

# KILAA KUDEY



Developed for UNICEF and School Health Unit,  
Ministry of Education – Male', Maldives by:



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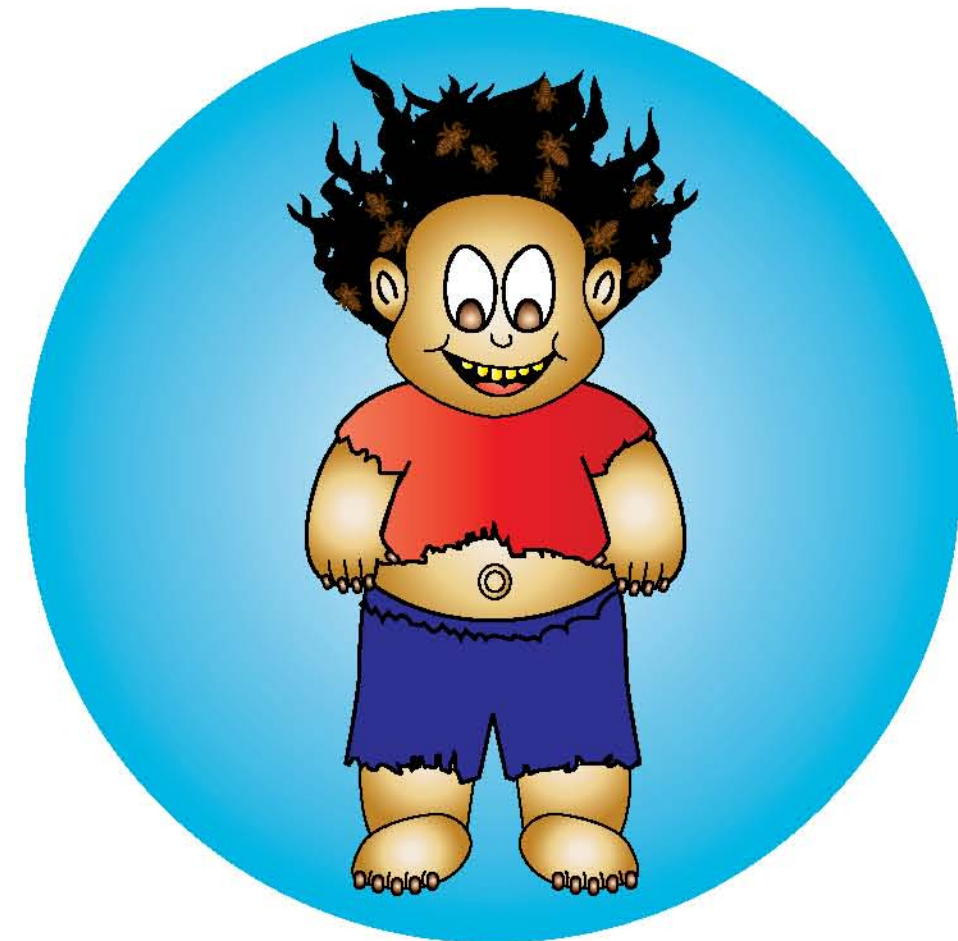
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characters is purely coincidental.

