Thematic data tables

Early childhood nutrition	1
Malnutrition among children under 5 years of age	1
Infant and young child feeding	7
Nutrition of school-age children, adolescents and women	14
Nutrition and care for children with wasting and micronutrient supplementation	20

Edition specific data tables on overweight and obesity

Status and trends in overweight among school-age children and adolescents	26
Status and trends in obesity and thinness among school-age children and adolescents	31

Thematic data tables

- Early childhood nutrition
- Nutrition of school-age children, adolescents and women
- Nutrition and care for children with wasting and micronutrient supplementation

Early childhood nutrition

Countries and areas	Malnutrition among children under 5 years of age										
	Modelled estimates			Survey estimates			Modelled estimates			Survey estimates	
	Stunted (%) (moderate and severe)			Wasted (%) ^a			Overweight (%) (moderate and severe)			Free from stunting, wasting, overweight (%)	
	Baseline	Latest	Progress to 2030 target **	Moderate and severe (latest)	Progress to 2030 target **	Severe (latest)	Baseline	Latest	Progress to 2030 target **		
	2012	2024*		2017–2024*		2017–2024*	2012	2024*		2017–2024*	
Afghanistan	44	42	No progress	4	On track	1	5	4	No progress	51	
Albania	17	7	On track	2	On track	1	21	17	Some progress	75	
Algeria	12	9	Some progress	3	On track	1	14	13	No progress	78	
Andorra	–	–	–	–	–	–	–	–	–	–	
Angola	31	48	Worsening	5 x	On track	1 x	3	5	Worsening	58 x	
Anguilla	–	–	–	–	–	–	–	–	–	–	
Antigua and Barbuda	–	–	–	–	–	–	–	–	–	–	
Argentina	7	11	Worsening	2 r	On track	1 r	11	14	Worsening	79	
Armenia	14	6	On track	4 x	No progress	2 x	15	13	No progress	76 x	
Australia	3	3	On track	0 xb	Assessment not possible	0 xb	14	26	Worsening	90 x	
Austria	–	–	–	–	–	–	–	–	–	–	
Azerbaijan	16	7	On track	4	Some progress	1	11	4	On track	87	
Bahamas	–	–	–	–	–	–	–	–	–	–	
Bahrain	7 e	5 e	Assessment not possible	–	–	–	–	–	–	–	
Bangladesh	38	25	Some progress	11	Some progress	2	2	2	On track	68	
Barbados	8	6	Some progress	7 x	Assessment not possible	2 x	12	13	No progress	76 x	
Belarus	2	1	On track	1	On track	1 x	6	3	On track	85 x	
Belgium	3	3	On track	1 b	On track	0 b	4	5	Worsening	95 x	
Belize	18	12	Some progress	2 x	On track	1 x	9	6	Some progress	77 x	
Benin	34	33	No progress	8	Worsening	2	2	4	Worsening	59	
Bhutan	29	18	On track	5	No progress	2	7	8	No progress	59 x	
Bolivia (Plurinational State of)	20	11	On track	2 x	On track	1 x	9	10	No progress	74 x	
Bosnia and Herzegovina	9	8	Some progress	2 x	Assessment not possible	2 x	18	13	Some progress	75 x	
Botswana	25	21	Some progress	7 x	Assessment not possible	3 x	11	12	No progress	60 x	
Brazil	7	9	Worsening	3	Worsening	1	8	11	Worsening	81	
British Virgin Islands	–	–	–	–	–	–	–	–	–	–	
Brunei Darussalam	17	10	On track	3 x	Assessment not possible	1 x	9	10	No progress	70 x	
Bulgaria	7	6	Some progress	6 xb	Worsening	2 xb	6	6	Some progress	81 x	
Burkina Faso	32	20	Some progress	9 rs	No progress	1 rs	1	3	On track	72	
Burundi	55	55	No progress	8 b	No progress	2 b	2	2	On track	46	
Cabo Verde	8	5	On track	2	On track	1	6	8	Worsening	–	
Cambodia	34	22	On track	10	No progress	2	2	6	Worsening	68	
Cameroon	32	27	Some progress	4	On track	2	8	14	Worsening	61	
Canada	–	–	–	–	–	–	11	11	No progress	–	
Central African Republic	40	39	No progress	5 b	Some progress	2 b	3	2	On track	57	
Chad	37	32	Some progress	8 s	Some progress	2 s	2	3	On track	62	
Chile	2	2	On track	0 x	On track	–	10	9	No progress	–	
China	8	5	On track	2	On track	1 x	7	11	Worsening	82 x	
Colombia	13	12	Some progress	2 xs	On track	0 xs	5	7	Worsening	81 x	
Comoros	32	17	On track	5	On track	1	11	4	On track	75	
Congo	23	16	Some progress	8 x	Worsening	3 x	5	5	No progress	68 x	
Cook Islands	–	–	–	–	–	–	–	–	–	–	
Costa Rica	7	11	Worsening	2	On track	0	8	8	No progress	82	
Côte d'Ivoire	29	20	Some progress	8	No progress	2	2	4	Worsening	68	
Croatia	–	–	–	–	–	–	–	–	–	–	
Cuba	7	7	No progress	2	On track	1	9	11	No progress	82	

Countries and areas	Malnutrition among children under 5 years of age									
	Modelled estimates			Survey estimates			Modelled estimates			Survey estimates
	Stunted (%) (moderate and severe)			Wasted (%) ^a			Overweight (%) (moderate and severe)			Free from stunting, wasting, overweight (%)
	Baseline	Latest	Progress to 2030 target **	Moderate and severe (latest)	Progress to 2030 target **	Severe (latest)	Baseline	Latest	Progress to 2030 target **	2017–2024*
	2012	2024*		2017–2024*		2017–2024*	2012	2024*		
Cyprus	–	–	–	–	–	–	–	–	–	–
Czechia	2	2	On track	5 xr	–	1 xr	5	7	Worsening	89 x
Democratic People's Republic of Korea	26	17	On track	3	On track	1	2	3	Worsening	49 x
Democratic Republic of the Congo	43	44	No progress	7	No progress	2	5	4	Some progress	52
Denmark	–	–	–	–	–	–	–	–	–	–
Djibouti	28	21	Some progress	12 b	No progress	2 b	1	6	Worsening	64
Dominica	–	–	–	–	–	–	–	–	–	–
Dominican Republic	8	6	Some progress	2	On track	1	8	8	No progress	85
Ecuador	24	18	Some progress	1	On track	0	7	5	Some progress	78
Egypt	24	13	On track	3	On track	2	15	11	Some progress	76
El Salvador	16	9	On track	3	On track	1	7	9	Worsening	79 x
Equatorial Guinea	25	17	Some progress	3 x	Assessment not possible	2 x	9	8	No progress	60 x
Eritrea	52	48	Some progress	15 x	Assessment not possible	4 x	2	3	On track	39 x
Estonia	1	1	On track	2 x	On track	0 x	5	6	No progress	92 x
Eswatini	28	19	On track	2	On track	1	10	10	No progress	70
Ethiopia	42	36	Some progress	7	Some progress	1	3	3	Worsening	58
Fiji	7	7	No progress	5	On track	1	7	7	No progress	83
Finland	2	2	On track	2	On track	0	4	5	Worsening	–
France	–	–	–	–	–	–	–	–	–	–
Gabon	17	14	Some progress	3	No progress	1	7	6	No progress	79
Gambia	23	14	Some progress	5	On track	1	2	3	On track	77
Georgia	9	5	On track	1	On track	0	14	4	On track	88
Germany	2	2	On track	1 xb	On track	0 xb	3	3	No progress	95 x
Ghana	22	16	Some progress	6	No progress	1	3	2	On track	77
Greece	2	2	On track	2 xb	–	0 xb	14	14	No progress	85 x
Grenada	–	–	–	–	–	–	–	–	–	–
Guatemala	48	45	Some progress	1	On track	0	4	4	No progress	50 x
Guinea	34	27	Some progress	6 s	Some progress	1 s	4	4	No progress	68
Guinea-Bissau	28	28	No progress	8 rs	No progress	2 rs	2	4	Worsening	66
Guyana	15	7	On track	7	No progress	2	6	5	Some progress	80
Haiti	23	22	Some progress	5 s	No progress	1 s	4	4	No progress	72
Holy See	–	–	–	–	–	–	–	–	–	–
Honduras	22	18	Some progress	2	On track	1	5	4	Some progress	76
Hungary	–	–	–	–	–	–	–	–	–	–
Iceland	–	–	–	–	–	–	–	–	–	–
India	42	33	Some progress	19	No progress	8	2	4	Worsening	49
Indonesia	35	23	On track	8 r	Some progress	2 r	8	3	On track	69
Iran (Islamic Republic of)	6	5	Some progress	4	No progress	1	4	3	On track	–
Iraq	20	9	On track	3	On track	1	10	5	On track	81
Ireland	3	2	On track	0 xb	Assessment not possible	0 xb	10	11	No progress	87 x
Israel	–	–	–	–	–	–	–	–	–	–
Italy	–	–	–	–	–	–	–	–	–	–
Jamaica	6	7	Worsening	3	No progress	1	7	5	Some progress	87
Japan	7	5	On track	2 x	Assessment not possible	0 x	2	2	On track	–
Jordan	8	8	No progress	2	On track	0	6	11	Worsening	82
Kazakhstan	11	4	On track	3 x	On track	1 x	12	9	Some progress	82 x
Kenya	29	18	Some progress	5	No progress	1	5	4	Some progress	76
Kiribati	16	15	Some progress	4	Assessment not possible	1	2	2	On track	80

Countries and areas	Malnutrition among children under 5 years of age									
	Modelled estimates			Survey estimates			Modelled estimates			Survey estimates
	Stunted (%) (moderate and severe)			Wasted (%) ^a			Overweight (%) (moderate and severe)			Free from stunting, wasting, overweight (%)
	Baseline	Latest	Progress to 2030 target **	Moderate and severe (latest)	Progress to 2030 target **	Severe (latest)	Baseline	Latest	Progress to 2030 target **	2017–2024*
	2012	2024*		2017–2024*		2017–2024*	2012	2024*		
Kuwait	5	5	Some progress	4 fr	No progress	1 fr	9	10	No progress	86
Kyrgyzstan	16	11	Some progress	3	On track	1	8	10	Worsening	78
Lao People's Democratic Republic	41	30	Some progress	11	Worsening	3	2	4	Worsening	58
Latvia	2	2	On track	2 b	On track	0 b	6	7	No progress	91
Lebanon	11	10	Some progress	1	On track	1	7	5	Some progress	87
Lesotho	38	35	Some progress	2	On track	0	7	8	No progress	58
Liberia	35	27	Some progress	3	On track	1	3	6	Worsening	65
Libya	26	9	On track	4 b	On track	1 b	23	5	On track	86
Liechtenstein	–	–	–	–	–	–	–	–	–	–
Lithuania	2	2	On track	5 b	Assessment not possible	1 b	4	5	No progress	91
Luxembourg	–	–	–	–	–	–	–	–	–	–
Madagascar	48	38	Some progress	7	No progress	2	2	2	On track	55
Malawi	44	33	Some progress	2 b	On track	0 b	5	4	No progress	63
Malaysia	18	24	Worsening	11	No progress	4 r	6	5	No progress	64
Maldives	16	14	Some progress	9	No progress	2	6	3	On track	73
Mali	29	23	Some progress	5	Some progress	1	1	1	On track	70
Malta	5	4	Some progress	0 b	On track	0 b	8	10	Worsening	87
Marshall Islands	38	30	On track	4 rs	Assessment not possible	1 rs	4	5	No progress	61
Mauritania	25	22	Some progress	14 b	Some progress	3 b	2	2	On track	74
Mauritius	8 e	8 e	Assessment not possible	–	–	–	5 e	5 e	Assessment not possible	–
Mexico	13	13	No progress	1 r	On track	0 r	7	7	No progress	80
Micronesia (Federated States of)	–	–	–	–	–	–	–	–	–	–
Monaco	–	–	–	–	–	–	–	–	–	–
Mongolia	12	7	On track	3	On track	1	10	12	Worsening	81
Montenegro	9	8	Some progress	2	On track	1	15	9	Some progress	84
Montserrat	–	–	–	–	–	–	–	–	–	–
Morocco	16	14	Some progress	2 b	On track	1 b	10	4	On track	75
Mozambique	43	37	Some progress	4	On track	1	6	4	Some progress	59
Myanmar	31	25	Some progress	7 b	No progress	1 b	2	1	On track	65 x
Namibia	24	16	Some progress	7 x	No progress	3 x	4	6	Worsening	69 x
Nauru	21	16	Some progress	1	On track	0	4	8	Worsening	76
Nepal	40	26	On track	7	Some progress	1	1	2	On track	70
Netherlands (Kingdom of the)	2	2	On track	1 xr	Assessment not possible	0 xr	4	5	Worsening	94 x
New Zealand	–	–	–	–	–	–	–	–	–	–
Nicaragua	–	–	–	–	–	–	–	–	–	–
Niger	45	48	Worsening	11 s	No progress	2 s	1	3	On track	48
Nigeria	37	34	Some progress	12 b	No progress	3 b	2	2	On track	64
Niue	–	–	–	–	–	–	–	–	–	–
North Macedonia	6	4	On track	3	Worsening	1	13	12	No progress	83
Norway	–	–	–	–	–	–	–	–	–	–
Oman	11	13	Worsening	9	Worsening	3	3	9	Worsening	77 x
Pakistan	44	34	Some progress	7	On track	2	5	2	On track	57
Palau	–	–	–	–	–	–	–	–	–	–
Panama	20	14	Some progress	1 rs	On track	0 rs	11	11	No progress	73
Papua New Guinea	48	48	No progress	14 x	Assessment not possible	6 x	12	19	Worsening	34 x
Paraguay	9	3	On track	1 x	On track	0 x	11	15	Worsening	82 x
Peru	18	11	On track	1	On track	0	8	9	No progress	81
Philippines	32	28	Some progress	5 r	Some progress	1 r	3	3	No progress	66
Poland	2	1	On track	1	On track	0	6	9	Worsening	91

Countries and areas	Malnutrition among children under 5 years of age										
	Modelled estimates			Survey estimates			Modelled estimates			Survey estimates	
	Stunted (%) (moderate and severe)			Wasted (%) ^a			Overweight (%) (moderate and severe)			Free from stunting, wasting, overweight (%)	
	Baseline	Latest	Progress to 2030 target **	Moderate and severe (latest)	Progress to 2030 target **	Severe (latest)	Baseline	Latest	Progress to 2030 target **		
	2012	2024*		2017–2024*		2017–2024*	2012	2024*		2017–2024*	
Portugal	4	3	On track	1 xb	On track	0 xb	8	9	No progress	89 x	
Qatar	6	5	Some progress	2 b	On track	0 b	10	9	No progress	83	
Republic of Korea	2	2	On track	0 b	On track	0 b	7	6	Some progress	93	
Republic of Moldova	7	4	On track	2 x	Assessment not possible	1 x	5	4	Some progress	88 x	
Romania	9	7	Some progress	4 x	–	1 x	7	5	Some progress	79 x	
Russian Federation	–	–	–	3 xr	Assessment not possible	1 xr	10	10	No progress	–	
Rwanda	41	30	Some progress	1	On track	0	6	5	Some progress	62	
Saint Kitts and Nevis	–	–	–	–	–	–	–	–	–	–	
Saint Lucia	2	3	On track	4 x	Assessment not possible	1 x	6	7	No progress	88 x	
Saint Vincent and the Grenadines	–	–	–	–	–	–	–	–	–	–	
Samoa	5	8	Worsening	3	On track	1	6	9	Worsening	83	
San Marino	–	–	–	–	–	–	–	–	–	–	
Sao Tome and Principe	19	10	On track	4	No progress	1	3	6	Worsening	81	
Saudi Arabia	13	11	Some progress	4 b	No progress	1 b	10	8	No progress	75	
Senegal	18	17	Some progress	10	No progress	1	1	2	On track	74	
Serbia	6	5	Some progress	3	On track	1	15	12	Some progress	83	
Seychelles	8	6	Some progress	4 xr	Assessment not possible	1 xr	10	11	No progress	80 x	
Sierra Leone	33	25	Some progress	6 s	No progress	2 s	3	5	Worsening	68	
Singapore	3	3	On track	4 xr	–	1 xr	3	4	Worsening	90 x	
Slovakia	–	–	–	–	–	–	–	–	–	–	
Slovenia	–	–	–	–	–	–	–	–	–	–	
Solomon Islands	32	30	Some progress	9 x	Worsening	4 x	4	6	Worsening	60 x	
Somalia	29	24	Some progress	14 xrs	Assessment not possible	4 xrs	3	3	On track	63 x	
South Africa	22	24	Worsening	4 b	On track	2 b	13	13	No progress	67	
South Sudan	31	30	No progress	23 xs	Assessment not possible	10 xs	6	4	Some progress	49 x	
Spain	–	–	–	–	–	–	–	–	–	–	
Sri Lanka	16	10	On track	9	Some progress	1	1	1	On track	69	
State of Palestine	10	8	Some progress	1	On track	1	8	9	No progress	83	
Sudan	36	35	No progress	16 xs	No progress	5 xs	3	3	On track	51 x	
Suriname	8	8	No progress	6	No progress	1	4	4	No progress	83	
Sweden	–	–	–	–	–	–	–	–	–	–	
Switzerland	–	–	–	–	–	–	–	–	–	–	
Syrian Arab Republic	27	24	Some progress	12 x	Assessment not possible	6 x	17	11	Some progress	55 x	
Tajikistan	26	13	On track	6	Some progress	2	5	5	No progress	76	
Thailand	14	12	Some progress	7	No progress	3	9	10	No progress	73	
Timor-Leste	53	45	Some progress	8 s	Some progress	2 s	2	1	On track	48	
Togo	26	23	Some progress	6	No progress	1	1	4	Worsening	71	
Tokelau	–	–	–	–	–	–	–	–	–	–	
Tonga	7	2	On track	1	On track	0	15	10	Some progress	86	
Trinidad and Tobago	9	8	Some progress	6 x	Assessment not possible	2 x	11	15	Worsening	77 x	
Tunisia	9	9	No progress	2	On track	1	14	18	Worsening	76	
Türkiye	9	6	On track	2	On track	1	10	8	Some progress	85	
Turkmenistan	13	7	On track	4	On track	1	5	5	No progress	87	
Turks and Caicos Islands	4	3	On track	1	On track	0	15	18	Worsening	80	
Tuvalu	8	5	On track	3	On track	1	5	4	Some progress	89	
Uganda	33	24	Some progress	3	On track	1	4	4	No progress	69	

