

Integration of MHPSS in Case management

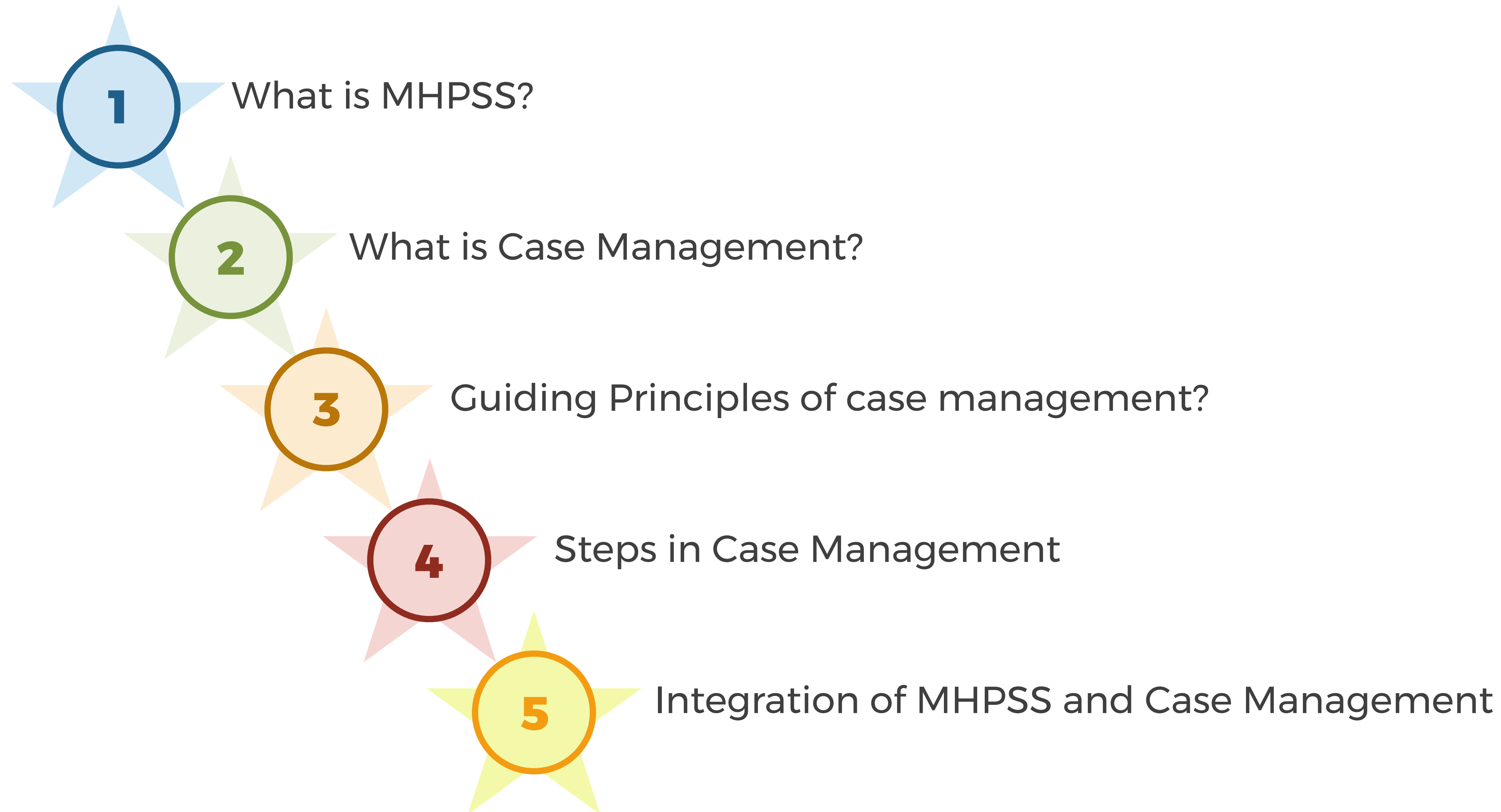