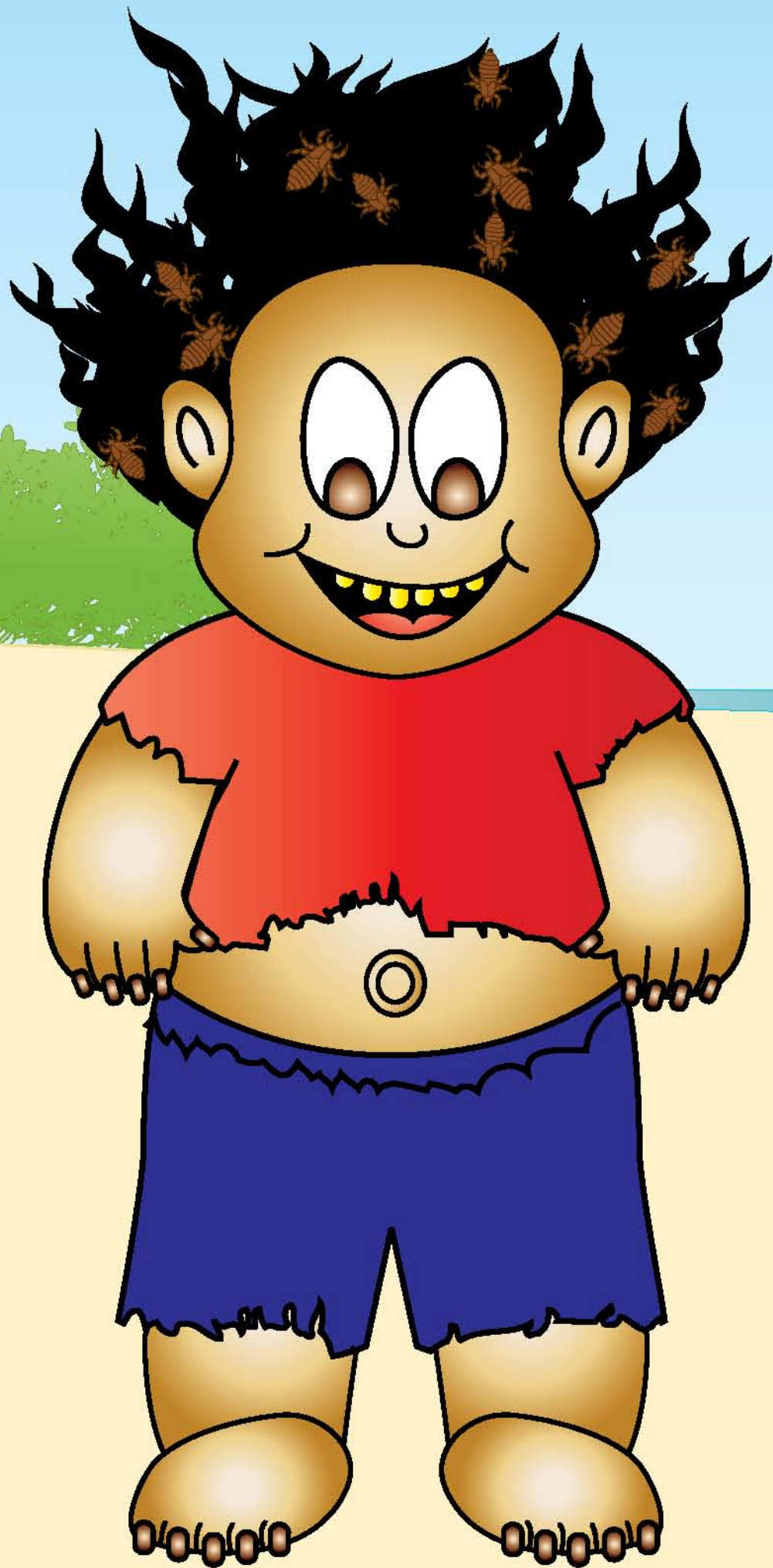
#### Acknowledgements

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## Introduction

This story book is designed to be used by  
primary school teachers and school health  
assistants during relevant school activities.  
The aim of this story is to educate children to  
be clean and ultimately to promote water,  
sanitation and hygiene (WASH) practices.





In a far away island called 'Ekka-la Fushi' there lived two brothers. The younger brother's name was Kudey but everyone called him Kilaa Kudey because he was very dirty. His hair was a mess and full of lice. His teeth were really dirty. His clothes were also unclean and he smelled really bad. He never cut his nails so they were very long and dirty too.





