

# Working Women and Breastfeeding

A Malaysia Breastfeeding Information Bureau Forum in conjunction with World Breastfeeding Week 2008



## CHAIRPERSON'S BIO

### Professor Emeritus Datuk Dr. Nik Safiah Karim

*Universiti Malaya*

Datuk Dr. Nik Safiah Karim has had an illustrious life, both as an educationist as well as a passionate champion for women's development and rights.

Born in Kelantan during the country's pre-independence days, she has lived through two eras, witnessing, experiencing as well as participating in the changes and development that evolved and propelled the country forward.

Nik Safiah was a student of the Maktab Perempuan Melayu (now known as Kolej Tunku Kurshiah), following which she pursued her higher education at the Universiti Malaya. She served as a lecturer in the same university during which time she contributed to the advancement of the national language. At the university, she also held the position of *Kursi Pengajian Melayu*. Following her retirement, she was awarded the title Professor Emeritus by Universiti Malaya and is currently appointed the University's *Karyawan Tamu*.

Nik Safiah holds various leadership positions in women's organisations, including Deputy President (Central Zone) for the National Council of Women's Organisation (NCWO), Chairperson of the Majlis Perunding Wanita Islam Malaysia (MPWIM) and was conferred the special title of *Ketua Satu* (Chief Leader) for PERTIWI. She is also a member of Malaysia's Womens' Graduate Council (Majlis Siswazah Wanita Malaysia).

Nik Safiah is married to Tuan Haji Mohd. Zain Omar. They are blessed with 4 children and 11 grandchildren.

## PARTNERS:



## SPEAKERS' BIO

### Associate Professor Dr Adlina Suleiman

*Lecturer, Faculty of Medicine, University Teknologi MARA (UiTM)*

An avid believer in the value of mother's milk, Dr. Adlina Suleiman brings with her close to two decades of breastfeeding experience.

She was instrumental for establishing the MAWAR Medical Centre as a Baby Friendly Hospital in 1998, and obtaining its certification within eight months. She has also served as a breastfeeding counselor for 17 years and has published research on breastfeeding relating to knowledge, attitudes and practices as well as marketing in addition to her research on stress, depression, sexual health, effects of electromagnetic radiation and home phototherapy.

Into her fifth year as a lecturer, Dr. Adlina currently teaches at the Universiti Teknologi MARA's (UiTM) Faculty of Medicine. She is a certified medical doctor from the Universiti Kebangsaan Malaysia (UKM) and also holds a Masters in Public Health from Universiti Malaya as well as a Masters in Business Administration from the Southern Cross University Australia. She was also certified as an International Board Certified Lactation Consultant in 1995.

Dr. Adlina is a member of the Academy of Medicine Malaysia, the Association of Islamic Doctors, AMAN Malaysia, the Malaysian Lactation Consultants Association and the Breastfeeding Support Association Malaysia.

Born in 1960, Dr. Adlina is married with four children.

## FOR MEDIA ENQUIRIES

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## SPEAKERS' BIO

### Wong Poai Hong

*President, Association of Registered Childcare Providers Malaysia*

A mother of four, Wong Poai Hong is a strong advocate for quality childcare with involvement in both grassroots training and consultancy.

Having qualified with an LLB (Hons) from Universiti Malaya in 1979, Poai Hong pursued a career in corporate law and was a private legal practitioner. Within 10 years, she turned her talents towards a greater passion – to ensure quality childcare for Malaysia's children.

In 1987, Poai Hong established her own childcare centre and has since served on various Government related committees, focusing on issues relating to children and their rights. Amongst others, these include the National Plan of Action for Children 2020 and the Early Childhood Care and Development (ECCD) policy.

With a mission to moving ECCD in Malaysia to world class standards, Poai Hong zealously uses her position as the President of the Association of Registered Childcare Providers Malaysia to advocate with policy makers as well as leaders from government, corporate and the public sectors on the need to invest in ECCD. One of her aims is to ensure affordable and accessible childcare for all children in Malaysia.

### Dr. Manonmoney

*Member, National Breastfeeding Association Malaysia*

Dr. Manonmoney's initiation to breastfeeding began in 1990 following the birth of her eldest child. With little knowledge on the practicalities of breastfeeding, she embarked on a journey to learn more with guidance and help from the National Breastfeeding Association President, Siti Norjinah Moin.

Subsequently, she became a member of the Association and participated in various courses and training. In 1994, she was trained as a trainer by Dr. Felicity Savage King. With a deep-rooted desire to give her children the best start in life, and armed with her growing depth of experience, knowledge and skills, Dr. Manonmoney's experience in breastfeeding her second child, born in 1996, was a much smoother journey.

Dr. Manonmoney runs her own dental clinic in Rawang. She graduated from Universiti Malaya in 1984 and was in government service for 19 years.

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