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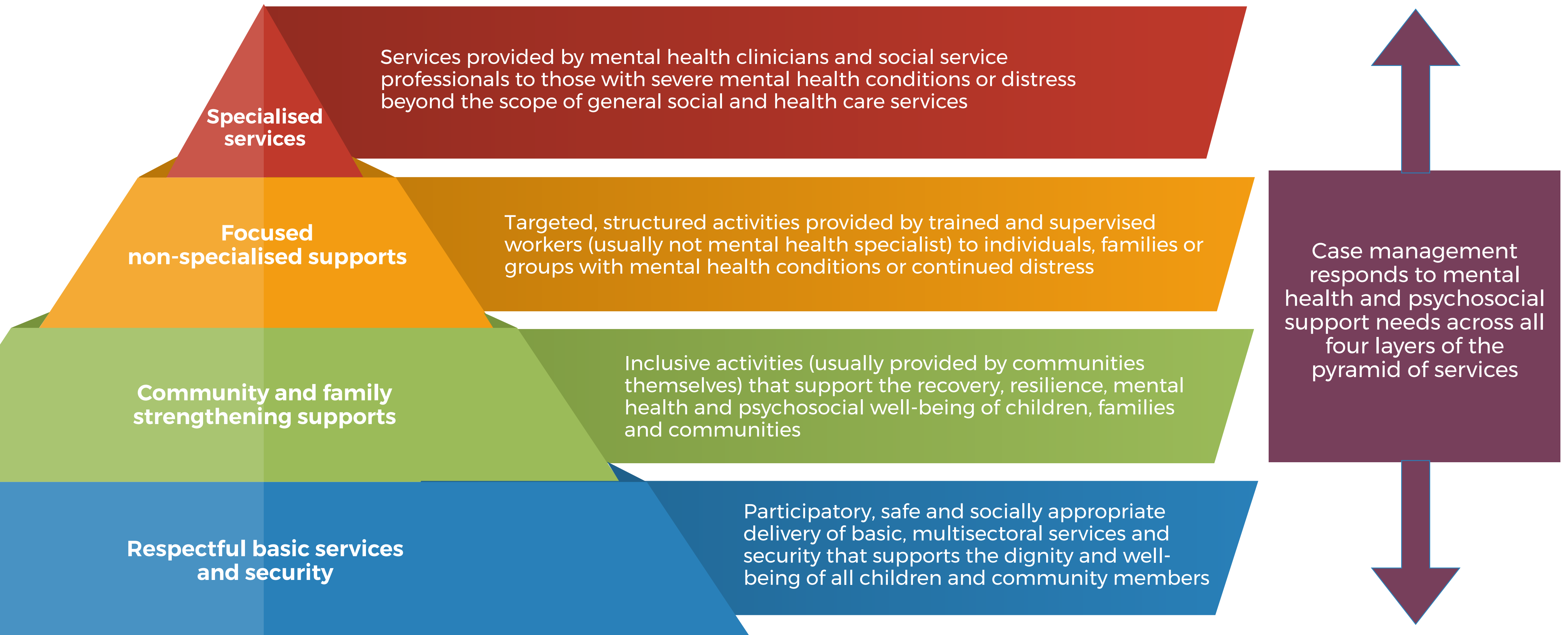
Outline of this module:



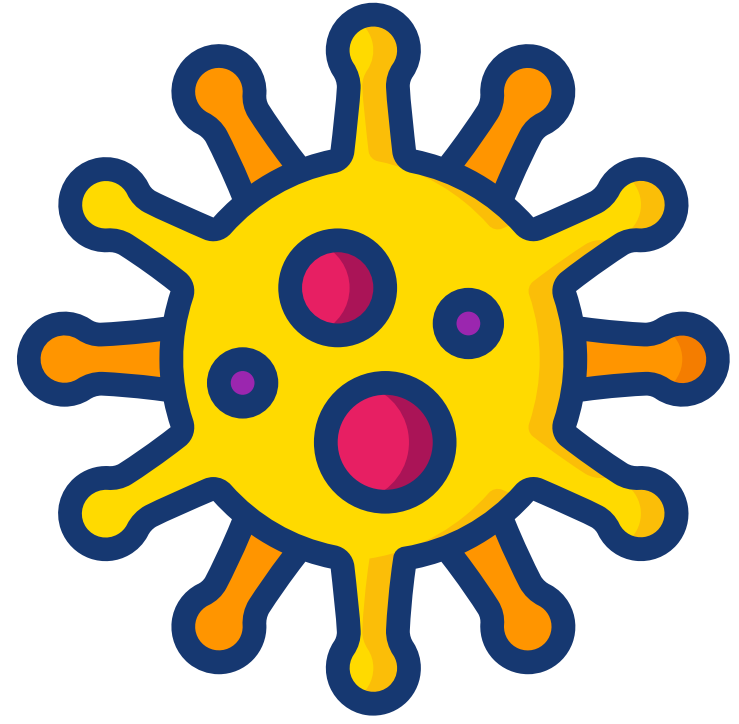
What Is MHPSS?

- ✱ ‘Any type of **local or outside support** that aims to protect or promote **psychosocial well-being** and/or prevent or treat **mental health conditions.**’
- ✱ The MHPSS Intervention Pyramid
- ✱ From supporting basic needs through community-based support to the provision of specialized mental health care

The MHPSS intervention pyramid and case management



The importance of MHPSS services during Covid-19



Increased levels of stress because of the pandemic:

- * School closures
- * Loss of livelihoods
- * Increased levels of violence
- * Fear of infection and losing loved ones

C19 has emphasized the:

- * Heightened exposure to Mental Health and well-being issues

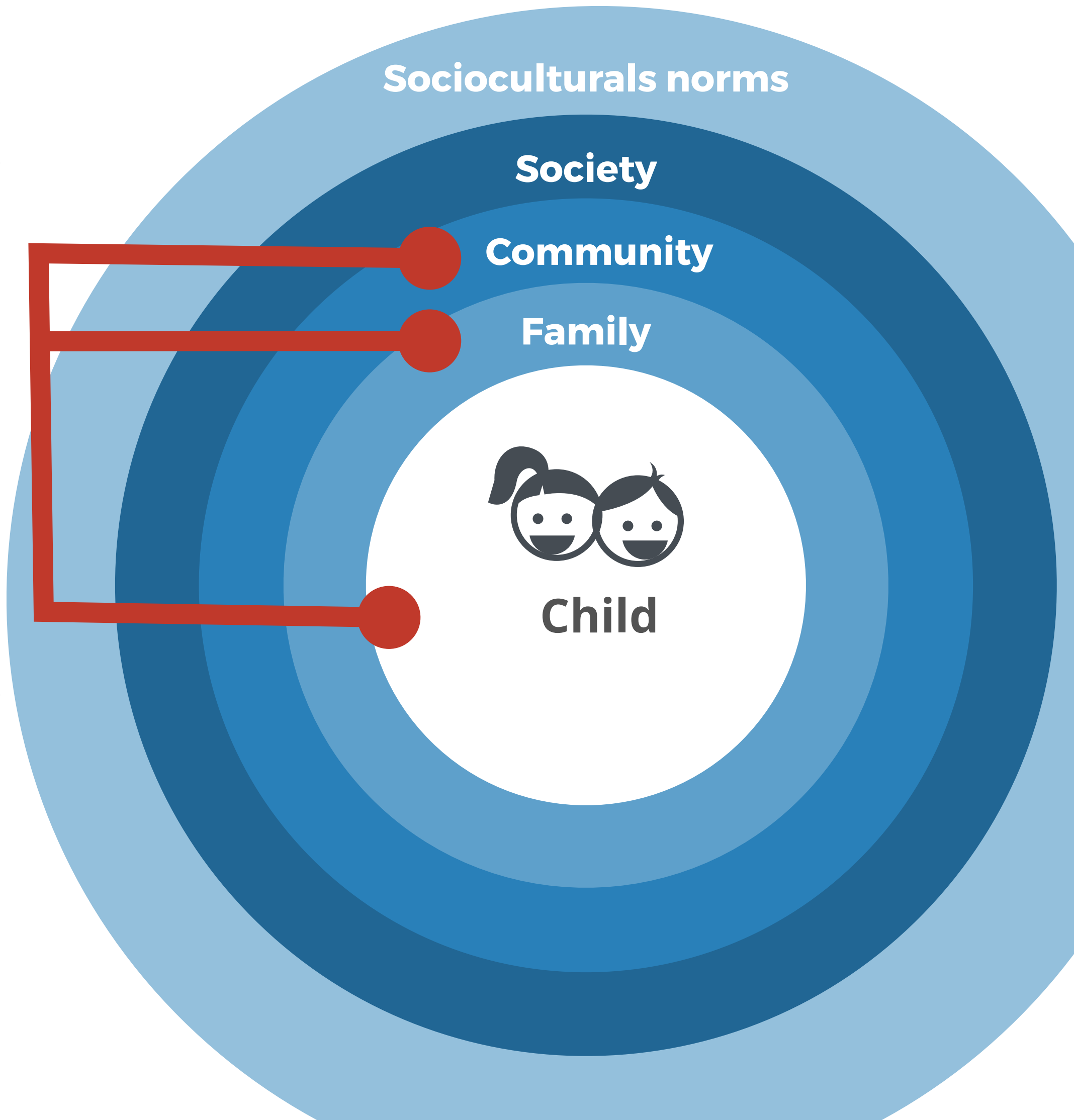
What is case management?