Countries and areas	Malnutrition among children under 5 years of age									
	Modelled estimates			Survey estimates			Modelled estimates			Survey estimates
	Stunted (%) (moderate and severe)			Wasted (%) ^a			Overweight (%) (moderate and severe)			Free from stunting, wasting, overweight (%)
	Baseline	Latest	Progress to 2030 target **	Moderate and severe (latest)	Progress to 2030 target **	Severe (latest)	Baseline	Latest	Progress to 2030 target **	2017–2024*
	2012	2024*		2017–2024*		2017–2024*	2012	2024*		
Ukraine	18	12	On track	8 xr	–	4 xr	21	16	Some progress	55 x
United Arab Emirates	–	–	–	–	–	–	–	–	–	–
United Kingdom	3	4	Worsening	0 b	On track	0 b	8	8	No progress	91
United Republic of Tanzania	38	30	Some progress	3	On track	1	4	5	No progress	65
United States	3	4	Worsening	0	On track	0	8	10	No progress	–
Uruguay	9	7	On track	1	On track	0	9	14	Worsening	81
Uzbekistan	13	7	On track	2	On track	1	7	6	Some progress	87
Vanuatu	27	31	Worsening	5 xs	On track	2 xs	5	6	No progress	64 x
Venezuela (Bolivarian Republic of)	12	12	No progress	4 xc	Assessment not possible	–	6	7	No progress	–
Viet Nam	26	19	Some progress	4	On track	1	4	11	Worsening	70 x
Yemen	49	47	No progress	17	No progress	5	2	2	On track	42
Zambia	41	32	Some progress	4	Some progress	2	6	6	No progress	59
Zimbabwe	31	24	Some progress	5	Worsening	2	5	4	Some progress	73
SUMMARY										
East Asia and the Pacific	16	13		4		1	6	8		76 v
Europe and Central Asia	7	5		1 q		<1 q	9	8		–
Eastern Europe and Central Asia	10	6		2 q		1 q	11	8		85
Western Europe	3	3		<1		<1	6	7		–
Latin America and the Caribbean	13	12		1		<1	7	9		80
Middle East and North Africa	19	15		5		2	10	8		72
North America	3	4		<1		<1	8	10		–
South Asia	41	32		14		5	3	3		53
Sub-Saharan Africa	36	32		6		1	4	4		63
Eastern and Southern Africa	37	32		5		1	4	4		63
West and Central Africa	35	32		7		2	3	3		62
World	26	23		7		2	5	5		65 v

DEFINITIONS OF INDICATORS

Stunting, moderate and severe: Percentage of children aged 0–59 months who are below minus two standard deviations from median height-for-age of the WHO Child Growth Standards.

Wasting, moderate and severe: Percentage of

children aged 0–59 months who are below minus two standard deviations from median weight-for-height of the WHO Child Growth Standards.

Wasting, severe: Percentage of children aged 0–59 months who are below minus three

standard deviations from median weight-for-height of the WHO Child Growth Standards.

Overweight, moderate and severe: Percentage of children aged 0–59 months who are above two standard deviations from median weight-for-height

of the WHO Child Growth Standards.

Free from stunting, wasting, overweight: Percentage of children under 5 years of age who are neither overweight, nor stunted, nor wasted.

MAIN DATA SOURCES

Stunting, overweight – Modelled estimates from UNICEF, WHO and The World Bank. Last update: June 2025

Wasting and severe wasting – DHS, MICS and other national household surveys. Last update: June 2025

Free from stunting, wasting, overweight – DHS, MICS and other national household surveys. Last update: June 2025

LEGEND FOR FOOTNOTES IN THE TABLE

– Data not available.

a Global and regional averages for wasting (moderate and severe) and wasting (severe) are estimated using statistical modelling data from the UNICEF/WHO/World Bank Group Joint Child Malnutrition Estimates, 2025 Edition.

b Age-adjusted estimate.

c Converted estimate.

e The most recent country data point (e.g., from household surveys) used to generate the modelled stunting and overweight estimates is from before the year 2000; interpret with caution.

f Weighted analyses to adjust for unbalanced age distribution using United Nations Population Division World Population Prospects.

p Consecutive low (<50 per cent) population coverage; interpret with caution.

q Regional estimates for Eastern Europe and Central Asia exclude the Russian Federation.

w Reduced age range.

r Height/length modality (standing/lying) was not collected.

s Oedema data were collected in the survey and not considered in the analysis.

v Aggregated estimates for East Asia and Pacific and the World include estimates for China from the year 2013, which is outside of the year range 2017–2024.

x Data refer to years or periods other than those specified in the column heading.

***** Data refer to the most recent year available during the period specified in the column heading.

****** Progress to 2030 targets are shown for all six World Health Assembly Global Nutrition Targets for stunting, wasting, overweight, low birthweight, exclusive breastfeeding and anaemia. Progress was assessed using the 2030 targets proposed as an extension of the 2025 global nutrition targets. For further information, see: World Health Organization and United Nations Children’s Fund, WHO/UNICEF discussion paper: *The extension of the 2025 maternal, infant and young child nutrition targets to 2030*, WHO and UNICEF, Geneva and New York, 2017, <<https://www.who.int/nutrition/global-target-2025/discussion-paper-extension-targets-2030.pdf>>.

The baseline values for stunting, overweight, low birthweight and anaemia are from modelled estimates from the year 2012. For exclusive breastfeeding, the most recent country data point between 2005 and 2012 is displayed.

The latest estimates for stunting, overweight, low birthweight and anaemia refer to the most recent modelled estimates available. For exclusive breastfeeding, the most recent country data point between 2013 and 2024 is displayed.

Countries and areas	Infant and young child feeding among children under 2 years of age (%)														
	Early initiation of breast-feeding	Exclusively breastfed for the first 2 days after birth	Exclusively breastfed (0–5 months)			Children aged 6–23 months consuming									
			Baseline	Latest	Progress to 2030 targets**	Mixed milk feeding (0–5 months)	Introduction of solid, semi-solid or soft foods (6–8 months)	Continued breast-feeding (12–23 months)	Minimum meal frequency	≤2 food groups (severe food poverty)	3–4 food groups (moderate food poverty)	≥5 food groups (minimum dietary diversity)	Minimum acceptable diet	Egg and/or flesh foods consumption	Zero vegetable or fruit consumption
Afghanistan	48	62	–	63	On track	15	57	68	34	49	37	15	7	24	61
Albania	57	72	37	37	No progress	23	89	43	46	18	29	53	27	69	26
Algeria	33	40	25	29	No progress	21	88	37	46	17	44	39	19	53	26
Andorra	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Angola	48 x	85 x	–	37 x	Assessment not possible	8 x	79 x	67 x	31 x	30 x	41 x	29 x	12 x	61 x	36 x
Anguilla	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Antigua and Barbuda	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Argentina	57	–	32	–	Assessment not possible	36 x	97 x	39 x	64 x	–	–	–	–	–	–
Armenia	41 x	83 x	34	45 x	Some progress	9 x	90 x	29 x	62 x	14 x	49 x	36 x	22 x	52 x	22 x
Australia	–	–	–	–	–	–	–	20	–	–	–	–	–	–	–
Austria	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Azerbaijan	14	27	11	18	No progress	24	93	28	74	8	34	58	35	75	15
Bahamas	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Bahrain	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Bangladesh	37	70	64	53	No progress	22	76	90	65	21	41	38	30	62	46
Barbados	40 x	48 x	20	–	Assessment not possible	61 x	90 x	41 x	59 x	–	–	–	–	–	–
Belarus	24	41	19	22	No progress	14	96	17	93	1	29	70	57	93	3
Belgium	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Belize	68 x	79 x	15	33 x	On track	38 x	79 x	47 x	64 x	10 x	32 x	58 x	–	73 x	30 x
Benin	54	79	32	41	Some progress	5	77	69	32	36	42	22	9	47	48
Bhutan	82	91 x	49	53 x	Some progress	7 x	93 x	87	63 x	47 x	37 x	16 x	–	25 x	61 x
Bolivia (Plurinational State of)	63 x	67 x	64	56 x	Worsening	30 x	83 x	61 x	–	7 x	23 x	71 x	–	86 x	16 x
Bosnia and Herzegovina	42 x	74 x	18	–	Assessment not possible	23 x	76 x	12 x	71 x	–	–	–	–	–	–
Botswana	53	–	20	30	Some progress	15	73	15	–	–	–	–	–	–	–
Brazil	62	–	39	46	Some progress	20	86	44	–	8	28	63	–	71	21
British Virgin Islands	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Brunei Darussalam	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Bulgaria	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Burkina Faso	60	78	38	51	Some progress	5	52	81	38	32	49	19	11	31	33
Burundi	90	94 x	69	85	On track	7	76	87	39 x	18 x	64 x	19 x	10 x	25 x	9 x
Cabo Verde	71	–	60	42	Worsening	–	98	42	–	–	–	–	–	–	–
Cambodia	54	50	73	50	Worsening	13	88	40	82	14	38	49	42	83	29
Cameroon	48	62	20	39	Some progress	9	76	43	44	28	53	20	11	56	32
Canada	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Central African Republic	63	87	33	36	Some progress	4	77	73	11	19 x	54 x	27 x	9 x	38 x	22 x
Chad	47	31	3	7	Some progress	7	79	71	71	17	35	49	37	64	28
Chile	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
China	29 x	–	28	35	Some progress	61	83	22	72	10	29	61	43	76	9
Colombia	69 x	61 x	43	37 x	Worsening	33 x	90 x	42 x	60 x	7 x	24 x	69 x	42 x	81 x	15 x
Comoros	17	58	11	23	Some progress	32	82	59	28 x	35	49	16	5 x	54	56

Countries and areas	Infant and young child feeding among children under 2 years of age (%)														
	Early initiation of breast-feeding	Exclusively breastfed for the first 2 days after birth	Exclusively breastfed (0–5 months)			Children aged 6–23 months consuming									
			Baseline	Latest	Progress to 2030 targets**	Mixed milk feeding (0–5 months)	Introduction of solid, semi-solid or soft foods (6–8 months)	Continued breast-feeding (12–23 months)	Minimum meal frequency	≤2 food groups (severe food poverty)	3–4 food groups (moderate food poverty)	≥5 food groups (minimum dietary diversity)	Minimum acceptable diet	Egg and/or flesh foods consumption	Zero vegetable or fruit consumption
Congo	25 x	67 x	20	33 x	On track	19 x	84 x	32 x	29 x	35 x	52 x	14 x	4 x	48 x	51 x
Cook Islands	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Costa Rica	53	65	33	25	Worsening	31	99	46	76 x	3	21	76	–	81	10
Côte d'Ivoire	42	62	12	34	Some progress	14	45	59	29	31	41	28	11	57	41
Croatia	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Cuba	64	92	49	41	Worsening	24	94	25	76 x	9	33	58	54 x	83	22
Cyprus	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Czechia	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Democratic People's Republic of Korea	43	–	69	71	On track	–	78	–	–	–	–	47	–	–	–
Democratic Republic of the Congo	53	89	36	53	Some progress	6	82	70	34	33	52	14	8	47	28
Denmark	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Djibouti	52 x	–	12	–	Assessment not possible	–	–	–	–	–	–	–	–	–	–
Dominica	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Dominican Republic	42	40	8	16	Some progress	49	90	22	77 x	8	26	66	42 x	69	19
Ecuador	51	56	–	–	–	–	89	51	87	5	21	74	60	88	13
Egypt	33	37 x	53	40	Worsening	16 x	75	57	55	22	36	42	26	60	35
El Salvador	34	71 x	31	45	Some progress	30 x	90	67 x	87 x	5 x	22 x	55	65 x	68 x	16 x
Equatorial Guinea	–	–	7	–	Assessment not possible	25 x	–	31 x	–	–	–	–	–	–	–
Eritrea	93 x	–	69	–	Assessment not possible	–	44 x	86 x	–	–	–	–	–	–	–
Estonia	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Eswatini	47	79	44	54	Some progress	10	95	34	63	19	52	30	19	50	35
Ethiopia	72	84	52	59	Some progress	10	69	81	55	46	41	14	11	24	69
Fiji	63	88	–	43	Assessment not possible	25	95	46	69	8	33	59	41	73	12
Finland	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
France	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Gabon	70	50	5	19	Some progress	56	82	17	40	27	46	26	13	57	42
Gambia	36	78	33	54	Some progress	8	76	74	51	33	44	23	15	52	57
Georgia	33	52	55	20	Worsening	24	90	25	65	8	40	53	28	61	9
Germany	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Ghana	58	81	46	53	No progress	15	69	67	49	21	37	42	23	62	31
Greece	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Grenada	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Guatemala	53	62 x	50	59	Some progress	19 x	49	66	82 x	9 x	31 x	59 x	52 x	67 x	27 x
Guinea	26	59	20	44	Some progress	9	59	78	22	54	32	11	4	32	63
Guinea-Bissau	46	85	38	59	On track	3	64	75	35	53	39	8	3	35	69
Guyana	46	67	31	29	No progress	32	84	52	61 x	20	40	40	36 x	61	33
Haiti	48	61	39	40	No progress	22	93	56	39	32	49	19	11	36	55
Holy See	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Honduras	51	62	31	30	No progress	40	92	52	85 x	10	33	57	55 x	73	37
Hungary	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Iceland	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–

Countries and areas	Infant and young child feeding among children under 2 years of age (%)														
	Early initiation of breast-feeding	Exclusively breastfed for the first 2 days after birth	Exclusively breastfed (0–5 months)			Children aged 6–23 months consuming									
			Baseline	Latest	Progress to 2030 targets**	Mixed milk feeding (0–5 months)	Introduction of solid, semi-solid or soft foods (6–8 months)	Continued breast-feeding (12–23 months)	Minimum meal frequency	≤2 food groups (severe food poverty)	3–4 food groups (moderate food poverty)	≥5 food groups (minimum dietary diversity)	Minimum acceptable diet	Egg and/or flesh foods consumption	Zero vegetable or fruit consumption
India	41	81	46	64	On track	14	49	80	35	40	36	24	11	22	52
Indonesia	58	52	41	51	Some progress	20	86	67	71	12	34	54	40	71	18
Iran (Islamic Republic of)	81	–	53	47	Worsening	–	76 x	–	–	–	–	84	–	–	–
Iraq	32	43	19	26	Some progress	26	85	35	74	14	41	45	34	65	25
Ireland	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Israel	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Italy	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Jamaica	65 x	73 x	24	33	Some progress	39	86	43	61	9	39	51	33	72	25
Japan	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Jordan	34	38	23	24	No progress	34	81	24	60	20	38	42	27	62	33
Kazakhstan	83 x	83 x	32	38 x	Some progress	15 x	67 x	41 x	73 x	12 x	40 x	49 x	37 x	71 x	21 x
Kenya	60	83	32	60	Some progress	14	87	65	71	16	47	37	31	28	25
Kiribati	46	68	66	64	Worsening	10	90	61	74	35	56	9	8	58	51
Kuwait	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Kyrgyzstan	88	75	56	46	Worsening	19	88	50	78	9	25	66	51	79	15
Lao People's Democratic Republic	45	73	40	51	Some progress	9	78	43	69	21	43	40	26	79	36
Latvia	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Lebanon	59	44	–	23	No progress	35	60	27	–	30	44	26	–	38	36
Lesotho	67	78	53	61	No progress	15	88	40	58	31	54	15	9	32	38
Liberia	67	88	28	55	On track	8	45	68	22	43	49	9	3	50	56
Libya	29 x	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Liechtenstein	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Lithuania	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Luxembourg	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Madagascar	60	69	42	54	Some progress	4	90	79	65	24	50	26	20	44	29
Malawi	60	97	71	64	Worsening	3	88	83	37	26	57	17	9	36	26
Malaysia	–	–	–	40 x	Assessment not possible	–	–	–	–	–	–	–	–	–	–
Maldives	67	84	45	63	On track	16	97	73	68	6	23	71	50	72	15
Mali	46	73	20	40	Some progress	5	60	73	30	30	44	17	8	54	44
Malta	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Marshall Islands	61	–	27	43	Some progress	27	64	36	50	29	36	34	15	65	46
Mauritania	56	68	27	41	Some progress	27	55	67	23	38	42	20	8	34	55
Mauritius	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Mexico	39	69	14	36	Some progress	23	93	48	57	9 x	32 x	59 x	48 x	68 x	18 x
Micronesia (Federated States of)	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Monaco	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Mongolia	72	73	66	51	Worsening	25	90	64	66	10	51	45	28	86	38
Montenegro	45	55	19	20	No progress	18	95	22	87	8	26	66	48	78	11
Montserrat	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Morocco	43	32 x	28	35	Some progress	35 x	84 x	35 x	–	–	–	–	–	–	–