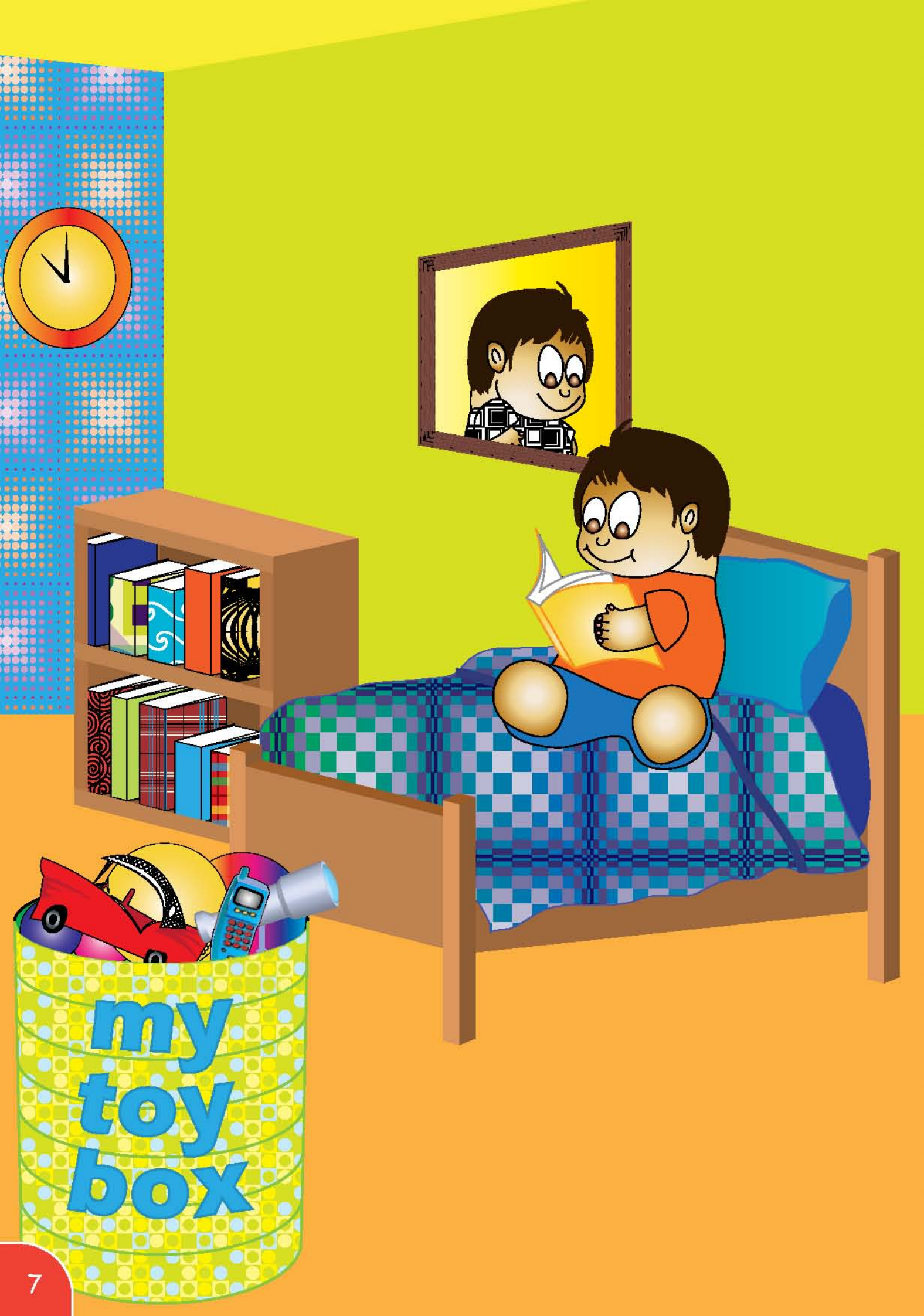
His room was like a junk yard as he never cleaned it. There were piles of dirty clothes, food, books, toys and so many other things thrown everywhere in the room. He never made his bed, so the bed sheets and pillows were everywhere too.





Unlike Kilaa Kudey, his older brother Thiththi was very clean and tidy. His hair was nicely kept. His teeth were very clean. His clothes were clean and he smelled very nice. His nails were short and neat too.





His room was neat and tidy as he cleaned it every day. He also made his bed every day, so his bed sheets and pillows were always in the right place.



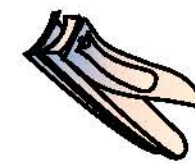


Every weekend, the two brothers did many things together. On Fridays, Thiththi did his laundry using water and washing powder while Kilaa Kudey played in the backyard. One of his favourite games was playing football in 'muddy puddles'.