A process for identifying a child's needs and coordinating the provision of services to meet those needs

Core Elements of Case Management:

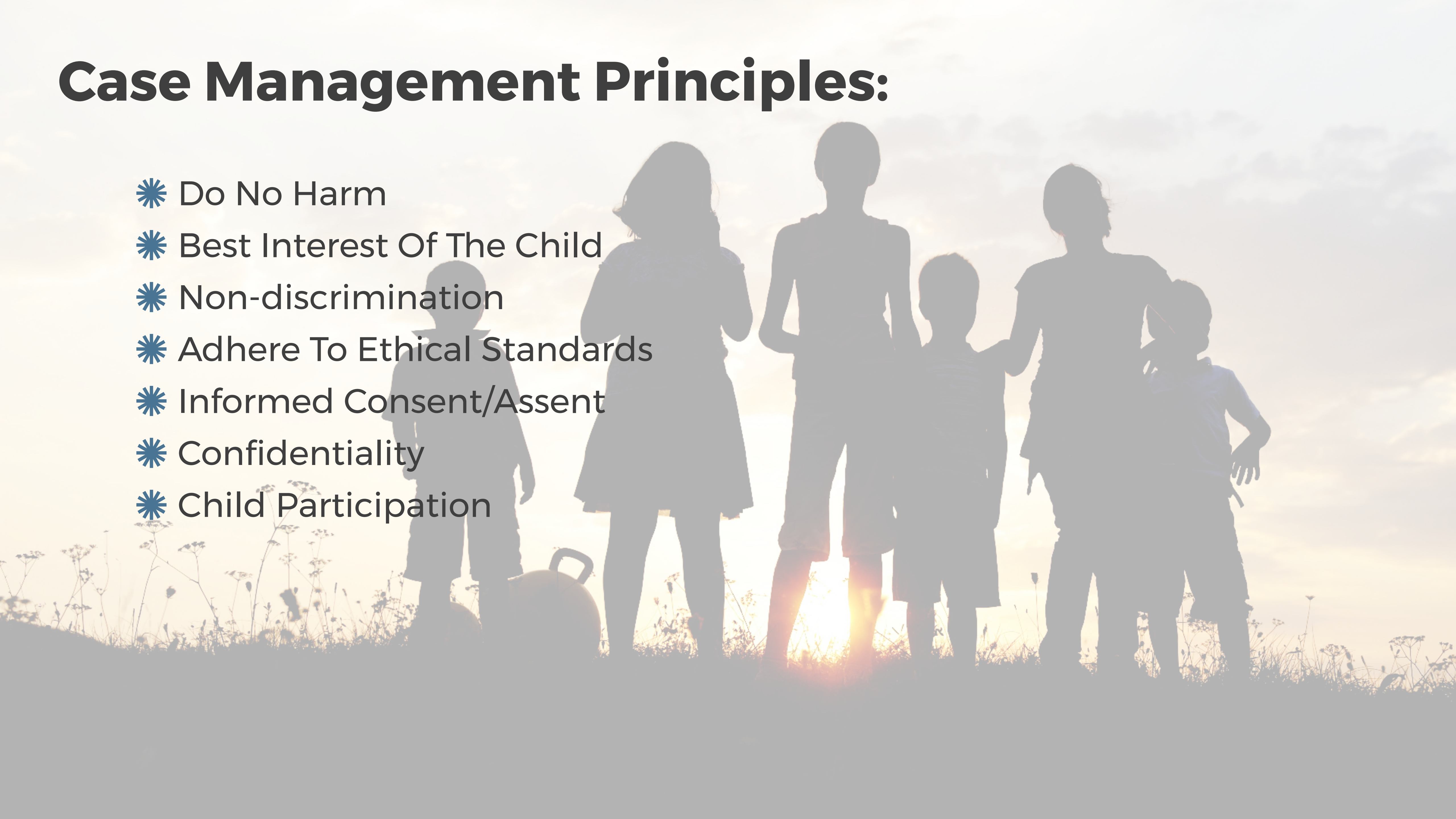
- * Identification
- * Assessment
- * Case Planning
- * Case Implementation and Referral to Specialised Services
- * Follow Up And Review
- * Case Closure
- * Information Management