Countries and areas	Infant and young child feeding among children under 2 years of age (%)														
	Early initiation of breast-feeding	Exclusively breastfed for the first 2 days after birth	Exclusively breastfed (0–5 months)			Children aged 6–23 months consuming									
			Baseline	Latest	Progress to 2030 targets**	Mixed milk feeding (0–5 months)	Introduction of solid, semi-solid or soft foods (6–8 months)	Continued breast-feeding (12–23 months)	Minimum meal frequency	≤2 food groups (severe food poverty)	3–4 food groups (moderate food poverty)	≥5 food groups (minimum dietary diversity)	Minimum acceptable diet	Egg and/or flesh foods consumption	Zero vegetable or fruit consumption
Mozambique	77	92	40	56	Some progress	5	80	68	26	31	55	14	4	36	42
Myanmar	67 x	78 x	24	51 x	On track	8 x	75 x	79 x	57 x	35 x	44 x	21 x	16 x	59 x	56 x
Namibia	71 x	85 x	22	48 x	On track	13 x	80 x	47 x	38 x	41 x	35 x	25 x	12 x	64 x	52 x
Nauru	76 x	–	67	–	Assessment not possible	25	–	67 x	46	12	38	50	26	85	35
Nepal	55	59	70	56	Worsening	20	85	94	82	8	44	48	43	37	33
Netherlands (Kingdom of the)	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
New Zealand	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Nicaragua	54 x	–	32	–	Assessment not possible	40 x	93 x	53 x	–	–	–	–	–	–	–
Niger	71	50 x	23	25	No progress	7	88	79	63	32	54	13	11	11	45
Nigeria	36	47	15	29	Some progress	14	70	56	34	32	37	12	12	45	41
Niue	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
North Macedonia	10	29	23	28	No progress	23	97	30	80	11	35	54	43	63	13
Norway	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Oman	82	–	–	23	Worsening	–	95	–	–	–	–	–	–	–	–
Pakistan	20	23	37	48	Some progress	14	65	63	61	38	47	15	13	38	61
Palau	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Panama	55	66 x	–	22 x	Assessment not possible	41 x	83	41 x	60 x	–	–	–	–	–	–
Papua New Guinea	55	79	56	60	No progress	5	79	79	44	26	42	32	18	41	13
Paraguay	50 x	68 x	24	30 x	Some progress	29 x	87 x	33 x	71 x	6 x	42 x	52 x	38 x	74 x	17 x
Peru	48	55	67	70	On track	19	94	70	–	3	13	84	–	92	5
Philippines	54	73	33	41	Some progress	22	80	57	74	18	35	47	37	63	27
Poland	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Portugal	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Qatar	34 x	57 x	29	–	Assessment not possible	47 x	74 x	47 x	40 x	–	–	–	–	–	–
Republic of Korea	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Republic of Moldova	61 x	73 x	36	–	Assessment not possible	13 x	75 x	27 x	46 x	6 x	24 x	70 x	–	76 x	10 x
Romania	58 x	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Russian Federation	25 x	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Rwanda	85	95	84	81	On track	5	81	90	45	12	53	34	21	24	16
Saint Kitts and Nevis	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Saint Lucia	50 x	68 x	3	–	Assessment not possible	65 x	x	29 x	43 x	–	–	–	–	–	–
Saint Vincent and the Grenadines	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Samoa	53	84	51	52	No progress	10	83	50	46	23	57	20	12	53	25
San Marino	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Sao Tome and Principe	36	86	50	63	On track	5	80	46	58 x	22	45	32	22 x	67	32
Saudi Arabia	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Senegal	38	48	39	34	No progress	14	60	73	23	32	42	27	6	45	47
Serbia	8	35	13	24	Some progress	8	96	16	95	2	13	86	74	91	2
Seychelles	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Sierra Leone	88	87	31	51	Some progress	13	99	54	32	47	29	24	9	44	54
Singapore	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–

Countries and areas	Infant and young child feeding among children under 2 years of age (%)														
	Early initiation of breast-feeding	Exclusively breastfed for the first 2 days after birth	Exclusively breastfed (0–5 months)			Children aged 6–23 months consuming									
			Baseline	Latest	Progress to 2030 targets**	Mixed milk feeding (0–5 months)	Introduction of solid, semi-solid or soft foods (6–8 months)	Continued breast-feeding (12–23 months)	Minimum meal frequency	≤2 food groups (severe food poverty)	3–4 food groups (moderate food poverty)	≥5 food groups (minimum dietary diversity)	Minimum acceptable diet	Egg and/or flesh foods consumption	Zero vegetable or fruit consumption
Slovakia	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Slovenia	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Solomon Islands	79 x	–	74	76 x	On track	–	–	71 x	–	–	–	–	–	–	–
Somalia	60	–	5	34	Some progress	66 x	41	45	–	63	24	13	–	22	65
South Africa	67 x	71 x	–	32 x	Assessment not possible	17 x	83 x	34 x	43 x	23 x	37 x	40 x	19 x	61 x	37 x
South Sudan	51 x	–	45	–	Assessment not possible	16 x	42 x	62 x	10 x	–	–	–	–	–	–
Spain	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Sri Lanka	90 x	–	76	81 x	On track	8 x	94 x	90 x	–	5 x	17 x	78 x	–	78 x	11 x
State of Palestine	41	59	29	39	Some progress	30	90	29	71	13	42	45	31	66	28
Sudan	69 x	67 x	41	55 x	On track	11 x	61 x	73 x	41 x	34 x	42 x	24 x	14 x	39 x	67 x
Suriname	52	50	3	9	Some progress	40	81	23	52	23	48	28	16	46	30
Sweden	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Switzerland	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Syrian Arab Republic	36	–	43	29	Worsening	23 x	75	45 x	–	30	38	31	–	–	–
Tajikistan	41	83 x	33	41	Some progress	17	63	57	36	34	44	28	8	38	58
Thailand	29	73	12	29	Some progress	13	88	24	79	10	18	72	60	88	16
Timor-Leste	47	78 x	51	65	Some progress	12	73	49	56	30	30	40	26	50	34
Togo	48	85	62	64	No progress	4	76	80	61	31	51	19	14	61	48
Tokelau	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Tonga	39	75	52	40	Worsening	28	91	35	49	13	34	54	27	76	10
Trinidad and Tobago	48	57	21	31	Some progress	35	76	42	73	15	40	46	37	51	31
Tunisia	32	55	8	14	Some progress	40	97	30	85	8	28	63	54	77	20
Türkiye	71	60 x	42	41	No progress	–	85	53	–	–	–	–	–	–	–
Turkmenistan	68	96	11	57	On track	10	91	45	97	4	27	69	64	68	12
Turks and Caicos Islands	49	77	–	–p	–	–p	–p	16	68	22	22	56	29	68	35
Tuvalu	39	67	35	44	Some progress	27	97	29	–	14	57	29	18	80	44
Uganda	82	69	62	66 x	On track	11 x	72	63	63	24	62	10	7	30	54
Ukraine	66 x	81 x	20	–	Assessment not possible	25 x	75 x	31 x	55 x	–	–	–	–	–	–
United Arab Emirates	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
United Kingdom	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
United Republic of Tanzania	70	85 x	49	64	On track	7 x	89	72 x	33	22	59	19	8	44	40
United States	–	–	26	26	No progress	–	–	12	–	–	–	–	–	–	–
Uruguay	61	78 x	–	58	Assessment not possible	25	92	45	–	6	24	70	–	74	6
Uzbekistan	40	59	24	25	Some progress	29	86	65	69	11	33	56	39	61	15
Vanuatu	59	93	39	76	On track	11	69	55	23	26	49	25	9	49	16
Venezuela (Bolivarian Republic of)	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Viet Nam	24	37	17	45	Some progress	28	86	44	77	9	36	56	46	83	17
Yemen	53 x	30 x	–	10 x	Assessment not possible	42 x	69 x	63 x	57 x	27	50	23	15 x	35 x	66 x
Zambia	68	91	60	64	No progress	3	94	63	41	24	53	22	12	54	30

Infant and young child feeding among children under 2 years of age (%)															
Countries and areas	Early initiation of breast-feeding	Exclusively breastfed for the first 2 days after birth	Exclusively breastfed (0–5 months)			Children aged 6–23 months consuming									
			Baseline	Latest	Progress to 2030 targets**	Mixed milk feeding (0–5 months)	Introduction of solid, semi-solid or soft foods (6–8 months)	Continued breast-feeding (12–23 months)	Minimum meal frequency	≤2 food groups (severe food poverty)	3–4 food groups (moderate food poverty)	≥5 food groups (minimum dietary diversity)	Minimum acceptable diet	Egg and/or flesh foods consumption	Zero vegetable or fruit consumption
			2017–2024*	2005–2012*		2017–2024*	2017–2024*								
Zimbabwe	67	87	31	42	Some progress	4	90	50	68	25	58	25	11	40	28
SUMMARY															
East Asia and the Pacific	40 v	57 q	31	42		41	84	39	72	12	32	57	42	74	15
Europe and Central Asia	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Eastern Europe and Central Asia	53	–	31	35		–	85	53	–	–	–	–	–	–	–
Western Europe	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Latin America and the Caribbean	52	64 q	34	43		23	88	48	–	–	–	–	–	–	–
Middle East and North Africa	42	–	39	35		–	80	45	60	21	41	45	28	60	31
North America	–	–	26	26		–	–	12	–	–	–	–	–	–	–
South Asia	37	67	47	60		15	56	78	43	38	39	23	14	29	53
Sub-Saharan Africa	57	71	35	46		9	74	67	43	32	46	18	12	41	42
Eastern and Southern Africa	70	83	48	59		8	78	71	51	31	50	19	13	33	47
West and Central Africa	47	64	24	38		10	72	64	37	32	43	18	12	46	38
World	46 v	67	37	48		19	71	61	51	28	39	32	20	46	39

DEFINITIONS OF THE INDICATORS

Early initiation of breastfeeding:

Percentage of children born in the last 24 months who were put to the breast within one hour of birth.

Exclusively breastfed for the first two days after birth:

Percentage of children born in the last 24 months who were fed exclusively with breast milk for the first two days after birth. Note that estimates currently available and presented here cover the first three days after birth rather than the first two days.

Exclusive breastfeeding (0–5 months):

Percentage of infants 0–5 months of age who were fed exclusively with breast milk during the previous day.

Mixed milk feeding (0–5 months):

Percentage of infants 0–5 months of age who were fed formula and/or animal milk in addition to breast milk during the previous day.

Continued breastfeeding (12–23 months):

Percentage of children 12–23 months of age who were fed breast milk during the previous day.

Introduction of solid, semi-solid or soft foods (6–8 months):

Percentage of infants 6–8 months of age who consumed solid, semisolid or soft foods during the previous day.

Minimum dietary diversity (6–23 months):

Percentage of children 6–23 months of age who consumed foods and beverages from at least five out of eight defined food groups during the previous day.

Severe food poverty (6–23 months):

Percentage of children 6–23 months of age who consumed foods and beverages from less than or equal to two out of eight defined food groups during the previous day.

Moderate food poverty (6–23 months):

Percentage of children 6–23 months of age who consumed foods and beverages from three or four out of eight defined food groups during the previous day.

Minimum meal frequency (6–23 months):

Percentage of children 6–23 months of age who consumed solid, semi-solid or soft foods (but also including milk feeds for non-breastfed children) at least the minimum number of times during the previous day.

Minimum acceptable diet (6–23 months):

Percentage of children 6–23 months of age who consumed a minimum acceptable diet during the previous day.

Egg and/or flesh food consumption (6–23 months):

Percentage of children 6–23 months of age who consumed egg and/or flesh food during the previous day.

Zero vegetable or fruit consumption (6–23 months):

Percentage of children 6–23 months of age who did not consume any vegetables or fruits during the previous day.

MAIN DATA SOURCES

Infant and young child feeding (0–23 months): UNICEF Global Infant and Young Child Feeding database based on DHS, MICS and other national household surveys. Last update: December 2024

LEGEND FOR FOOTNOTES IN THE TABLE

– Data not available.

p Based on small denominators (typically fewer than 25 unweighted cases). No data based on fewer than 25 unweighted cases are displayed.

q Regional estimates for East Asia and the Pacific exclude China.

v Aggregated estimates for East Asia and the Pacific and the World include estimates for China from the year 2013, which is outside of the year range 2017–2024.

x Data refer to years or periods other than those specified in the column heading. Such data are not included in the calculation of regional and global averages. Estimates from data years prior to 2000 are not displayed.

***** Data refer to the most recent year available during the period specified in the column heading.

****** Progress to 2030 targets are shown for all six World Health Assembly Global Nutrition Targets for stunting, wasting, overweight, low birthweight, exclusive breastfeeding and anaemia. Progress was assessed using the 2030 targets proposed as an extension of the 2025 Global Nutrition Targets. For further information, see: World Health Organization and United Nations Children's Fund, WHO/UNICEF discussion paper: The extension of the 2025 maternal, infant and young child nutrition targets to 2030, WHO and UNICEF, Geneva and New York, 2017, <<https://www.who.int/nutrition/global-target-2025/discussion-paper-extension-targets-2030.pdf>>. The baseline values for stunting, overweight, low birthweight and anaemia are from modelled estimates from the year 2012. For exclusive breastfeeding, the most recent country data point between 2005 and 2012 is displayed. The latest estimates for stunting, overweight, low birthweight and anaemia refer to the most recent modelled estimates available. For exclusive breastfeeding, the most recent country data point between 2013 and 2024 is displayed.