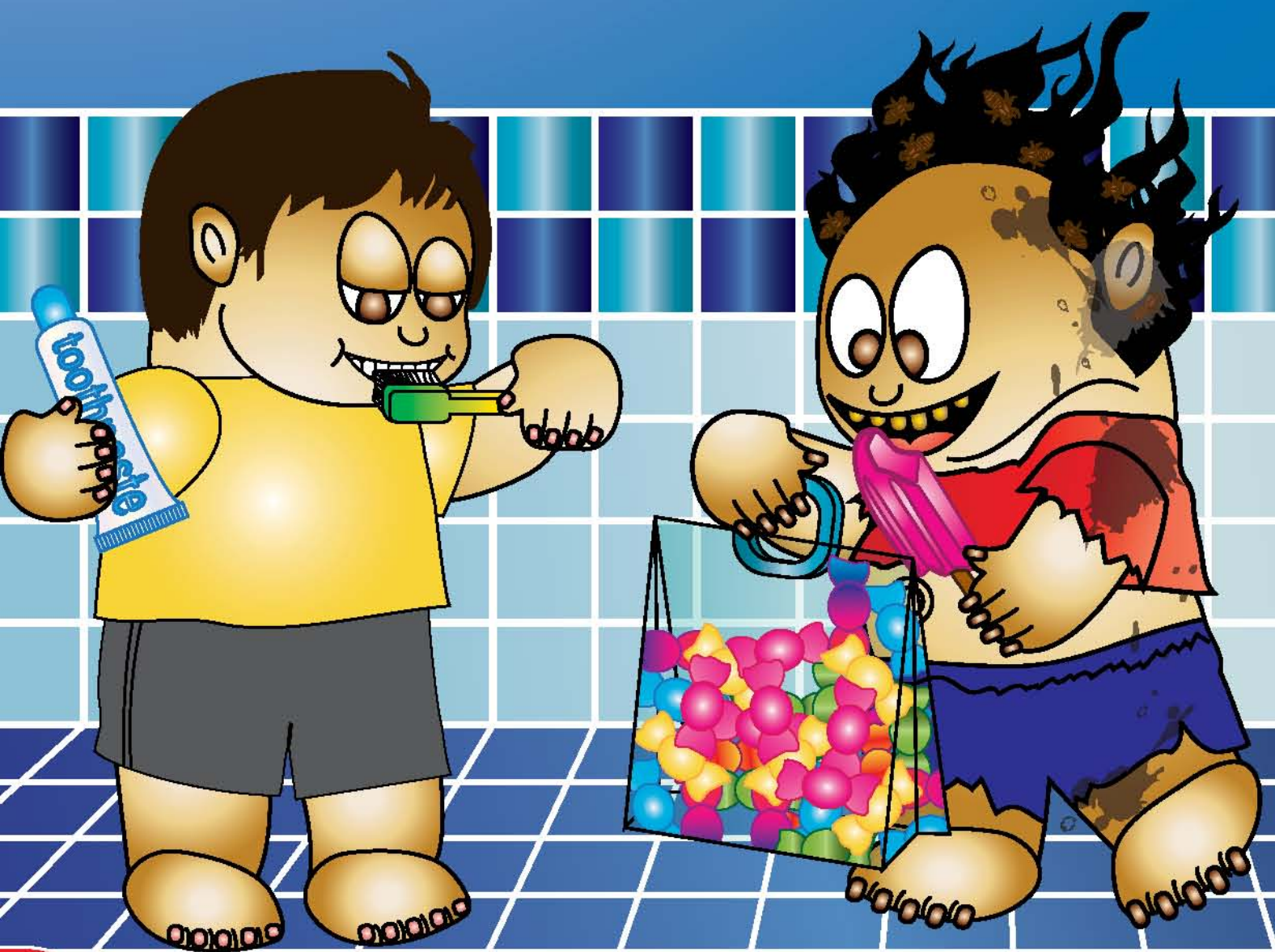




After washing his clothes, Thiththi cut his nails with a nail cutter while Kila Kudey ate chocolates with his dirty hands, with mud, sand and other soiled things under his long nails. Thiththi told him not to eat with dirty hands because he might get sick from the germs on his hands, but Kila Kudey never listened to him.