Case management within the socio-ecological model



Case Management Principles:

- ✱ Do No Harm
- ✱ Best Interest Of The Child
- ✱ Non-discrimination
- ✱ Adhere To Ethical Standards
- ✱ Informed Consent/Assent
- ✱ Confidentiality
- ✱ Child Participation



Steps in Case Management:



1

The case management steps: Identification/Registration

Children can be identified by a variety of actors

An initial assessment may be conducted to address any urgent needs:

- ✱ **Mental Health and Psychosocial Support**
- ✱ Medical
- ✱ Legal
- ✱ Protection
- ✱ Nutritional
- ✱ Educational
- ✱ Shelter

Once case is identified:

- ✱ Seek informed consent
- ✱ Register standard information
- ✱ Provide information on process and services

2

The case management steps: Needs Assessment

The systematic evaluation of the situation of the child

Considers:

- * Vulnerabilities, risks and harm factors and
- * Protective factors, strengths and resilience of child and family

3

The case management steps: Case Planning

A case plan is based on the assessment made, and the case plan should be developed with the participation of the child and family.

The Case Plan shall identify:

- * What services are needed?
- * Who should provide the services?

The Case Plan could address:

- * Access to education
- * Alternative Care arrangement
- * Legal services
- * Health Care
- * **Mental Health and Psychosocial Support**