Nutrition of school-age children, adolescents and women

Countries and areas	Weight at birth			Malnutrition among school-age children (5–19 years)			Malnutrition among women					Households	
	Modelled estimates			Survey estimates	Modelled estimates			Modelled estimates					Survey estimates
	Low birthweight (%)			Unweighed at birth (%)	Thinness (%)	Overweight (%)	Underweight 18+ years (%)	Overweight 18+ years (%)	Anaemia 15–49 years (%)			Households consuming salt with iodine (%)	
	Baseline	Latest	Progress to 2030 targets **						Baseline	Latest	Progress to 2030 targets**		
	2012	2020		2015–2021*	2022	2022	2022	2022	2012	2023		2016–2022*	
Afghanistan	–	–	–	86	8	22	7	49	37	45	Worsening	57 x	
Albania	6	6	No progress	3	3	23	2	64	20	25	Worsening	65	
Algeria	7	7	No progress	10	4	32	4	66	30	32	No progress	89	
Andorra	9	9	No progress	–	3	29	3	45	13	16	Worsening	–	
Angola	16	16	No progress	46	7	13	9	39	45	44	No progress	82 x	
Anguilla	–	–	–	–	–	–	–	–	–	–	–	–	
Antigua and Barbuda	15	15	No progress	–	3	45	4	72	18	20	Worsening	–	
Argentina	7	7	No progress	6	2	41	2	66	20	24	Worsening	–	
Armenia	8	8	No progress	0	4	25	3	65	19	19	No progress	99 x	
Australia	6	7	No progress	1	2	36	2	61	7	11	Worsening	–	
Austria	7	6	Some progress	0	2	28	3	39	13	17	Worsening	–	
Azerbaijan	11	11	No progress	1	5	25	3	67	36	36	No progress	93 x	
Bahamas	15	15	No progress	–	4	50	3	82	16	19	Worsening	–	
Bahrain	12	12	Worsening	–	5	41	3	74	40	38	No progress	–	
Bangladesh	24	23	Some progress	49	16	8	11	34	35	38	Worsening	76	
Barbados	–	–	–	2	5	42	3	76	18	20	Worsening	37 x	
Belarus	5	5	No progress	6	3	22	3	61	18	22	Worsening	–	
Belgium	7	7	No progress	1	2	21	2	53	11	15	Worsening	–	
Belize	11	12	No progress	2	3	44	2	79	18	21	Worsening	85 x	
Benin	17	16	Some progress	40	6	14	7	34	50	50	No progress	83	
Bhutan	12	11	No progress	28 x	5	18	3	53	28	34	Worsening	98 xy	
Bolivia (Plurinational State of)	8	8	Some progress	8	1	40	2	68	26	25	No progress	86 x	
Bosnia and Herzegovina	5	5	No progress	2	4	32	3	56	22	26	Worsening	–	
Botswana	17	17	No progress	54 x	9	16	9	53	27	31	Worsening	83 x	
Brazil	8	9	Worsening	2	3	36	3	66	22	21	No progress	98 x	
British Virgin Islands	–	–	–	–	–	–	–	–	–	–	–	–	
Brunei Darussalam	13	14	No progress	–	4	42	3	71	15	18	Worsening	–	
Bulgaria	11	11	No progress	–	4	29	4	53	22	26	Worsening	92 xy	
Burkina Faso	19	18	No progress	36 x	11	7	12	25	47	44	Some progress	89	
Burundi	15	15	No progress	20	8	8	18	12	27	39	Worsening	89 x	
Cabo Verde	–	–	–	–	9	13	6	55	43	41	No progress	92 bx	
Cambodia	13	11	Some progress	9 x	8	15	11	29	40	38	No progress	68 x	
Cameroon	13	13	No progress	36	5	17	6	45	37	39	No progress	91	
Canada	6	7	Worsening	3	2	28	3	57	8	14	Worsening	–	
Central African Republic	16	16	No progress	37	8	15	20	26	44	43	No progress	76	
Chad	–	–	–	88	10	11	16	18	50	47	Some progress	65	
Chile	6	7	Worsening	6	1	58	1	80	10	16	Worsening	–	
China	5	5	No progress	0	4	23	5	34	16	16	No progress	97 y	
Colombia	10	11	Worsening	18	2	28	3	64	18	22	Worsening	–	
Comoros	24	23	Some progress	32	6	14	6	54	26	30	Worsening	82 x	
Congo	12	12	No progress	10	7	11	11	32	51	47	Some progress	91 x	
Cook Islands	10	10	No progress	–	1	62	1	90	21	24	Worsening	–	
Costa Rica	9	9	No progress	2	3	34	2	74	10	14	Worsening	–	

Countries and areas	Weight at birth			Malnutrition among school-age children (5–19 years)			Malnutrition among women					Households	
	Modelled estimates			Survey estimates	Modelled estimates			Modelled estimates					Survey estimates
	Low birthweight (%)			Unweighed at birth (%)	Thinness (%)	Overweight (%)	Underweight 18+ years (%)	Overweight 18+ years (%)	Anaemia 15–49 years (%)			Households consuming salt with iodine (%)	
	Baseline	Latest	Progress to 2030 targets**						Baseline	Latest	Progress to 2030 targets**		
	2012	2020		2015–2021*	2022	2022	2022	2022	2012	2023		2016–2022*	
Côte d'Ivoire	19	18	Some progress	27	7	16	7	38	50	51	No progress	88	
Croatia	5	5	No progress	0	2	27	2	66	20	23	Worsening	–	
Cuba	7	7	No progress	6	6	37	4	61	19	22	Worsening	90	
Cyprus	–	–	–	–	3	33	3	50	13	16	Worsening	–	
Czechia	7	8	No progress	0	3	17	2	61	21	25	Worsening	–	
Democratic People's Republic of Korea	–	–	–	0	9	21	9	42	28	28	No progress	38	
Democratic Republic of the Congo	11	10	Some progress	27	7	15	12	26	44	40	Some progress	85	
Denmark	5	5	On track	0	3	19	3	39	13	17	Worsening	–	
Djibouti	–	–	–	15 x	7	11	11	37	27	32	Worsening	4 x	
Dominica	–	–	–	–	4	37	3	76	19	22	Worsening	–	
Dominican Republic	12	13	Worsening	4	5	33	5	69	19	22	Worsening	32 x	
Ecuador	11	11	No progress	34	3	34	1	69	18	20	Worsening	–	
Egypt	–	–	–	39	3	42	1	81	29	33	Worsening	93 xy	
El Salvador	10	10	No progress	7	3	29	3	70	10	14	Worsening	–	
Equatorial Guinea	–	–	–	30 x	8	15	3	57	43	41	No progress	57 x	
Eritrea	15	15	No progress	65 x	12	11	34	18	32	36	Worsening	86 x	
Estonia	4	4	On track	6	2	28	2	58	21	25	Worsening	–	
Eswatini	11	10	No progress	9	4	19	3	71	24	28	Worsening	90 x	
Ethiopia	–	–	–	87	15	6	21	14	18	23	Worsening	99 y	
Fiji	7	7	No progress	1	4	31	3	72	29	30	No progress	–	
Finland	4	4	On track	0	2	31	2	57	9	14	Worsening	–	
France	8	7	No progress	0	4	17	5	32	8	13	Worsening	–	
Gabon	15	15	No progress	9	6	17	6	57	60	60	No progress	90 x	
Gambia	14	13	No progress	17	10	13	11	43	53	46	Some progress	67	
Georgia	7	7	Worsening	0 x	3	27	3	71	30	30	No progress	98 x	
Germany	7	7	No progress	0	2	25	2	52	9	14	Worsening	–	
Ghana	15	14	No progress	36	8	17	6	48	41	36	Some progress	73	
Greece	11	11	Worsening	–	1	34	2	65	12	16	Worsening	–	
Grenada	–	–	–	–	4	38	3	71	18	21	Worsening	–	
Guatemala	14	14	No progress	6	2	23	2	65	9	11	Worsening	88 x	
Guinea	–	–	–	52	8	13	9	32	46	46	No progress	53	
Guinea-Bissau	22	20	Some progress	49	8	13	9	36	46	46	No progress	33	
Guyana	17	17	No progress	12	8	28	7	66	37	38	No progress	43 x	
Haiti	–	–	–	68	4	26	10	37	42	46	Worsening	8	
Holy See	–	–	–	–	–	–	–	–	–	–	–	–	
Honduras	13	13	Worsening	12	3	32	3	68	14	19	Worsening	88	
Hungary	8	8	No progress	0	3	32	3	62	20	24	Worsening	–	
Iceland	4	4	On track	1	2	24	3	51	11	15	Worsening	–	
India	29	27	Some progress	9	21	10	15	31	50	54	Worsening	94	
Indonesia	11	10	Some progress	6	9	24	7	49	29	27	Some progress	92 bx	
Iran (Islamic Republic of)	–	–	–	–	10	30	4	67	21	26	Worsening	–	
Iraq	11	11	No progress	29	4	39	2	75	27	27	No progress	68	
Ireland	5	6	No progress	2	1	26	1	64	12	14	Worsening	–	
Israel	9	9	Some progress	–	3	23	5	51	12	15	Worsening	–	
Italy	7	7	No progress	2	2	27	3	52	12	16	Worsening	–	

Countries and areas	Weight at birth			Malnutrition among school-age children (5–19 years)			Malnutrition among women					Households	
	Modelled estimates			Survey estimates	Modelled estimates			Modelled estimates					Survey estimates
	Low birthweight (%)			Unweighed at birth (%)	Thinness (%)	Overweight (%)	Underweight 18+ years (%)	Overweight 18+ years (%)	Anaemia 15–49 years (%)			Households consuming salt with iodine (%)	
	Baseline	Latest	Progress to 2030 targets**						Baseline	Latest	Progress to 2030 targets**		
	2012	2020		2015–2021*	2022	2022	2022	2022	2012	2023		2016–2022*	
Jamaica	14	14	Some progress	5	3	33	3	75	18	22	Worsening	–	
Japan	11	11	No progress	0	2	16	13	20	20	19	Some progress	–	
Jordan	17	19	Worsening	3	4	40	3	70	29	33	Worsening	88 bx	
Kazakhstan	6	5	Some progress	1	5	20	4	52	29	31	No progress	94 x	
Kenya	11	10	Some progress	35	8	10	8	43	27	32	Worsening	95	
Kiribati	9	9	No progress	7	1	44	1	83	25	27	Worsening	77	
Kuwait	12	14	Worsening	–	3	47	1	82	26	28	No progress	–	
Kyrgyzstan	6	6	Some progress	1	4	12	4	57	34	33	No progress	99	
Lao People's Democratic Republic	17	17	No progress	33	7	17	9	33	31	29	Some progress	94	
Latvia	5	4	On track	0	2	22	3	63	19	21	Worsening	–	
Lebanon	12	13	No progress	–	2	42	3	62	29	34	Worsening	95 x	
Lesotho	15	14	No progress	8	5	13	3	56	24	34	Worsening	85 x	
Liberia	20	20	No progress	71	6	17	5	44	41	43	No progress	87	
Libya	–	–	–	–	5	35	4	72	28	29	No progress	70 bx	
Liechtenstein	–	–	–	–	–	–	–	–	–	–	–	–	
Lithuania	5	4	On track	15	3	21	2	63	20	24	Worsening	–	
Luxembourg	8	8	No progress	2	2	22	3	47	12	15	Worsening	–	
Madagascar	19	19	Some progress	63	7	7	19	16	32	37	Worsening	68 x	
Malawi	16	16	No progress	6	3	9	6	29	26	32	Worsening	80	
Malaysia	13	14	Worsening	–	8	33	5	58	33	31	Some progress	28 xy	
Maldives	14	14	No progress	2	12	32	5	60	44	43	No progress	97 x	
Mali	–	–	–	65	10	16	9	33	54	57	No progress	76 y	
Malta	7	7	No progress	2	2	28	2	62	12	16	Worsening	–	
Marshall Islands	–	–	–	10	3	37	2	79	22	24	Worsening	–	
Mauritania	–	–	–	84	10	22	6	62	53	55	No progress	25 y	
Mauritius	19	19	No progress	–	9	30	6	57	21	33	Worsening	–	
Mexico	10	10	No progress	2	2	39	2	76	10	13	Worsening	–	
Micronesia (Federated States of)	–	–	–	–	1	43	2	77	18	22	Worsening	–	
Monaco	7	7	Some progress	–	–	–	–	–	12	16	Worsening	–	
Mongolia	6	5	On track	1	4	18	3	61	20	19	Some progress	75	
Montenegro	6	6	No progress	2	2	27	2	49	21	26	Worsening	–	
Montserrat	–	–	–	–	–	–	–	–	–	–	–	–	
Morocco	16	15	Some progress	3	4	21	4	65	29	30	No progress	43 x	
Mozambique	18	18	No progress	49 x	5	10	9	31	45	47	No progress	63	
Myanmar	13	12	No progress	55	11	17	12	33	36	40	Worsening	85 y	
Namibia	16	16	No progress	15	10	14	11	43	19	25	Worsening	74 x	
Nauru	–	–	–	4 x	1	57	0	88	19	23	Worsening	–	
Nepal	21	20	Some progress	23	11	9	10	33	32	33	No progress	97	
Netherlands (Kingdom of the)	6	6	Some progress	5	1	18	2	46	12	17	Worsening	–	
New Zealand	6	6	No progress	8	1	40	2	65	10	12	Worsening	–	
Nicaragua	–	–	–	8	–	–	–	–	–	–	–	–	
Niger	–	–	–	64	16	10	19	21	44	47	Worsening	59 x	

Countries and areas	Weight at birth			Malnutrition among school-age children (5–19 years)			Malnutrition among women					Households	
	Modelled estimates			Survey estimates	Modelled estimates			Modelled estimates					Survey estimates
	Low birthweight (%)			Unweighed at birth (%)	Thinness (%)	Overweight (%)	Underweight 18+ years (%)	Overweight 18+ years (%)	Anaemia 15–49 years (%)			Households consuming salt with iodine (%)	
	Baseline	Latest	Progress to 2030 targets**						Baseline	Latest	Progress to 2030 targets**		
	2012	2020		2015–2021*	2022	2022	2022	2022	2012	2023		2016–2022*	
Nigeria	–	–	–	77	14	10	10	37	44	38	Some progress	94	
Niue	–	–	–	–	1	63	1	89	21	24	Worsening	–	
North Macedonia	8	8	No progress	0	4	27	4	61	17	22	Worsening	–	
Norway	5	4	On track	0	1	23	2	51	13	16	Worsening	–	
Oman	13	13	No progress	–	6	39	6	69	34	34	No progress	88 x	
Pakistan	–	–	–	89	16	19	9	54	45	47	No progress	80	
Palau	14	14	No progress	–	2	48	2	74	23	26	Worsening	–	
Panama	11	10	Some progress	9	2	38	2	76	23	26	Worsening	–	
Papua New Guinea	19	19	No progress	51	2	36	4	57	25	29	Worsening	60 x	
Paraguay	10	10	No progress	2	2	34	3	70	19	23	Worsening	92 y	
Peru	8	7	Some progress	3	1	41	1	70	18	21	Worsening	91	
Philippines	21	21	No progress	17	10	15	10	37	19	12	On track	57 y	
Poland	6	6	Some progress	5	3	23	3	60	20	23	Worsening	–	
Portugal	8	9	Worsening	0	2	21	2	59	12	15	Worsening	–	
Qatar	10	10	No progress	–	6	47	3	78	25	24	Some progress	99 xy	
Republic of Korea	6	7	Worsening	8	2	34	6	29	14	16	Worsening	–	
Republic of Moldova	7	6	No progress	1	3	18	3	60	25	29	Worsening	58 x	
Romania	9	9	Some progress	–	5	23	3	65	21	24	Worsening	–	
Russian Federation	7	7	No progress	–	3	20	3	61	20	24	Worsening	–	
Rwanda	9	9	No progress	10	5	10	6	28	14	16	Worsening	91 x	
Saint Kitts and Nevis	–	–	–	–	4	42	2	83	17	19	Worsening	–	
Saint Lucia	16	16	No progress	1	4	37	3	77	16	20	Worsening	75 x	
Saint Vincent and the Grenadines	–	–	–	–	3	36	4	76	17	19	Worsening	–	
Samoa	–	–	–	54	1	50	1	92	19	22	Worsening	96	
San Marino	4	4	On track	–	–	–	–	–	12	16	Worsening	–	
Sao Tome and Principe	11	11	Worsening	3	5	15	7	50	41	40	No progress	89	
Saudi Arabia	–	–	–	–	9	41	5	72	19	18	Some progress	70 xy	
Senegal	19	17	Some progress	36	16	8	18	36	50	43	Some progress	65	
Serbia	6	6	No progress	0	2	31	4	51	21	25	Worsening	–	
Seychelles	12	12	No progress	–	6	34	2	72	22	26	Worsening	–	
Sierra Leone	11	10	Some progress	35	3	12	7	31	46	45	No progress	82	
Singapore	11	11	No progress	–	3	36	9	36	13	17	Worsening	–	
Slovakia	8	8	Worsening	0	4	26	3	57	22	25	Worsening	–	
Slovenia	6	6	No progress	3	2	29	3	51	21	26	Worsening	–	
Solomon Islands	13	13	No progress	14	2	22	2	60	30	33	Worsening	88 x	
Somalia	–	–	–	92	7	11	13	45	42	46	Worsening	7 x	
South Africa	17	17	No progress	12	3	21	2	71	26	31	Worsening	91 x	
South Sudan	–	–	–	–	7	13	19	29	29	35	Worsening	60 x	
Spain	10	10	No progress	10	1	31	3	48	12	16	Worsening	–	
Sri Lanka	18	18	No progress	4	17	17	11	46	26	21	Some progress	92 x	
State of Palestine	10	10	Worsening	1	4	31	3	68	24	25	No progress	96	
Sudan	–	–	–	90	14	14	15	42	32	34	No progress	34 x	
Suriname	16	16	Worsening	16	5	36	6	67	19	22	Worsening	–	
Sweden	4	4	On track	0	2	27	2	46	13	17	Worsening	–	