Thiththi brushed his teeth with a toothbrush, with toothpaste on it, while Kilaa Kudey ate sweets and other junk food tha would give his teeth cavities.



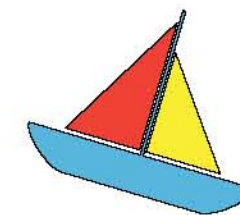


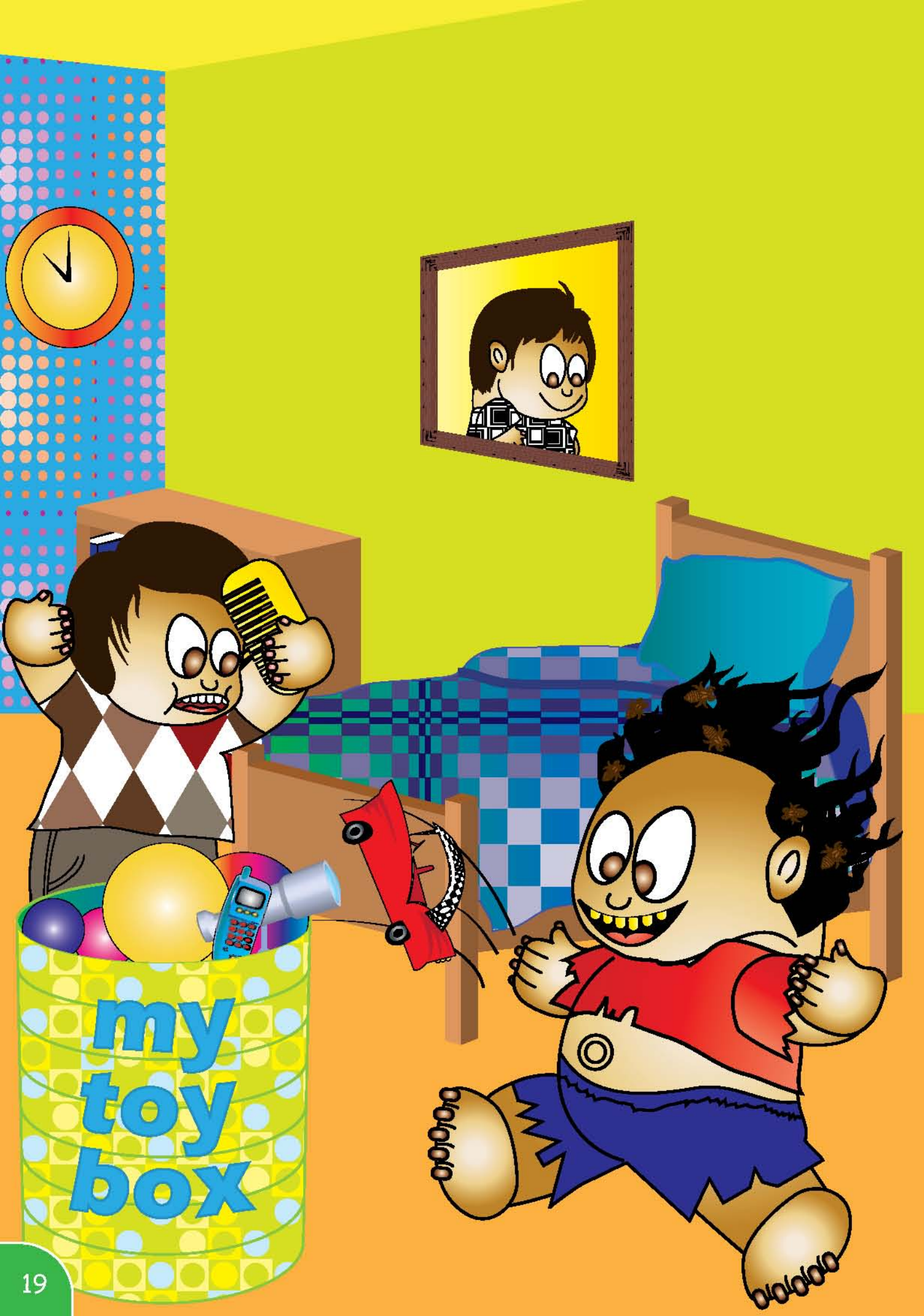
Thiththi took a shower with soap and water while Kilaa Kudey made bubbles with 'soapy water'. Thiththi told him not to do that and told him to use that water and soap to clean himself, but Kilaa Kudey never listened to him.