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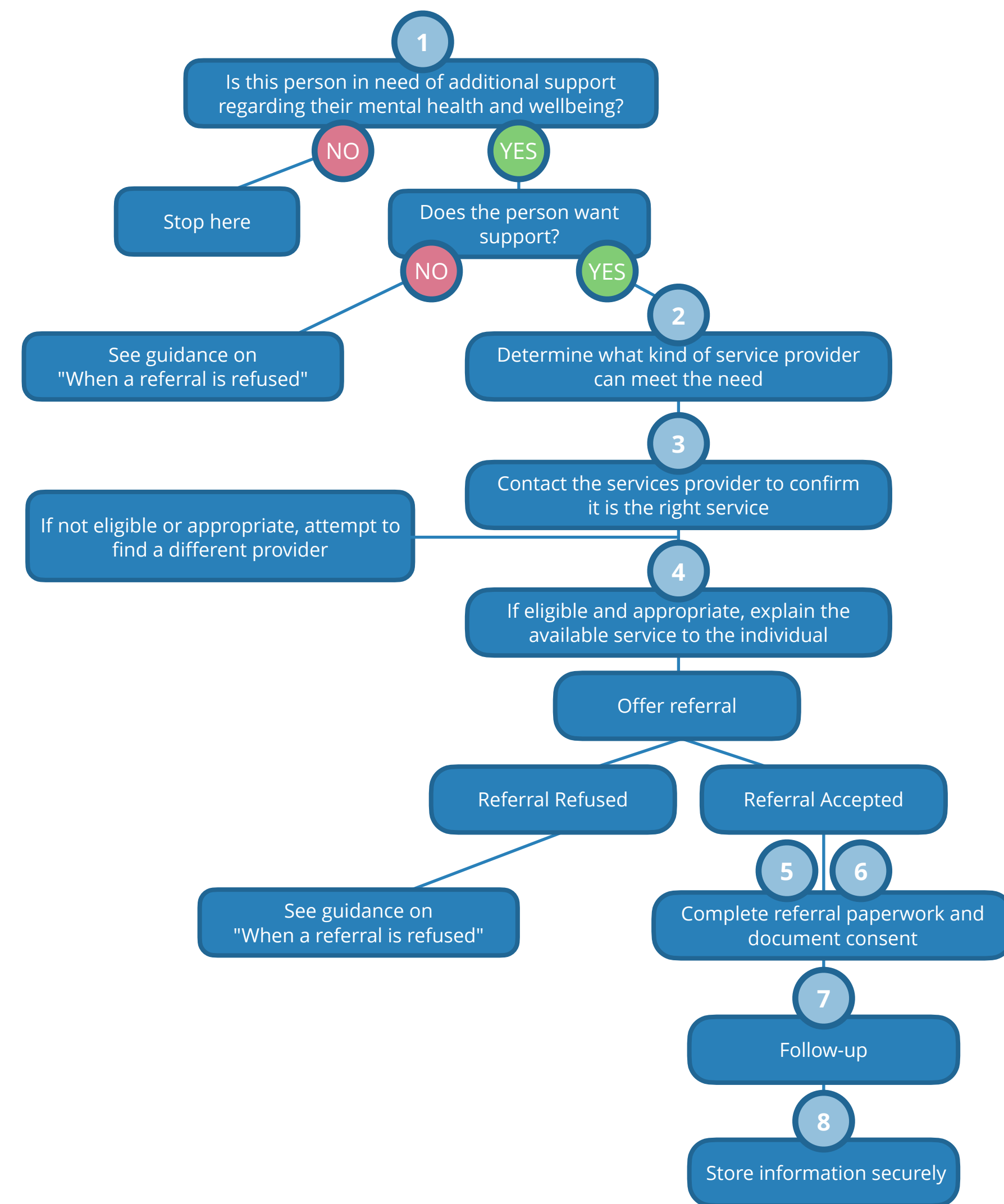
The case management steps: Case Planning

Referrals

Linking to other service when need is beyond your expertise or scope of work

Requires:

- ✱ Knowledge on available services
- ✱ Existing referral pathways and SOPs
- ✱ Informed consent and inter-agency referral forms
- ✱ Follow up and assessment



4

The case management steps: Implementation of the Case Plan

Work with child, family and other actors (as needed/consented to) to take action to realise the case plan

There are two ways through which the case plan is implemented:

- ✱ **Direct support and services:** Provided by the caseworker (e.g. information, advice) and services directly obtained
- ✱ **Referrals:** to other agencies or service providers

5

The case management steps: Follow Up and Review

Follow-Up: Checking a child and family's needs are being met throughout the case management process.

Throughout the Case Management process - continuously assess the needs of the child

Review: Reflecting on the case plan's implementation

- ✱ Are objectives being met?
- ✱ Does the plan remain relevant? Are adjustments needed?
- ✱ If not, how to adjust it?