Countries and areas	Weight at birth			Malnutrition among school-age children (5–19 years)			Malnutrition among women					Households
	Modelled estimates		Survey estimates	Modelled estimates			Modelled estimates					Survey estimates
	Low birthweight (%)			Unweighed at birth (%)	Thinness (%)	Overweight (%)	Underweight 18+ years (%)	Overweight 18+ years (%)	Anaemia 15–49 years (%)			Households consuming salt with iodine (%)
	Baseline	Latest	Progress to 2030 targets**						Baseline	Latest	Progress to 2030 targets**	
	2012	2020		2015–2021*	2022	2022	2022	2022	2012	2023		2016–2022*
Switzerland	6	6	No progress	1	2	22	5	33	12	17	Worsening	–
Syrian Arab Republic	–	–	–	53 x	5	36	3	69	29	31	Worsening	72 y
Tajikistan	9	9	Some progress	9	8	9	5	53	36	37	No progress	91
Thailand	11	10	No progress	2	8	26	5	50	23	21	Some progress	84
Timor-Leste	17	18	Worsening	47	17	4	25	16	28	30	No progress	84 x
Togo	15	14	Some progress	30	5	12	8	38	42	42	No progress	81
Tokelau	–	–	–	–	1	57	1	91	–	–	–	–
Tonga	–	–	–	17	1	57	0	93	18	21	Worsening	53
Trinidad and Tobago	16	16	No progress	10 x	9	38	7	64	19	22	Worsening	63 x
Tunisia	8	8	No progress	1	5	27	3	66	27	28	No progress	–
Türkiye	14	13	Some progress	4	2	33	3	72	29	29	No progress	85 x
Turkmenistan	5	4	On track	1	5	16	3	53	34	35	No progress	100 x
Turks and Caicos Islands	–	–	–	–	–	–	–	–	–	–	–	70
Tuvalu	–	–	–	1	2	52	1	88	20	23	Worsening	85
Uganda	–	–	–	34	7	12	11	29	24	27	Worsening	91 x
Ukraine	6	6	Some progress	3	6	17	2	64	13	19	Worsening	36 x
United Arab Emirates	14	14	No progress	–	3	45	2	70	28	28	No progress	–
United Kingdom	7	7	Some progress	2	2	30	2	61	11	14	Worsening	–
United Republic of Tanzania	11	10	Some progress	37	8	8	9	39	37	39	No progress	80
United States	8	8	No progress	2	1	42	2	72	11	15	Worsening	–
Uruguay	8	8	No progress	0	1	40	2	68	20	25	Worsening	–
Uzbekistan	6	6	No progress	4	4	20	2	63	33	30	Some progress	82 x
Vanuatu	13	13	No progress	10	2	31	3	55	26	30	Worsening	63 x
Venezuela (Bolivarian Republic of)	9	9	No progress	–	3	36	5	55	19	25	Worsening	–
Viet Nam	8	6	On track	3	10	18	12	19	19	21	Worsening	61 x
Yemen	–	–	–	92	15	21	16	38	35	36	No progress	49 x
Zambia	12	11	Some progress	20	4	14	8	36	27	27	No progress	88 x
Zimbabwe	12	12	No progress	12	6	10	5	44	26	28	Worsening	84
SUMMARY												
East Asia and the Pacific	8	9		7	6	22	7	36	19	19		92
Europe and Central Asia	8	8		3	3	24	3	56	18	21		–
Eastern Europe and Central Asia	8	8		3	4	23	3	63	24	27		–
Western Europe	7	7		2	2	25	3	51	12	16		–
Latin America and the Caribbean	9	10		8	2	36	3	68	18	20		–
Middle East and North Africa	13	13		34	6	35	4	69	27	29		–
North America	8	8		2	1	41	2	70	10	15		–
South Asia	27	25		31	19	12	13	35	47	50		90
Sub-Saharan Africa	15	14		53	10	11	11	35	36	37		87
Eastern and Southern Africa	15	14		51	9	10	12	36	28	32		89
West and Central Africa	14	13		55	11	12	10	35	45	42		85
World	15	15		29	10	20	7	45	28	31		90

DEFINITIONS OF THE INDICATORS

Low birthweight: Percentage of infants weighing less than 2,500 grams at birth.

Unweighed at birth: Percentage of births without a birthweight in the data source. Note that (i) estimates from household surveys include live births among women age 15–49 years in the survey reference period (e.g., last 2 years) for which a birthweight was not available from an official document (e.g., health card) or could not be recalled by the respondent at the time of interview and may have been recalculated to count birthweights <250 g and >5,500 g as missing; and (ii) estimates from administrative sources (e.g., medical birth registries) were calculated using numerator data from the country administrative source and denominator data were calculated using the number of annual births according to the United Nations Population Division World Population Prospects, 2022 edition. These estimates include unweighed births and weighed births not recorded in the system.

Thinness (school-age children and adolescents)

Percentage of children aged 5–19 years with body mass index (BMI)-for-age less than minus two standard deviations of the median according to the WHO growth reference for school-age children and adolescents.

Overweight (school-age children and adolescents)

Percentage of children aged 5–19 years with BMI-for-age greater than one standard deviation of the median according to the WHO growth reference for school-age children and adolescents.

Underweight (women 18+): Percentage of women 18+ years of age with a BMI less than 18.5 kg/m².

Overweight (women 18+): Percentage of women 18+ years of age with a BMI greater than or equal to 25 kg/m².

Anaemia (women 15–49 years): Percentage of women aged 15–49 years with a haemoglobin concentration less than 120 g/L for non-pregnant women and lactating women, and less than 110 g/L for pregnant women, adjusted for altitude and smoking.

Households consuming salt with iodine:

Percentage of households consuming salt with any iodine (>0 ppm).

MAIN DATA SOURCES

Low birthweight: Modelled estimates from UNICEF and WHO. Last update: July 2023.

Unweighed at birth: Demographic and Health Surveys (DHS), Multiple Indicator Cluster Surveys (MICS), other national household surveys, and data from routine reporting systems. Last update: November 2022

Thinness and overweight (school-age children and adolescents), underweight and overweight (women 18+): NCD Risk Factor Collaboration (NCD-RisC), 'Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population-representative studies with 222 million children, adolescents and adults', *Lancet*, vol. 403, no. 10431, March 2024, pp. 1027–1050.

Anaemia (women aged 15–49 years): Global Health Observatory, WHO. Last update: April 2025

Iodized salt consumption: DHS, MICS, other national household surveys, and school-based surveys. Last update: June 2024

LEGEND FOR FOOTNOTES

– Data not available.

b Cannot be confirmed whether the reported value includes households without salt or not.

x Data refer to years or periods other than those specified in the column heading. Such data are not included in the calculation of regional and global averages. Estimates from data years prior to 2000 are not displayed.

y Data differ from the standard definition; if they fall within the noted reference period, such data are included in the calculation of regional and global averages.

***** Data refer to the most recent year available during the period specified in the column heading.

****** Progress to 2030 targets are shown for all six World Health Assembly Global Nutrition Targets for stunting, wasting, overweight, low birthweight, exclusive breastfeeding and anaemia. Progress was assessed using the 2030 targets proposed as an extension of the 2025 global nutrition targets. For further information, see: World Health Organization and United Nations Children's Fund, *WHO/UNICEF discussion paper: The extension of the 2025 maternal, infant and young child nutrition targets to 2030*, WHO and UNICEF, Geneva and New York, 2017, <<https://www.who.int/nutrition/global-target-2025/discussion-paper-extension-targets-2030.pdf>>. The baseline values for stunting, overweight, low birthweight and anaemia are from modelled estimates from the year 2012. For exclusive breastfeeding, the most recent country data point between 2005 and 2012 is displayed. The latest estimates for stunting, overweight, low birthweight and anaemia refer to the most recent modelled estimates available. For exclusive breastfeeding, the most recent country data point between 2013 and 2024 is displayed.

Nutrition and care for children with wasting and micronutrient supplementation

Countries and areas	Treatment of wasting				Micronutrient supplementation			
	Total number of children 6–59 months screened for wasting**	Total number of children 6–59 months with wasting admitted for treatment**	Percentage of children 6–59 months admitted for treatment and discharged as recovered**	Footnote	Number of children aged 6–59 months who received multiple micronutrient powders**	Footnote	Percentage of children aged 6–59 months who received two high-dose vitamin A supplements in the calendar year	Footnote
	2024	2024	2024		2024		2023	
Afghanistan	9,919,445	628,307	87		3,351,921		99	
Albania	–	–	–		–		–	
Algeria	–	–	–		–		–	
Andorra	–	–	–		–		–	
Angola	–	–	–	aa	–	aa	–	aa
Anguilla	–	–	–		–		–	
Antigua and Barbuda	–	–	–		–		–	
Argentina	–	–	–		–		–	
Armenia	–	–	–		–		–	
Australia	–	–	–		–		–	
Austria	–	–	–		–		–	
Azerbaijan	–	–	–		–		–	
Bahamas	–	–	–		–		–	
Bahrain	–	–	–		–		–	
Bangladesh	5,708,328	18,631	–		–		99	
Barbados	–	–	–		–		–	
Belarus	–	–	–		–		–	
Belgium	–	–	–		–		–	
Belize	34,199	–	–		–		–	
Benin	89,037	35,253	92		–		7	
Bhutan	–	–	–		17,952		–	
Bolivia (Plurinational State of)	–	–	–		487,770		28	
Bosnia and Herzegovina	–	–	–		–		–	
Botswana	–	–	–		–		–	
Brazil	–	–	–		–		–	
British Virgin Islands	–	–	–		–		–	
Brunei Darussalam	–	–	–		–		–	
Bulgaria	–	–	–		–		–	
Burkina Faso	5,797,795	147,934	93		266,947		99	
Burundi	3,926,491	50,268	–		254,000		77	
Cabo Verde	–	–	–		–		–	
Cambodia	536,503	6,103	80		–		–	aa
Cameroon	455,794	85,243	89		117,074		94	
Canada	–	–	–		–		–	
Central African Republic	295,579	86,319	86		–		76	
Chad	312,833	458,217	96		–		95	
Chile	–	–	–		–		–	
China	–	–	–		–	aa	–	
Colombia	–	5,738	–		–		–	
Comoros	–	–	–		–		–	aa
Congo	27,577	11,349	44		–		6	
Cook Islands	–	–	–		–		–	
Costa Rica	–	–	–		–		–	
Côte d'Ivoire	–	53,690	–		14,282		85	
Croatia	–	–	–		–		–	
Cuba	–	–	–		–	aa	–	
Cyprus	–	–	–		–		–	
Czechia	–	–	–		–		–	

Countries and areas	Treatment of wasting				Micronutrient supplementation			
	Total number of children 6–59 months screened for wasting**	Total number of children 6–59 months with wasting admitted for treatment**	Percentage of children 6–59 months admitted for treatment and discharged as recovered**	Footnote	Number of children aged 6–59 months who received multiple micronutrient powders**	Footnote	Percentage of children aged 6–59 months who received two high-dose vitamin A supplements in the calendar year	Footnote
	2024	2024	2024		2024		2023	
Democratic People's Republic of Korea	–	17,218	98		56,616		77	
Democratic Republic of the Congo	8,433,405	596,238	97		1,356,612		91	
Denmark	–	–	–		–		–	
Djibouti	–	–	–		–		–	
Dominica	–	–	–		–		–	
Dominican Republic	24,265	1,020	–		–		–	
Ecuador	1,921,862	–	–		–		–	
Egypt	78,307	–	–		–		–	
El Salvador	–	–	–		–		–	
Equatorial Guinea	32,642	–	–		–		8	
Eritrea	–	–	–	aa	–		–	aa
Estonia	–	–	–		–		–	
Eswatini	–	–	–	aa	–		–	
Ethiopia	10,722,014	671,027	96		–		77	
Fiji	–	–	–		–		–	
Finland	–	–	–		–		–	
France	–	–	–		–		–	
Gabon	–	–	–		–		0	
Gambia	–	3,986	88		11,226		28	
Georgia	–	–	–		–		–	
Germany	–	–	–		–		–	
Ghana	16,133	10,909	76		4,162		44	
Greece	–	–	–		–		–	
Grenada	–	–	–		–		–	
Guatemala	1,872	1,251	–		1,098,475		–	
Guinea	844,706	30,451	–		10,125		85	
Guinea-Bissau	1,751	1,011	85		–		73	
Guyana	–	–	–		–		–	
Haiti	458,537	48,285	79		54,401		–	
Holy See	–	–	–		–		–	
Honduras	232,364	353	76		20,082		–	
Hungary	–	–	–		–		–	
Iceland	–	–	–		–		–	
India	–	–	–	aa	–		–	aa
Indonesia	–	–	–	aa	–	aa	–	
Iran (Islamic Republic of)	–	–	–		–		–	
Iraq	–	–	–		–		–	
Ireland	–	–	–		–		–	
Israel	–	–	–		–		–	
Italy	–	–	–		–		–	
Jamaica	–	–	–		–		–	
Japan	–	–	–		–		–	
Jordan	–	–	–		–		–	
Kazakhstan	–	–	–		–		–	
Kenya	531,568	134,165	82		–		84	
Kiribati	–	–	–	aa	–	aa	–	
Kuwait	–	–	–		–		–	
Kyrgyzstan	–	–	–		–		–	
Lao People's Democratic Republic	343,348	2,521	–		–		–	
Latvia	–	–	–		–		–	
Lebanon	459,990	1,172	–		73,881		–	
Lesotho	77,436	4,447	–		15,655		–	

Countries and areas	Treatment of wasting				Micronutrient supplementation			
	Total number of children 6–59 months screened for wasting**	Total number of children 6–59 months with wasting admitted for treatment**	Percentage of children 6–59 months admitted for treatment and discharged as recovered**	Footnote	Number of children aged 6–59 months who received multiple micronutrient powders**	Footnote	Percentage of children aged 6–59 months who received two high-dose vitamin A supplements in the calendar year	Footnote
	2024	2024	2024		2024		2023	
Liberia	453,171	19,747	58		–		14	
Libya	–	–	–		–		–	
Liechtenstein	–	–	–		–		–	
Lithuania	–	–	–		–		–	
Luxembourg	–	–	–		–		–	
Madagascar	548,065	86,346	89		–		19	
Malawi	4,245,525	44,573	92		–		11	
Malaysia	–	–	–		–		–	
Maldives	–	–	–		–		–	
Mali	4,231,564	213,470	95		115,959		97	
Malta	–	–	–		–		–	
Marshall Islands	–	–	–		–		–	
Mauritania	273,792	30,091	90		46,666		0	
Mauritius	–	–	–		–		–	
Mexico	377,460	–	–		–		–	
Micronesia (Federated States of)	–	–	–		–		–	
Monaco	–	–	–		–		–	
Mongolia	–	168	77		–		–	
Montenegro	–	–	–		49,434		–	
Montserrat	–	–	–		–		–	
Morocco	–	–	–		–		–	
Mozambique	2,897,809	55,935	–		906,797		90	
Myanmar	–	–	–	aa	–	aa	–	
Namibia	–	–	–		–		58	
Nauru	–	–	–		–		–	
Nepal	–	–	87		328,873		82	
Netherlands (Kingdom of the)	–	–	–		–		–	
New Zealand	–	–	–		–		–	
Nicaragua	–	–	–	aa	–	aa	–	
Niger	467,470	493,758	94		77,605		99	
Nigeria	20,410,422	1,021,205	96		428,801		89	
Niue	–	–	–		–		–	
North Macedonia	–	–	–		–		–	
Norway	–	–	–		–		–	
Oman	–	–	–		–		–	
Pakistan	11,251,268	638,502	96		1,270,698		90	
Palau	–	–	–		–		–	
Panama	–	–	–		–		–	
Papua New Guinea	305,876	18,411	–		95,201		–	
Paraguay	54,684	–	–		–		–	
Peru	1,414,094	–	–		–		–	
Philippines	–	6,632	79		318,526		10	
Poland	–	–	–		–		–	
Portugal	–	–	–		–		–	
Qatar	–	–	–		–		–	
Republic of Korea	–	–	–		–		–	
Republic of Moldova	–	–	–		–		–	
Romania	–	–	–		–		–	
Russian Federation	–	–	–		–		–	
Rwanda	–	–	–	aa	–	aa	–	aa
Saint Kitts and Nevis	–	–	–		–		–	
Saint Lucia	–	–	–		–		–	

