Did you know that every child has the RIGHT to rest, relax, play and take part in creative and cultural activities?

That’s why we’ve created this fun activity book for you and your children to enjoy, while also learning about children’s rights.

Children have many rights, like the right to life, safety, family, identity, expression and protection from violence among many others.

Moreover, all children the world over have the same rights including those who are homeless, fleeing conflict, poor, hungry, sick, out of school or abandoned.

For children to reach their full potential and have the best possible future, their rights need to be protected and realised.

These rights are set out in The Convention on the Rights of the Child, which is an international legal commitment by world leaders to protect every child and to fulfill their rights.

To learn more go to www.unicef.org
COLOURING

A child is any person under the age of 18.
All children have all these rights, no matter who they are, where they live, what language they speak, what their religion is, what they think, what they look like, if they are a boy or girl, if they have a disability, if they are rich or poor, and no matter who their parents or families are or what their parents or families believe or do. No child should be treated unfairly for any reason.
Children have the right to get help if they have been hurt, neglected, treated badly or affected by war, so they can get back their health and dignity.
Governments should let families and communities guide their children so that, as they grow up, they learn to use their rights in the best way. The more children grow, the less guidance they will need.
Children have the right to their own identity – an official record of who they are which includes their name, nationality and family relations. No one should take this away from them, but if this happens, governments must help children to quickly get their identity back.
Children have the right to give their opinions freely on issues that affect them. Adults should listen and take children seriously.
Every child has the right to an education. Primary education should be free. Secondary and higher education should be available to every child. Children should be encouraged to go to school to the highest level possible. Discipline in schools should respect children’s rights and never use violence.
Children have the right to food, clothing and a safe place to live so they can develop in the best possible way. The government should help families and children who cannot afford this.
Every child has the right to rest, relax, play and to take part in cultural and creative activities.
When adults make decisions, they should think about how their decisions will affect children. All adults should do what is best for children. Governments should make sure children are protected and looked after by their parents, or by other people when this is needed. Governments should make sure that people and places responsible for looking after children are doing a good job.