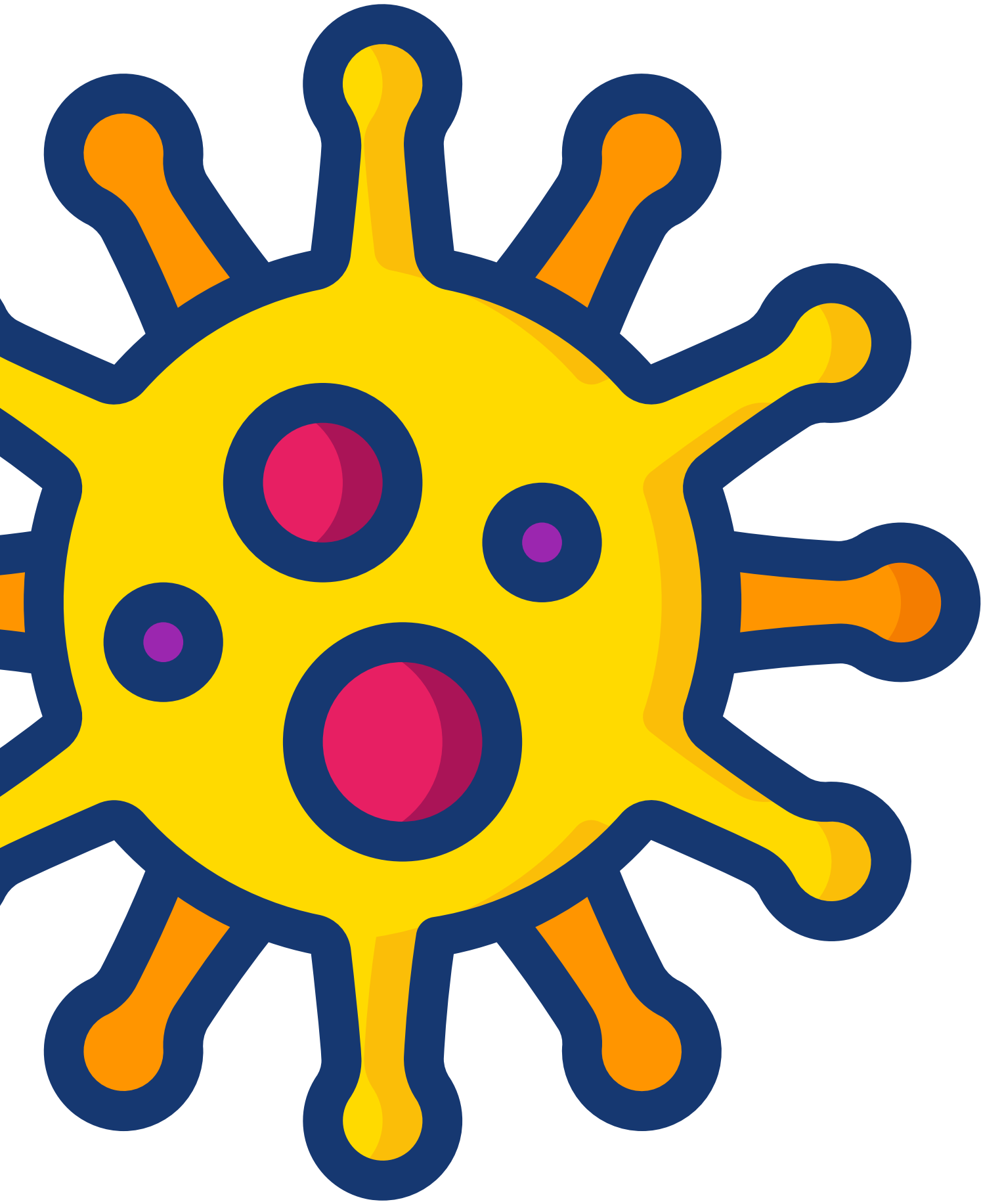
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The case management steps: Case Closure