Countries and areas	Treatment of wasting				Micronutrient supplementation			
	Total number of children 6–59 months screened for wasting**	Total number of children 6–59 months with wasting admitted for treatment**	Percentage of children 6–59 months admitted for treatment and discharged as recovered**	Footnote	Number of children aged 6–59 months who received multiple micronutrient powders**	Footnote	Percentage of children aged 6–59 months who received two high-dose vitamin A supplements in the calendar year	Footnote
	2024	2024	2024		2024		2023	
Saint Vincent and the Grenadines	–	–	–		–		–	
Samoa	–	–	–		–		–	
San Marino	–	–	–		–		–	
Sao Tome and Principe	–	250	82		–		35	
Saudi Arabia	–	–	–		–		–	
Senegal	476,342	3,440	76		55,474		–	
Serbia	–	–	–		–		–	
Seychelles	–	–	–		–		–	
Sierra Leone	346,137	32,028	96		–		77	
Singapore	–	–	–		–		–	
Slovakia	–	–	–		–		–	
Slovenia	–	–	–		–		–	
Solomon Islands	–	253	94		2,925		–	
Somalia	6,864,727	540,431	97		–		14	
South Africa	–	–	–		–		41	
South Sudan	8,887,977	338,811	96		–		79	
Spain	–	–	–		–		–	
Sri Lanka	–	–	–	aa	–	aa	–	
State of Palestine	–	–	–		–		–	
Sudan	–	–	–	aa	–	aa	9	
Suriname	–	–	–		–		–	
Sweden	–	–	–		–		–	
Switzerland	–	–	–		–		–	
Syrian Arab Republic	–	12,291	–		590,628		–	
Tajikistan	–	1,626	93		244,317		–	aa
Thailand	–	–	–		–		–	
Timor-Leste	130,943	3,654	39		–	aa	–	
Togo	43,208	10,052	87		–		24	
Tokelau	–	–	–		–		–	
Tonga	–	–	–		–		–	
Trinidad and Tobago	–	–	–		–		–	
Tunisia	–	–	–		–		–	
Türkiye	–	–	–		–		–	
Turkmenistan	–	–	–		–		–	
Turks and Caicos Islands	–	–	–		–		–	
Tuvalu	–	–	–		–		–	
Uganda	749,729	66,565	74		–		38	
Ukraine	–	–	–		–		–	
United Arab Emirates	–	–	–		–		–	
United Kingdom	–	–	–		–		–	
United Republic of Tanzania	1,726,495	18,482	70		–		96	
United States	–	–	–		–		–	
Uruguay	–	–	–		–		–	
Uzbekistan	–	–	–		1,400,000		–	
Vanuatu	–	–	–	aa	–	aa	–	
Venezuela (Bolivarian Republic of)	–	–	–	aa	–	aa	–	
Viet Nam	–	–	–		–		–	
Yemen	–	432,433	93		1,961,268		–	
Zambia	1,117,767	27,368	74		–		99	
Zimbabwe	–	–	–	aa	–	aa	37	

Countries and areas	Treatment of wasting				Micronutrient supplementation			
	Total number of children 6–59 months screened for wasting**	Total number of children 6–59 months with wasting admitted for treatment**	Percentage of children 6–59 months admitted for treatment and discharged as recovered**	Footnote	Number of children aged 6–59 months who received multiple micronutrient powders**	Footnote	Percentage of children aged 6–59 months who received two high-dose vitamin A supplements in the calendar year	Footnote
	2024	2024	2024		2024		2023	
SUMMARY								
East Asia and the Pacific	14,383,377	103,446	89		5,323,726		–	
Europe and Central Asia	–	–	–		0		–	
Eastern Europe and Central Asia	0	1,626	93		1,644,317		–	
Western Europe	–	–	–		0		–	
Latin America and the Caribbean	4,843,313	69,397	62		2,058,483		–	
Middle East and North Africa	7,954,010	950,133	90		2,625,777		–	
North America	–	–	–		0		–	
South Asia	132,855,757	2,643,177	80		5,319,444		83	
Sub-Saharan Africa	91,714,844	5,566,134	94		4,160,999		70	
Eastern and Southern Africa	48,705,486	2,221,493	92		1,656,066		58	
West and Central Africa	43,009,358	3,344,641	94		2,504,933		83	
World	251,751,301	9,333,913	89		21,132,746		75	

DEFINITIONS OF INDICATORS

Number of children screened:

Total number of screenings conducted on children aged 6–59 months for detection of wasting using either mid-upper arm circumference (MUAC) or weight-for-height measurements (WHZ) at community and health facility level.

Total number of children 6–59 months with wasting admitted for treatment:

The total number of children aged 6–59 months with severe wasting (defined by either MUAC <115 mm or WHZ <-3 SD) newly admitted to programmes for treatment of severe wasting.

Percentage of children aged 6–59 months admitted for treatment of wasting and discharged as recovered:

The number of children aged 6–59 months that recover from severe wasting without medical complications and meet the discharge criteria / The total number of children discharged.

Vitamin A supplementation, full coverage:

The estimated percentage of children aged 6–59 months reached with two doses of vitamin A supplements approximately 4–6 months apart in a given calendar year.

MAIN DATA SOURCE

**NutriDash Programme Coverage Estimates 2024

Vitamin A supplementation: UNICEF Global Database. Last Update: June 2025

LEGEND FOR FOOTNOTES IN TABLE

– Data not available.

aa Countries that have not given permission for country level data to be shared externally. Results from these countries are included in the global and regional estimates but not in the country level results in the tables.

Edition specific data tables on overweight and obesity

- Status and trends in overweight among school-age children and adolescents
- Status and trends in obesity and thinness among school-age children and adolescents

Status and trends in overweight among school-age children and adolescents

Trends in overweight among school-age children and adolescents																
Countries	Modelled estimates															
	Percentage of children aged 5–9 years affected by overweight				Percentage of adolescents aged 10–14 years affected by overweight				Percentage of adolescents aged 15–19 years affected by overweight				Percentage of children aged 5–9 years affected by overweight			
	2000	2022	By sex		2000	2022	By sex		2000	2022	By sex		2000	2022	By sex	
			Females	Males			Females	Males			Females	Males			Females	Males
			2022				2022				2022				2022	
Afghanistan	5	21	23	20	6	23	24	23	6	22	23	20	6	22	23	21
Albania	19	26	24	28	19	25	23	26	13	17	16	18	17	23	21	24
Algeria	20	32	34	29	22	34	37	32	18	29	35	24	20	32	35	29
Andorra	30	32	31	33	30	32	29	35	20	22	20	23	27	29	27	30
Angola	5	13	10	17	5	13	12	15	5	11	14	8	5	13	12	14
Anguilla	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Antigua and Barbuda	26	45	43	48	28	48	46	49	23	41	44	37	26	45	44	45
Argentina	25	45	44	45	26	45	43	46	18	33	35	32	23	41	41	41
Armenia	23	30	25	34	19	25	19	30	14	19	15	22	19	25	20	29
Australia	29	37	38	37	30	38	38	38	26	34	34	33	29	36	37	36
Austria	20	27	24	29	26	33	29	36	20	26	23	29	22	28	25	32
Azerbaijan	17	27	26	27	18	25	24	27	15	22	21	22	17	25	24	26
Bahamas	29	52	51	52	31	53	53	53	24	45	50	39	28	50	52	48
Bahrain	19	34	31	38	27	45	42	47	26	43	44	43	24	41	39	42
Bangladesh	2	6	7	6	3	9	10	8	4	9	11	8	3	8	9	7
Barbados	23	43	39	47	25	45	42	48	20	38	42	35	23	42	41	43
Belarus	19	27	22	32	16	23	17	29	10	15	11	19	15	22	17	27
Belgium	20	21	19	22	23	24	23	25	18	19	19	19	21	21	20	22
Belize	25	45	42	47	27	47	45	49	22	40	43	37	25	44	43	44
Benin	8	16	14	18	7	14	13	15	5	11	13	9	7	14	13	14
Bhutan	5	18	21	15	6	20	23	16	6	17	22	13	6	18	22	14
Bolivia (Plurinational State of)	26	46	34	57	25	43	35	51	17	32	31	32	23	40	33	47
Bosnia and Herzegovina	25	39	35	43	22	35	29	41	13	22	16	27	19	32	26	37
Botswana	6	16	12	20	6	16	14	18	6	14	18	11	6	16	15	17
Brazil	24	44	43	46	19	37	36	39	12	26	29	23	18	36	36	36
British Virgin Islands	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Brunei Darussalam	18	42	39	44	20	46	42	49	15	38	37	39	18	42	39	44
Bulgaria	23	34	30	37	22	33	28	38	13	20	15	26	19	29	24	34
Burkina Faso	3	7	7	7	2	6	8	5	3	7	11	3	3	7	8	5
Burundi	5	10	5	14	4	7	5	10	4	6	7	5	4	8	5	10
Cabo Verde	7	14	16	13	6	13	16	10	6	12	19	5	6	13	17	9
Cambodia	6	17	10	24	6	16	9	23	3	10	6	13	5	15	9	20
Cameroon	9	17	17	16	9	17	19	15	10	17	23	11	9	17	20	14
Canada	24	26	25	27	29	31	29	34	25	27	26	28	26	28	26	29
Central African Republic	6	15	12	19	6	15	14	17	6	13	16	10	6	15	14	16
Chad	6	12	8	16	5	11	8	13	4	8	8	8	5	11	8	13
Chile	37	63	57	69	35	61	58	64	24	49	51	47	32	58	56	60
China	11	27	23	29	11	26	22	29	6	16	14	16	9	23	20	25
Colombia	14	29	29	30	14	29	31	27	12	25	32	18	13	28	31	25
Comoros	7	15	16	14	6	13	16	10	7	12	19	5	7	14	17	10
Congo	4	10	6	14	5	12	9	14	5	10	12	8	4	11	9	12
Cook Islands	34	52	45	58	46	65	63	67	51	70	73	67	43	62	60	64
Costa Rica	21	33	32	35	25	37	37	38	20	31	35	27	22	34	35	33
Côte d'Ivoire	10	18	16	20	9	17	17	17	8	14	18	10	9	16	17	16

Trends in overweight among school-age children and adolescents																
Countries	Modelled estimates															
	Percentage of children aged 5–9 years affected by overweight				Percentage of adolescents aged 10–14 years affected by overweight				Percentage of adolescents aged 15–19 years affected by overweight				Percentage of children aged 5–9 years affected by overweight			
	2000	2022	By sex		2000	2022	By sex		2000	2022	By sex		2000	2022	By sex	
			Females	Males			Females	Males			Females	Males			Females	Males
	2000	2022	2022		2000	2022	2022		2000	2022	2022		2000	2022	2022	
Croatia	23	30	30	31	24	31	27	34	14	19	15	23	20	27	24	29
Cuba	24	44	40	47	21	40	36	44	13	28	27	28	19	37	34	40
Cyprus	29	34	32	37	32	38	33	43	22	26	21	31	28	33	29	37
Czechia	21	22	20	23	18	19	16	21	9	9	8	11	16	17	15	19
Democratic People's Republic of Korea	9	24	19	28	9	23	19	28	5	16	15	18	8	21	17	24
Democratic Republic of the Congo	6	17	15	19	5	16	15	17	4	11	14	9	5	15	15	16
Denmark	25	20	17	24	26	21	16	25	21	16	12	21	24	19	15	23
Djibouti	6	13	11	14	5	11	12	10	6	10	15	5	6	11	12	10
Dominica	19	37	34	39	22	40	39	40	19	34	41	28	20	37	38	35
Dominican Republic	15	33	31	34	17	35	34	37	15	30	33	27	16	33	33	33
Ecuador	25	36	30	42	26	37	32	41	21	28	30	26	24	34	31	36
Egypt	38	46	47	46	35	42	45	39	32	38	45	31	35	42	46	39
El Salvador	27	33	30	37	24	30	29	30	21	25	30	20	24	29	30	29
Equatorial Guinea	6	15	12	19	6	15	14	17	6	13	16	10	6	15	14	16
Eritrea	5	12	10	14	4	10	11	10	5	10	14	5	5	11	12	10
Estonia	16	30	26	33	18	32	27	36	13	24	21	26	16	28	25	32
Eswatini	10	19	21	18	10	18	24	13	12	19	31	7	11	19	25	13
Ethiopia	3	7	6	9	2	5	5	5	2	4	6	2	2	6	6	5
Fiji	9	24	14	33	15	33	28	38	19	36	43	30	14	31	28	34
Finland	19	30	28	32	21	33	30	37	18	29	27	31	20	31	28	33
France	21	18	19	17	23	19	19	20	15	13	15	11	20	17	18	16
Gabon	7	17	13	21	8	18	16	20	8	16	21	12	8	17	16	18
Gambia	6	14	12	16	6	13	12	13	5	11	14	8	6	13	12	13
Georgia	20	31	27	34	18	27	23	32	15	23	19	27	18	27	23	31
Germany	22	24	21	26	27	29	26	32	22	24	21	26	24	25	23	28
Ghana	9	22	20	24	7	16	18	15	6	12	17	7	7	17	19	16
Greece	34	39	38	39	34	39	35	42	22	25	23	28	29	34	32	36
Grenada	20	38	35	41	22	41	38	43	18	34	37	31	20	38	36	39
Guatemala	17	21	19	23	22	26	25	26	19	22	28	16	19	23	24	22
Guinea	6	14	14	14	5	13	15	11	5	10	15	6	5	13	15	10
Guinea-Bissau	6	14	12	16	5	13	12	13	5	11	14	8	6	13	12	13
Guyana	14	28	30	27	16	31	33	28	12	25	33	17	14	28	32	24
Haiti	15	27	11	42	16	28	13	43	11	22	12	31	14	26	12	39
Holy See	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Honduras	21	33	27	37	22	34	30	37	18	29	30	27	20	32	29	34
Hungary	19	34	33	34	22	37	34	41	15	27	23	29	19	32	30	35
Iceland	22	24	23	26	24	27	24	29	19	22	21	23	21	24	23	26
India	2	12	10	13	2	11	9	13	1	8	7	9	2	10	9	12
Indonesia	7	28	28	28	6	25	26	25	4	17	21	14	6	24	25	22
Iran (Islamic Republic of)	14	30	25	34	17	33	29	37	14	28	27	29	15	30	27	34
Iraq	22	38	39	37	25	42	42	41	22	37	41	34	23	39	41	38
Ireland	28	27	26	27	29	27	26	28	25	23	24	23	27	26	25	26
Israel	18	23	23	22	23	28	27	29	14	19	19	19	18	23	23	23
Italy	39	34	33	36	35	30	26	34	22	18	16	21	32	27	25	30
Jamaica	13	29	29	30	18	37	37	37	16	33	39	27	16	33	35	31
Japan	17	18	15	21	18	19	16	23	11	12	10	13	15	16	14	19
Jordan	21	41	40	42	22	43	39	46	18	36	37	35	20	40	39	41
Kazakhstan	18	23	20	26	16	21	17	25	12	16	13	19	15	20	17	24

Trends in overweight among school-age children and adolescents																
Countries	Modelled estimates															
	Percentage of children aged 5–9 years affected by overweight				Percentage of adolescents aged 10–14 years affected by overweight				Percentage of adolescents aged 15–19 years affected by overweight				Percentage of children aged 5–9 years affected by overweight			
	2000	2022	By sex		2000	2022	By sex		2000	2022	By sex		2000	2022	By sex	
			Females	Males			Females	Males			Females	Males			Females	Males
	2000	2022	2022		2000	2022	2022		2000	2022	2022		2000	2022	2022	
Kenya	7	12	13	11	6	9	12	6	6	9	15	3	6	10	13	7
Kiribati	27	37	29	44	36	47	44	50	39	49	53	46	34	44	41	47
Kuwait	28	38	35	41	43	54	49	58	39	50	45	53	37	47	43	51
Kyrgyzstan	21	11	10	13	19	12	9	14	19	12	10	13	20	12	10	13
Lao People's Democratic Republic	7	20	15	24	7	19	14	23	4	12	10	14	6	17	13	21
Latvia	19	27	25	29	16	23	20	25	10	15	15	15	15	22	20	24
Lebanon	25	41	42	41	28	45	39	50	24	39	31	46	26	42	38	46
Lesotho	8	14	14	13	8	12	16	9	11	13	23	4	9	13	18	9
Liberia	5	19	16	22	5	17	16	18	4	15	17	12	5	17	16	18
Libya	19	33	33	34	22	38	37	38	20	34	37	31	21	35	36	34
Liechtenstein	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Lithuania	20	27	26	28	16	21	19	22	9	13	13	13	15	21	20	22
Luxembourg	19	22	21	24	21	24	22	26	16	18	17	19	19	22	20	23
Madagascar	4	9	4	14	3	7	4	10	2	5	5	5	3	7	4	10
Malawi	4	9	8	11	4	9	10	7	4	8	13	3	4	9	10	7
Malaysia	14	31	27	34	18	37	33	41	14	30	30	31	15	33	30	35
Maldives	10	35	26	43	10	34	26	42	6	25	22	27	9	32	25	38
Mali	7	18	16	20	6	16	15	17	5	13	16	11	6	16	16	16
Malta	32	33	32	35	30	31	28	33	20	20	19	22	27	28	26	30
Marshall Islands	20	32	26	38	26	40	38	42	26	39	43	35	24	37	35	39
Mauritania	9	22	25	19	9	21	27	16	9	21	31	11	9	22	28	16
Mauritius	13	32	26	39	13	32	28	37	9	26	28	24	12	30	27	32
Mexico	26	37	34	39	31	42	41	44	27	37	39	36	28	39	38	40
Micronesia (Federated States of)	24	36	32	39	33	46	47	45	35	47	55	39	30	43	45	41
Monaco	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Mongolia	12	20	17	24	12	19	16	21	10	15	16	14	11	18	16	20
Montenegro	24	32	26	37	22	30	22	38	13	18	11	24	19	27	20	33
Montserrat	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Morocco	13	20	20	19	16	23	24	23	13	19	22	17	14	21	22	20
Mozambique	8	12	10	13	7	9	10	9	6	8	11	5	7	10	10	10
Myanmar	7	20	13	26	7	19	12	25	4	12	8	15	6	17	11	22
Namibia	6	15	8	22	6	15	9	20	5	12	13	11	6	14	10	18
Nauru	34	48	35	59	46	61	53	68	52	67	65	68	43	57	49	65
Nepal	4	9	11	6	4	10	12	8	4	8	10	6	4	9	11	7
Netherlands (Kingdom of the)	20	20	18	21	19	19	18	21	14	14	14	14	18	18	17	19
New Zealand	32	39	39	39	34	42	43	41	31	39	42	35	32	40	42	38
Nicaragua	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Niger	5	12	7	17	4	10	7	14	3	8	8	8	4	10	7	14
Nigeria	5	11	10	12	5	10	9	10	4	7	10	5	5	10	10	9
Niue	35	53	44	63	46	66	61	71	50	70	71	69	43	63	58	68
North Macedonia	22	33	31	35	21	30	26	34	12	19	15	23	18	27	24	31
Norway	23	23	23	23	24	25	22	27	21	22	21	23	23	23	22	24
Oman	18	37	33	42	21	41	37	45	18	37	37	38	19	39	35	42
Pakistan	3	18	16	21	4	19	18	21	4	19	20	19	4	19	18	20
Palau	25	41	36	45	35	52	49	55	34	50	50	49	31	48	45	50
Panama	22	39	38	40	23	40	42	37	19	34	42	26	22	38	41	35
Papua New Guinea	16	28	20	36	26	39	36	42	30	42	50	36	23	36	34	38
Paraguay	25	41	38	43	23	37	36	39	15	25	28	23	21	34	34	35