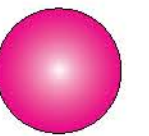


Thiththi often washed his hair with shampoo while Kilaa Kudey played around with his toys. He just loved playing in the bathroom, instead of taking showers.





After taking a shower, Thiththi put on clean clothes and combed his hair with a comb while Kilaa Kudey continued playing, throwing things around in Thiththi's room, just as he did in his own room. Thiththi told him to clean the room but Kilaa Kudey never listened to him.





On Saturdays, the two brothers went for a walk around the island. One day, while they were walking, they saw Super Fenfulhi flying high up in the sky. When they saw him they called out to him "Hey Super Fenfulhi, please come down and take us on a flight".





When Super Fenfulhi heard them he came down and started talking to Thiththi. "Hmm, you look clean and tidy so I will take you on a flight. But I don't want to take your brother because he is dirty".





With this, away went Super Fenfulhi, with Thiththi on his back. While flying, Super Fenfulhi sang his favourite song, "Super Fenfulhi is my name, this is my song and it remains the same, being dirty is a shame, so be clean and get a good name".





This made Kila Kudey very sad and he started crying. He thought to himself "If I were...clean and tidy like Thiththi, Super Fenufulhi would have taken me on a flight too".







Suddenly Kila Kudey came up with a great idea. "If I go home now and get myself cleaned up, maybe Super Fenfulhi would take me too".



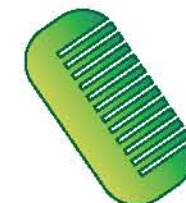


So Kila Kudey ran home as fast as he could. He cleaned his room, swept and mopped the floor, made his bed and put everything in the correct places. After that he cut his nails with a nail cutter.





He hurried to his bathroom and took a shower with soap and water. He washed his hair with shampoo and brushed his teeth with a toothbrush, with toothpaste on it. After taking a shower, he thought to himself "What can I wear?".





He suddenly remembered about the t-shirt and shorts which Thiththi washed and ironed for him a week ago. So he took them out of the cupboard and put them on. After putting on the clean clothes, he combed his hair with a comb. When Kilaa Kudey was done, he looked very nice. He was very clean and tidy.





He thought to himself, "Now I know why Thiththi always told me to be clean. My head feels so good without the lice running all over. My hair is also not a mess anymore. My hands look nice with my nails cut short and hands washed nicely. My teeth are clean and shiny now. I feel great wearing clean clothes and smelling nice".



So away went Kila Kudey to look for Thiththi and Super Fenfulhi. He found them on the beach. They were having a tea party. When they saw Kila Kudey they could not believe their eyes. "Now would you take me on a flight?" asked Kila Kudey. "Yes of course. Now you are very clean and tidy, just like me and your brother", said Super Fenfulhi.