Trends in overweight among school-age children and adolescents																
Countries	Modelled estimates															
	Percentage of children aged 5–9 years affected by overweight				Percentage of adolescents aged 10–14 years affected by overweight				Percentage of adolescents aged 15–19 years affected by overweight				Percentage of children aged 5–9 years affected by overweight			
	2000	2022	By sex		2000	2022	By sex		2000	2022	By sex		2000	2022	By sex	
			Females	Males			Females	Males			Females	Males			Females	Males
	2000	2022	2022		2000	2022	2022		2000	2022	2022		2000	2022	2022	
Peru	21	46	42	51	20	43	41	46	16	34	38	30	19	41	40	42
Philippines	5	16	13	18	6	16	13	19	5	13	12	14	5	15	13	17
Poland	19	26	24	27	20	27	24	29	12	17	15	18	17	23	21	25
Portugal	35	28	28	28	32	24	23	25	19	13	13	13	28	21	21	22
Qatar	29	44	38	50	34	49	42	56	32	47	41	52	32	47	40	53
Republic of Korea	22	37	29	45	25	40	28	51	14	25	17	33	20	34	24	43
Republic of Moldova	13	20	16	24	13	19	15	23	10	15	13	16	12	18	15	21
Romania	12	28	26	31	11	26	23	29	6	15	13	17	10	23	20	25
Russian Federation	22	27	22	31	15	19	14	23	9	12	12	12	14	20	16	23
Rwanda	4	9	10	9	4	9	12	5	6	11	19	2	5	10	14	6
Saint Kitts and Nevis	23	43	39	46	26	46	43	48	21	39	41	37	23	42	41	44
Saint Lucia	20	38	37	39	22	40	41	39	18	33	40	27	20	37	40	34
Saint Vincent and the Grenadines	20	35	35	35	23	38	39	37	19	33	41	26	21	36	38	33
Samoa	27	42	34	49	36	52	50	54	41	57	63	51	34	50	48	51
San Marino	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Sao Tome and Principe	10	16	13	19	9	15	13	17	8	13	14	12	9	15	13	16
Saudi Arabia	13	33	28	38	23	46	40	51	22	46	43	49	19	41	37	46
Senegal	4	10	9	11	3	8	9	8	4	7	11	4	4	8	9	8
Serbia	22	33	30	36	24	35	31	39	16	24	20	28	20	31	27	35
Seychelles	15	33	33	33	19	39	40	38	13	29	34	24	15	34	36	32
Sierra Leone	9	14	12	15	8	13	13	13	8	10	14	7	9	12	13	12
Singapore	22	38	30	46	23	40	31	48	16	30	24	36	20	36	28	43
Slovakia	19	31	28	34	18	29	24	33	11	19	14	23	16	26	22	30
Slovenia	26	32	30	34	27	33	29	37	17	21	17	24	23	29	26	32
Solomon Islands	7	14	9	18	16	25	25	25	22	31	40	22	14	22	23	22
Somalia	6	13	11	14	5	11	12	10	6	10	15	5	6	11	12	10
South Africa	8	19	22	17	9	22	27	17	10	22	32	11	9	21	27	15
South Sudan	6	15	13	16	6	13	14	12	7	12	18	6	6	13	15	12
Spain	37	37	37	37	35	35	33	37	22	21	21	21	30	31	30	32
Sri Lanka	4	17	15	19	5	18	16	20	4	17	17	16	4	17	16	18
State of Palestine	17	28	28	28	22	33	33	34	21	32	33	31	20	31	31	31
Sudan	6	17	9	24	5	14	9	19	5	12	11	13	5	14	10	19
Suriname	20	37	32	41	22	39	35	43	17	32	33	31	19	36	34	38
Sweden	23	30	29	30	23	29	27	31	16	21	20	22	21	27	25	28
Switzerland	19	20	18	21	24	24	22	26	22	23	24	22	22	22	21	23
Syrian Arab Republic	20	35	33	36	24	38	36	41	20	34	34	34	21	36	35	37
Tajikistan	9	8	7	9	11	10	10	10	10	9	11	8	10	9	9	9
Thailand	14	28	21	34	15	29	23	34	10	21	19	23	13	26	21	30
Timor-Leste	3	4	4	4	3	4	4	5	2	3	3	3	2	4	4	4
Togo	8	13	12	14	7	12	12	11	6	10	13	6	7	12	13	11
Tokelau	33	46	39	55	44	59	56	62	48	63	65	60	41	57	53	59
Tonga	31	46	42	49	44	59	61	58	51	65	73	57	42	57	59	55
Trinidad and Tobago	14	34	30	39	19	41	36	47	16	37	35	38	16	38	34	41
Tunisia	11	26	24	27	13	30	29	30	12	27	31	23	12	27	28	27
Türkiye	15	33	32	33	18	36	35	36	14	30	32	28	16	33	33	32
Turkmenistan	13	15	13	17	14	17	14	20	13	15	13	17	13	16	13	18
Turks and Caicos Islands	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Tuvalu	28	43	36	50	39	55	52	58	42	59	59	58	36	52	48	55

Trends in overweight among school-age children and adolescents																
Countries	Modelled estimates															
	Percentage of children aged 5–9 years affected by overweight				Percentage of adolescents aged 10–14 years affected by overweight				Percentage of adolescents aged 15–19 years affected by overweight				Percentage of children aged 5–19 years affected by overweight			
	2000	2022	By sex		2000	2022	By sex		2000	2022	By sex		2000	2022	By sex	
			Females	Males			Females	Males			Females	Males			Females	Males
	2000	2022	2022		2000	2022	2022		2000	2022	2022		2000	2022	2022	
Uganda	6	16	9	23	5	10	8	12	6	9	12	6	6	12	10	14
Ukraine	19	26	19	32	13	17	10	23	6	8	4	11	12	17	12	23
United Arab Emirates	31	44	42	46	34	48	44	51	31	44	40	47	32	45	42	48
United Kingdom	29	31	30	31	31	33	33	33	26	28	30	25	29	30	31	30
United Republic of Tanzania	4	8	6	11	4	7	8	7	5	8	13	3	4	8	9	7
United States	36	39	39	39	43	46	46	47	37	41	41	40	39	42	42	42
Uruguay	29	47	44	50	27	43	40	46	18	31	32	30	25	40	38	42
Uzbekistan	14	23	20	25	14	21	17	24	10	15	13	18	13	20	17	23
Vanuatu	13	25	17	32	21	34	32	36	23	34	41	28	19	31	29	32
Venezuela (Bolivarian Republic of)	22	37	29	45	23	38	32	44	19	33	32	33	22	36	31	41
Viet Nam	3	26	18	33	2	19	12	25	1	9	6	12	2	18	12	24
Yemen	14	27	22	31	11	21	16	25	8	15	13	16	11	21	17	25
Zambia	6	16	15	17	5	13	15	12	5	11	16	7	5	14	15	12
Zimbabwe	7	11	10	13	6	10	12	8	8	10	17	3	7	10	13	8
SUMMARY																
East Asia and Pacific	10	26	22	29	10	25	21	28	6	16	15	17	9	22	20	25
Europe and Central Asia	22	26	24	28	20	26	23	28	14	19	18	19	19	24	22	26
Eastern Europe and Central Asia	18	26	23	29	15	23	20	27	10	18	17	18	14	23	20	25
Western Europe	26	27	26	28	27	28	26	30	19	20	20	21	24	25	24	26
Latin America and Caribbean	23	39	36	42	23	39	37	41	17	30	33	28	21	36	35	37
Middle East and North Africa	22	35	34	36	23	36	36	37	20	32	34	30	21	35	35	35
North America	35	38	37	38	42	45	44	46	36	39	40	39	38	41	40	41
South Asia	2	13	11	14	3	13	11	14	2	10	10	10	2	12	11	13
Sub-Saharan Africa	6	13	11	15	5	11	11	11	5	9	13	6	5	11	12	11
Eastern and Southern Africa	5	12	10	14	5	10	10	10	5	9	13	5	5	10	11	10
West and Central Africa	6	14	13	15	5	12	12	13	5	10	13	7	5	12	12	12
World	11	21	19	23	12	21	20	23	9	16	17	16	11	20	19	21

DEFINITIONS OF THE INDICATORS

Overweight (school-age children and adolescents): Percentage of children aged 5–19 years with BMI-for-age > +1 standard deviation of the median according to the WHO growth reference for school-age children and adolescents.

MAIN DATA SOURCES

Overweight (school-age children and adolescents): NCD Risk Factor Collaboration (NCD-RisC), 'Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population-representative studies with 222 million children, adolescents and adults', *Lancet*, vol. 403, no. 10431, March 2024, pp. 1027–1050.

LEGEND FOR FOOTNOTES

– Data not available.

Status and trends in obesity and thinness among school-age children and adolescents

Trends in obesity and thinness among school-age children and adolescents																
Countries	Modelled estimates															
	Percentage of children aged 5–9 years affected by				Percentage of adolescents aged 10–14 years affected by				Percentage of adolescents aged 15–19 years affected by				Percentage of children aged 5–19 years affected by			
	Obesity		Thinness		Obesity		Thinness		Obesity		Thinness		Obesity		Thinness	
	2000	2022	2000	2022	2000	2022	2000	2022	2000	2022	2000	2022	2000	2022	2000	2022
Afghanistan	2	10	15	7	1	8	20	11	1	7	13	6	2	8	16	8
Albania	6	11	2	3	4	8	2	4	1	4	1	2	4	8	2	3
Algeria	8	16	5	4	8	16	6	5	6	13	4	3	7	15	5	4
Andorra	11	14	2	2	9	12	2	3	5	8	2	3	9	11	2	3
Angola	1	5	8	5	1	5	12	9	1	3	9	6	1	4	10	7
Anguilla	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Antigua and Barbuda	15	28	3	3	13	26	3	3	9	20	3	3	12	24	3	3
Argentina	7	23	2	2	6	21	2	2	4	16	2	3	6	20	2	2
Armenia	8	14	3	4	4	8	3	5	2	5	2	3	5	10	2	4
Australia	10	17	1	1	9	16	2	2	8	14	1	2	9	16	1	2
Austria	6	10	2	2	7	12	2	2	5	9	1	2	6	11	2	2
Azerbaijan	5	11	4	5	3	8	5	6	2	6	3	4	3	9	4	5
Bahamas	17	32	4	4	14	28	4	4	9	21	4	4	13	27	4	4
Bahrain	9	18	7	5	12	22	7	5	11	21	7	5	10	20	7	5
Bangladesh	1	2	26	19	0	2	28	20	0	2	17	11	0	2	24	16
Barbados	13	26	5	4	11	24	5	5	8	19	4	4	11	23	5	5
Belarus	6	11	3	3	4	8	4	3	2	4	2	2	4	8	3	3
Belgium	6	7	1	2	6	7	2	3	5	6	2	2	6	7	2	2
Belize	12	25	3	3	11	23	4	3	7	18	3	3	10	22	3	3
Benin	2	7	7	5	1	5	11	8	1	3	7	5	2	5	8	6
Bhutan	2	7	13	5	1	6	17	7	1	4	10	4	1	6	13	5
Bolivia (Plurinational State of)	8	21	1	1	5	17	1	1	2	10	1	1	6	16	1	1
Bosnia and Herzegovina	9	18	4	4	5	13	4	4	2	5	3	3	5	12	4	4
Botswana	2	7	10	8	2	6	16	12	2	5	12	9	2	6	13	9
Brazil	9	23	4	2	5	15	5	3	2	9	3	2	5	15	4	3
British Virgin Islands	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Brunei Darussalam	8	23	5	3	9	24	6	4	6	19	6	4	8	22	6	4
Bulgaria	8	16	3	3	6	13	3	4	3	7	3	4	5	12	3	4
Burkina Faso	0	1	7	7	0	1	17	16	0	1	10	10	0	1	12	11
Burundi	1	4	7	6	1	2	13	11	0	1	8	7	1	2	9	8
Cabo Verde	2	5	10	8	1	4	14	12	1	3	9	7	1	4	11	9
Cambodia	2	8	8	7	2	6	11	10	1	3	7	6	2	6	9	8
Cameroon	2	5	6	4	1	4	9	6	1	3	5	4	1	4	7	5
Canada	7	10	1	1	9	12	2	2	8	11	1	2	8	11	1	2
Central African Republic	2	6	9	6	1	5	14	10	1	4	10	7	1	5	11	8
Chad	2	5	10	8	1	3	14	12	0	2	10	8	1	3	11	10
Chile	20	36	1	1	13	28	1	1	7	19	1	1	14	27	1	1
China	3	16	5	3	2	13	8	5	1	7	5	3	2	12	6	4
Colombia	3	12	2	1	2	11	4	3	2	9	3	2	2	11	3	2
Comoros	2	6	6	4	1	4	11	8	1	3	7	6	1	4	8	6
Congo	0	3	7	5	1	3	12	9	1	2	10	7	1	3	10	7
Cook Islands	12	31	1	1	17	39	1	1	22	44	0	0	16	37	1	1
Costa Rica	8	15	2	2	8	15	3	3	6	12	3	3	7	14	3	3
Côte d'Ivoire	2	7	7	6	2	5	10	9	1	4	7	6	2	5	8	7

Trends in obesity and thinness among school-age children and adolescents																
Modelled estimates																
Countries	Percentage of children aged 5–9 years affected by				Percentage of adolescents aged 10–14 years affected by				Percentage of adolescents aged 15–19 years affected by				Percentage of children aged 5–19 years affected by			
	Obesity		Thinness		Obesity		Thinness		Obesity		Thinness		Obesity		Thinness	
	2000	2022	2000	2022	2000	2022	2000	2022	2000	2022	2000	2022	2000	2022	2000	2022
	Croatia	10	13	3	2	8	10	3	2	3	5	2	1	7	9	3
Cuba	15	26	6	6	9	17	6	7	3	8	5	6	9	17	6	6
Cyprus	12	17	3	4	12	16	2	3	7	9	1	2	10	14	2	3
Czechia	6	9	3	4	4	6	3	4	1	2	2	2	4	6	3	3
Democratic People's Republic of Korea	3	12	10	8	3	10	13	11	1	6	10	9	2	9	11	9
Democratic Republic of the Congo	2	6	10	5	1	5	15	9	1	2	11	6	1	5	12	7
Denmark	6	6	1	2	7	6	2	3	5	5	2	3	6	6	2	3
Djibouti	1	5	7	5	1	3	12	10	1	2	8	6	1	3	9	7
Dominica	10	21	3	3	9	19	4	4	6	15	3	4	8	19	4	4
Dominican Republic	7	18	4	5	5	16	5	6	4	12	4	5	5	15	4	5
Ecuador	8	17	2	3	6	13	2	3	3	8	2	3	6	13	2	3
Egypt	19	26	4	4	12	18	4	4	9	15	2	2	14	20	3	3
El Salvador	10	16	2	3	7	11	3	3	5	8	3	3	7	12	3	3
Equatorial Guinea	2	6	9	6	1	5	14	10	1	4	10	7	1	5	11	8
Eritrea	1	5	12	9	1	3	20	15	1	2	15	11	1	3	15	12
Estonia	4	12	2	2	4	12	3	2	2	7	2	1	3	11	2	2
Eswatini	3	8	3	3	2	6	7	6	2	6	3	3	2	7	5	4
Ethiopia	1	3	12	9	0	1	26	20	0	1	20	15	1	2	19	15
Fiji	4	12	8	5	4	13	9	5	4	12	7	4	4	12	8	4
Finland	4	12	1	1	5	14	2	2	5	12	2	2	5	13	1	2
France	6	5	2	3	6	5	3	4	3	3	3	4	5	4	3	4
Gabon	2	6	6	5	1	5	10	7	1	5	8	5	1	5	8	6
Gambia	2	6	10	9	1	4	15	14	1	3	10	9	1	4	11	10
Georgia	6	13	3	2	3	9	4	4	3	8	3	3	4	11	3	3
Germany	7	8	1	1	9	10	2	2	6	7	1	2	8	8	1	2
Ghana	4	12	11	9	2	6	11	10	1	2	6	5	2	7	9	8
Greece	12	16	3	1	10	13	3	1	5	7	2	1	9	12	2	1
Grenada	10	22	4	4	9	20	5	5	6	15	4	4	8	19	5	4
Guatemala	5	8	1	2	5	9	1	3	3	6	1	2	4	8	1	2
Guinea	1	5	8	7	1	3	12	11	0	2	8	7	1	4	9	8
Guinea-Bissau	2	6	8	6	1	4	12	10	1	3	8	7	1	4	10	8
Guyana	6	16	7	7	5	14	9	8	3	11	8	8	5	14	8	8
Haiti	7	14	5	4	6	12	6	5	3	8	4	4	6	11	5	4
Holy See	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Honduras	7	15	2	2	6	13	3	3	4	10	2	3	6	13	3	3
Hungary	7	17	2	3	7	17	3	3	3	11	2	3	5	15	3	3
Iceland	6	9	1	2	7	9	2	3	5	8	2	2	6	9	2	2
India	1	5	32	20	0	3	39	27	0	2	27	16	0	3	33	21
Indonesia	3	15	11	9	2	11	13	11	1	6	9	8	2	11	11	9
Iran (Islamic Republic of)	5	15	10	11	4	13	10	11	3	10	7	7	4	13	9	10
Iraq	9	19	4	3	9	19	5	4	8	18	4	3	9	19	5	4
Ireland	8	9	1	1	8	9	1	2	7	7	1	1	8	8	1	1
Israel	5	9	3	3	7	11	3	3	5	8	3	3	6	9	3	3
Italy	16	15	1	2	10	10	2	3	5	5	1	2	10	10	1	2
Jamaica	5	15	1	2	6	17	2	3	5	14	2	3	6	16	2	3
Japan	5	5	2	2	5	5	2	2	3	3	3	3	4	4	2	2
Jordan	9	20	5	4	8	18	5	4	6	14	4	3	8	18	5	4
Kazakhstan	6	8	3	4	3	5	5	7	2	3	3	4	4	6	3	5
Kenya	2	4	7	5	1	2	14	11	1	1	11	8	1	2	11	8

Trends in obesity and thinness among school-age children and adolescents																
Modelled estimates																
Countries	Percentage of children aged 5–9 years affected by				Percentage of adolescents aged 10–14 years affected by				Percentage of adolescents aged 15–19 years affected by				Percentage of children aged 5–9 years affected by			
	Obesity		Thinness		Obesity		Thinness		Obesity		Thinness		Obesity		Thinness	
	2000	2022	2000	2022	2000	2022	2000	2022	2000	2022	2000	2022	2000	2022	2000	2022
	Kiribati	7	18	1	1	8	20	1	1	7	19	1	1	7	19	1
Kuwait	14	16	3	3	23	26	3	3	20	22	4	3	19	21	3	3
Kyrgyzstan	10	4	4	4	5	1	5	4	4	1	2	2	6	2	4	4
Lao People's Democratic Republic	3	9	7	6	2	7	9	8	1	4	7	6	2	7	8	7
Latvia	6	10	2	2	3	6	3	3	2	3	2	2	3	7	2	2
Lebanon	9	20	2	2	8	20	3	3	6	15	2	2	8	19	3	2
Lesotho	2	6	5	3	2	4	10	7	1	3	7	5	2	5	7	5
Liberia	1	11	7	5	0	9	10	8	0	7	6	5	1	9	8	6
Libya	7	16	5	4	7	16	6	5	6	14	5	5	7	15	5	5
Liechtenstein	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Lithuania	6	11	3	2	4	7	4	4	2	3	2	2	4	7	3	3
Luxembourg	5	8	1	2	5	8	2	2	4	6	1	2	5	7	2	2
Madagascar	1	3	7	5	0	2	13	10	0	1	9	7	1	2	9	7
Malawi	1	3	3	2	0	2	7	5	0	1	4	3	1	2	4	3
Malaysia	7	17	11	9	7	18	11	8	5	14	10	8	6	16	11	8
Maldives	4	15	15	10	3	14	19	13	2	9	18	13	3	13	18	12
Mali	2	7	10	8	1	5	16	13	1	3	11	9	2	5	12	10
Malta	13	16	1	2	10	12	2	3	7	8	2	2	10	12	2	2
Marshall Islands	6	18	2	3	7	20	2	3	6	19	1	2	6	19	2	3
Mauritania	3	9	11	8	2	8	16	13	2	7	12	9	3	8	13	10
Mauritius	4	13	11	7	3	13	15	11	3	11	13	9	3	12	13	9
Mexico	9	18	2	2	10	20	2	2	7	15	2	2	9	18	2	2
Micronesia (Federated States of)	8	19	1	1	9	22	1	1	9	21	0	1	8	20	1	1
Monaco	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Mongolia	4	9	3	3	2	6	4	4	1	4	2	3	2	6	3	4
Montenegro	9	13	2	2	6	10	3	3	2	3	2	2	6	9	2	2
Montserrat	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Morocco	4	6	4	3	4	6	6	4	3	4	6	4	4	6	5	4
Mozambique	1	2	3	3	1	1	6	7	1	1	3	4	1	2	4	5
Myanmar	3	10	13	10	2	8	17	13	1	4	13	10	2	7	14	11
Namibia	2	6	11	8	1	5	17	12	1	3	11	8	1	5	13	10
Nauru	13	28	1	1	17	34	1	1	21	38	0	0	17	33	1	1
Nepal	1	3	17	10	1	2	22	14	0	1	15	8	1	2	18	11
Netherlands (Kingdom of the)	4	5	1	1	4	5	2	2	3	4	2	1	4	5	2	1
New Zealand	10	17	1	1	11	18	1	1	10	18	1	1	10	18	1	1
Nicaragua	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Niger	1	5	14	13	1	3	20	20	0	2	15	15	1	4	16	16
Nigeria	1	5	10	11	1	4	16	17	1	2	13	14	1	4	13	14
Niue	16	34	1	1	19	40	1	1	20	41	0	0	18	38	1	1
North Macedonia	9	16	4	5	7	12	5	5	3	6	3	3	6	11	4	4
Norway	5	6	1	1	5	7	1	2	5	6	1	1	5	6	1	1
Oman	7	19	9	6	7	19	10	7	7	18	9	6	7	19	9	6
Pakistan	1	10	20	14	1	8	29	21	1	7	20	14	1	8	23	16
Palau	11	25	3	2	15	30	2	2	13	28	1	1	13	28	2	2
Panama	7	16	2	2	7	15	3	3	5	12	2	2	6	14	2	2
Papua New Guinea	6	15	3	2	7	17	2	2	6	15	1	1	6	15	2	2
Paraguay	9	20	3	2	6	15	3	2	3	8	3	2	6	14	3	2
Peru	6	22	1	1	4	18	2	2	2	11	1	1	4	17	1	1
Philippines	2	8	8	8	1	6	13	13	1	4	9	9	1	6	10	10

Trends in obesity and thinness among school-age children and adolescents																
Countries	Modelled estimates															
	Percentage of children aged 5–9 years affected by				Percentage of adolescents aged 10–14 years affected by				Percentage of adolescents aged 15–19 years affected by				Percentage of children aged 5–19 years affected by			
	Obesity		Thinness		Obesity		Thinness		Obesity		Thinness		Obesity		Thinness	
	2000	2022	2000	2022	2000	2022	2000	2022	2000	2022	2000	2022	2000	2022	2000	2022
Poland	6	9	3	3	5	8	4	4	2	4	2	2	4	7	3	3
Portugal	12	11	1	1	10	9	1	2	4	4	1	2	8	8	1	2
Qatar	12	24	6	6	12	25	6	6	12	23	5	5	12	24	6	6
Republic of Korea	8	17	1	2	7	17	2	2	3	8	2	3	6	14	2	2
Republic of Moldova	4	7	3	3	2	4	4	4	1	2	2	3	2	5	3	3
Romania	3	13	7	6	2	10	7	6	1	4	3	3	2	9	6	5
Russian Federation	9	10	4	3	4	5	6	4	2	3	3	2	4	6	4	3
Rwanda	1	2	6	4	0	1	12	8	0	1	7	4	0	2	8	5
Saint Kitts and Nevis	12	26	4	3	11	24	4	4	8	20	4	4	11	23	4	4
Saint Lucia	10	22	4	4	9	20	5	4	6	16	4	4	9	19	4	4
Saint Vincent and the Grenadines	10	20	4	3	9	19	4	3	8	17	4	3	9	19	4	3
Samoa	8	20	1	1	10	25	1	1	12	27	1	1	10	24	1	1
San Marino	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Sao Tome and Principe	3	5	5	4	2	4	8	6	1	3	5	4	2	4	6	5
Saudi Arabia	5	14	12	13	9	20	9	9	10	21	7	6	8	18	9	9
Senegal	1	4	16	14	1	2	22	20	0	1	15	14	1	3	18	16
Serbia	8	14	3	2	7	12	4	3	3	6	2	1	6	11	3	2
Seychelles	6	18	7	6	7	21	8	6	4	15	6	5	6	18	7	6
Sierra Leone	2	3	7	3	2	2	11	4	1	2	8	3	2	3	8	3
Singapore	8	19	3	3	8	18	4	4	4	12	3	3	7	16	4	3
Slovakia	6	13	3	4	5	10	4	4	2	6	2	3	4	10	3	4
Slovenia	9	14	2	2	8	13	2	2	3	6	1	1	6	11	1	2
Solomon Islands	1	7	2	2	2	10	2	2	3	10	1	1	2	9	2	2
Somalia	1	5	7	5	1	3	12	10	1	2	8	6	1	4	9	7
South Africa	2	7	11	3	3	8	15	4	3	7	10	3	2	7	12	3
South Sudan	2	7	7	5	1	5	12	10	1	4	8	6	1	5	9	7
Spain	14	15	1	1	11	12	1	2	5	5	1	2	9	10	1	1
Sri Lanka	2	8	23	15	1	8	29	20	1	7	24	16	1	8	25	17
State of Palestine	5	14	4	4	5	14	5	4	5	13	3	3	5	14	4	4
Sudan	2	8	12	11	1	6	19	18	1	5	16	15	1	6	15	14
Suriname	10	21	4	5	9	19	5	5	6	14	5	5	8	18	5	5
Sweden	6	12	1	1	6	11	2	2	4	7	1	2	6	10	1	2
Switzerland	5	6	1	1	6	8	2	2	5	7	1	1	5	7	1	2
Syrian Arab Republic	8	17	6	5	8	17	6	6	6	14	5	4	8	16	6	5
Tajikistan	2	2	6	7	1	2	8	10	1	1	5	7	1	2	6	8
Thailand	6	15	10	8	5	13	11	10	3	9	7	7	5	12	9	8
Timor-Leste	1	1	12	15	1	1	17	21	0	1	13	16	1	1	14	17
Togo	2	4	7	4	1	3	11	7	1	2	7	5	1	3	8	5
Tokelau	15	28	1	1	18	34	1	1	18	35	1	1	17	33	1	1
Tonga	11	29	1	1	13	34	0	1	14	35	0	0	13	33	0	1
Trinidad and Tobago	6	19	11	9	7	21	12	10	6	19	11	9	6	20	11	9
Tunisia	3	11	5	4	3	12	8	6	3	9	6	4	3	11	6	5
Türkiye	5	13	3	2	4	13	3	2	3	9	3	2	4	12	3	2
Turkmenistan	3	4	5	5	2	3	6	7	2	2	4	4	2	3	5	5
Turks and Caicos Islands	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Tuvalu	10	26	2	2	14	31	2	2	16	33	1	1	13	30	2	2
Uganda	1	7	7	6	0	4	10	10	0	2	5	5	1	5	8	7
Ukraine	4	8	4	6	1	4	5	7	0	1	3	4	2	5	4	6
United Arab Emirates	13	21	4	3	13	22	5	4	13	21	5	4	13	21	4	3

Trends in obesity and thinness among school-age children and adolescents																
Modelled estimates																
Countries	Percentage of children aged 5–9 years affected by				Percentage of adolescents aged 10–14 years affected by				Percentage of adolescents aged 15–19 years affected by				Percentage of children aged 5–19 years affected by			
	Obesity		Thinness		Obesity		Thinness		Obesity		Thinness		Obesity		Thinness	
	2000	2022	2000	2022	2000	2022	2000	2022	2000	2022	2000	2022	2000	2022	2000	2022
United Kingdom	9	12	1	1	9	12	2	2	8	10	1	2	9	11	1	2
United Republic of Tanzania	1	2	4	5	0	2	11	11	0	1	7	7	0	2	7	8
United States	16	19	1	1	21	23	2	2	18	20	1	1	18	21	1	1
Uruguay	8	23	1	1	5	18	2	2	3	12	2	2	6	18	2	1
Uzbekistan	3	9	3	3	2	6	4	4	1	4	3	3	2	6	3	4
Vanuatu	4	12	3	3	5	14	3	2	4	11	1	1	4	13	2	2
Venezuela (Bolivarian Republic of)	6	16	2	2	6	16	3	3	5	14	2	2	6	15	3	3
Viet Nam	1	11	16	8	0	6	24	14	0	2	14	8	0	6	18	10
Yemen	5	15	14	13	3	10	18	18	1	6	13	13	3	11	15	15
Zambia	1	7	5	3	1	5	10	6	0	4	5	3	1	5	7	4
Zimbabwe	1	3	7	4	1	2	12	8	1	2	7	5	1	2	8	6
SUMMARY																
East Asia and Pacific	3	14	7	5	3	11	10	7	1	6	7	5	2	11	8	6
Europe and Central Asia	7	10	3	3	5	8	4	4	3	5	2	2	5	8	3	3
Eastern Europe and Central Asia	6	10	4	4	3	7	5	5	2	5	3	3	4	7	4	4
Western Europe	8	10	1	2	8	9	2	3	5	6	2	2	7	8	2	2
Latin America and Caribbean	8	19	3	2	6	16	3	3	4	11	3	2	6	16	3	2
Middle East and North Africa	9	18	7	6	7	16	7	7	6	13	5	5	7	16	6	6
North America	16	18	1	1	20	22	2	2	17	19	1	1	17	20	1	1
South Asia	1	6	29	18	0	4	36	24	0	3	25	15	1	4	30	19
Sub-Saharan Africa	2	5	9	7	1	4	15	13	1	2	11	9	1	4	11	10
Eastern and Southern Africa	1	4	8	6	1	3	15	12	1	2	11	8	1	3	11	9
West and Central Africa	2	6	10	9	1	4	15	13	1	2	11	10	1	4	12	11
World	4	10	12	8	3	9	16	12	2	6	11	8	3	8	13	10

DEFINITIONS OF THE INDICATORS

Thinness (school-age children and adolescents): Percentage of children aged 5–19 years with BMI-for-age < -2 standard deviations of the median according to the WHO growth reference for school-age children and adolescents.

Obesity (school-age children and adolescents): Percentage of children aged 5–19 years with BMI-for-age > +2 standard deviation of the median according to the WHO growth reference for school-age children and adolescents.

MAIN DATA SOURCES

Thinness, obesity (school-age children and adolescents): NCD Risk Factor Collaboration (NCD-RisC), based on 'Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population-representative studies with 222 million children, adolescents and adults', *Lancet*, vol. 403, no. 10431, March 2024, pp. 1027–1050.

LEGEND FOR FOOTNOTES

– Data not available.

© United Nations Children's Fund (UNICEF)

September 2025

UNICEF

Child Nutrition and Development, Programme Group

3 United Nations Plaza, New York, NY 10017, USA

unicef  | for every child