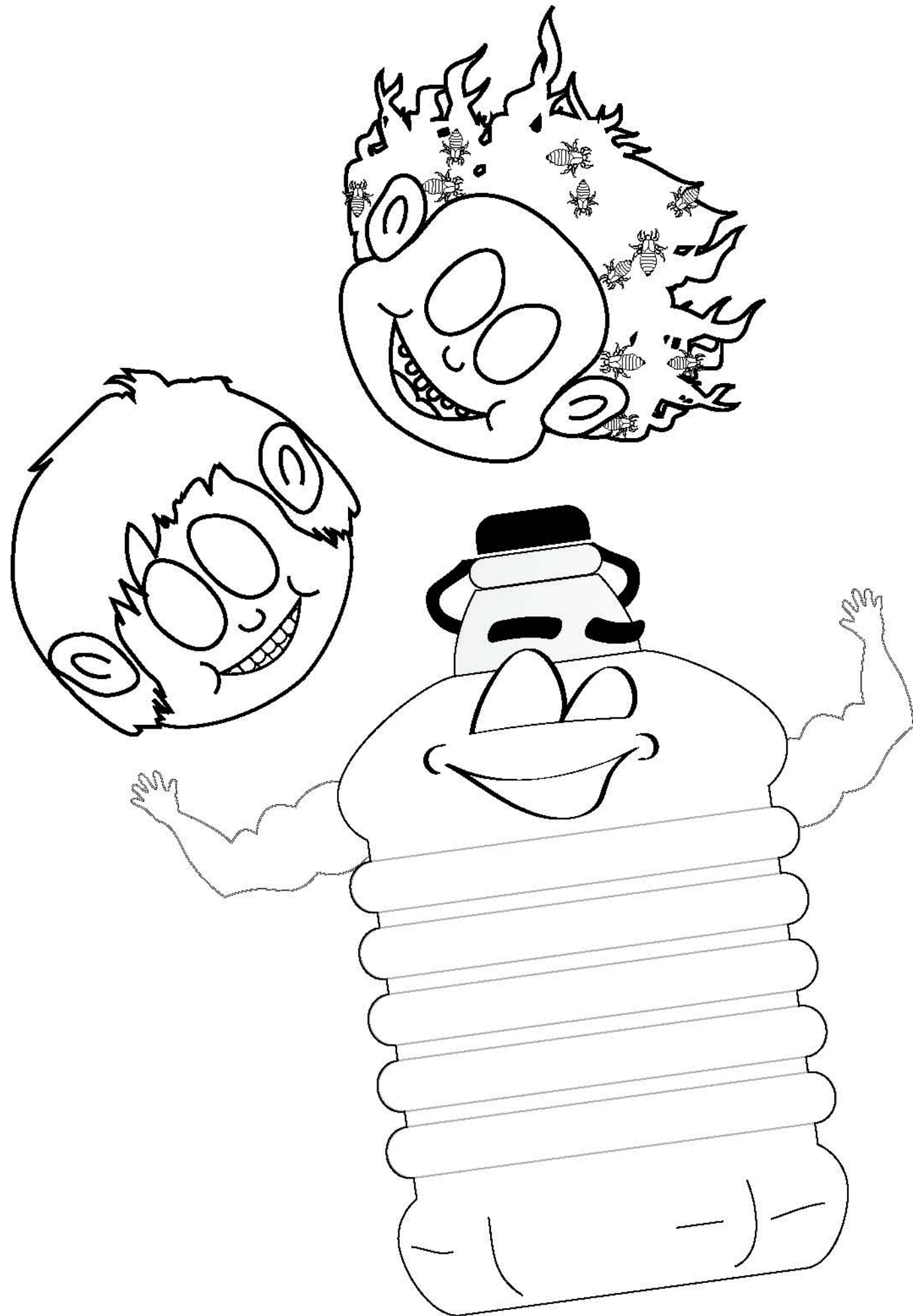




So at last Super Fenfulhi took Kila Kudey on a flight. Kila Kudey was so happy. He had a smile from ear to ear across his face. He decided he liked being clean and was no longer going to be Kila Kudey. So after that day everyone started calling him by his name 'Kudey'.



**MAKE COPIES, CUT AND USE AS MASKS.**



## **QUESTION TIME!**

- 1) What is Kilaa Kudey's real name?
- 2) Why does everyone call him Kilaa Kudey?
- 3) Tell/write 6 differences between Kilaa Kudey and his brother.
- 4) What is one of Kilaa Kudey's favourite games?
- 5) Tell/write the things Thiththi used to:
  - Wash his clothes
  - Cut his nails
  - Brush his teeth
  - Take a shower (wash his body)
  - Wash his hair
  - Comb his hair
- 6) At first why didn't Super Fenfulhi take Kilaa Kudey on a flight?
- 7) At the end why did Super Fenfulhi take Kilaa Kudey on a flight?
- 8) On your own, compose a poem or a song like Super Fenfulhi's favourite song, on good water, sanitation and hygiene practices.





**Being dirty is a shame,  
So be clean and get a good name**

**Supported by:**