The point at which work with the child ends

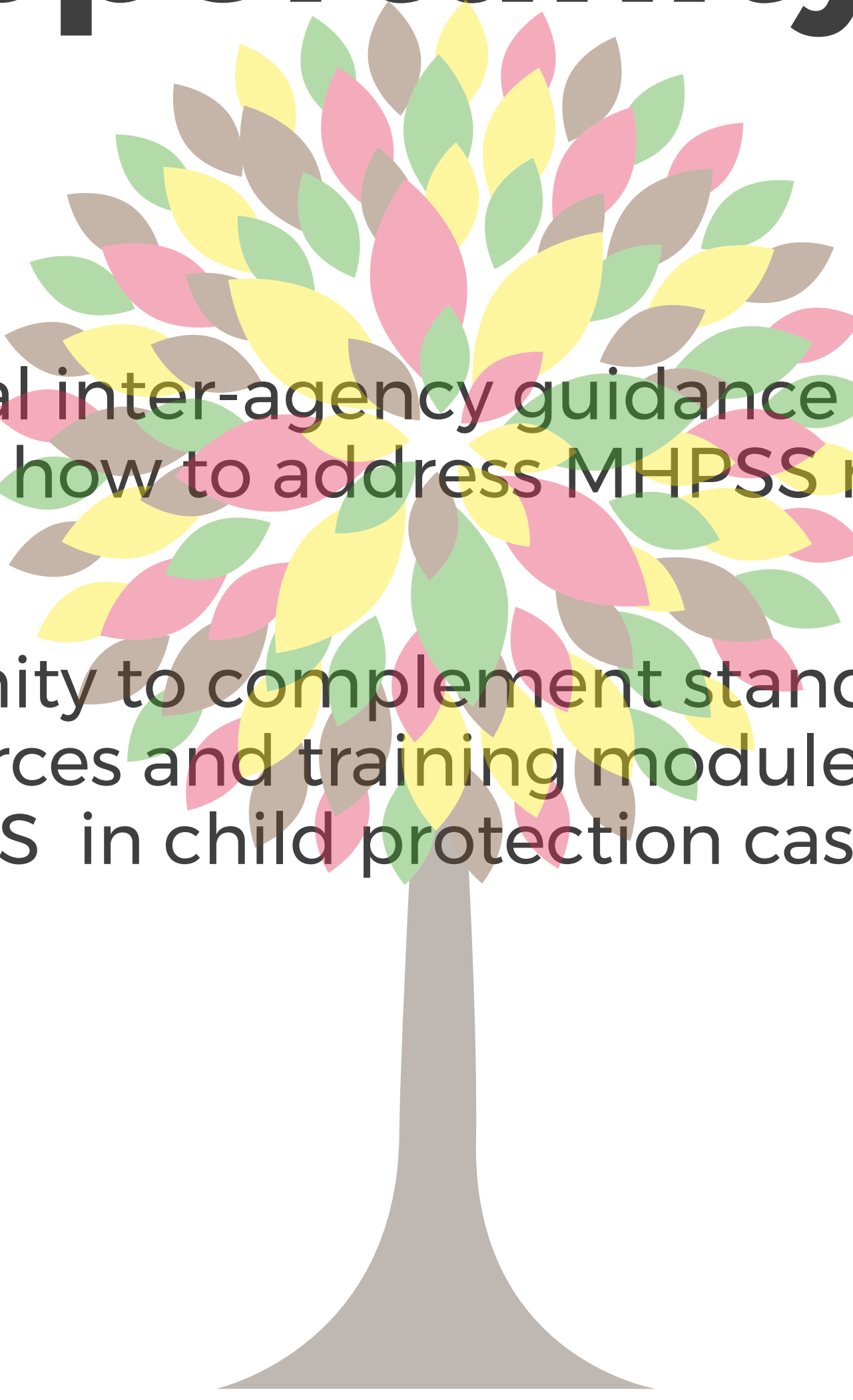
- * Criteria for case closure should be clearly established
- * Case closures should be authorised by a manager/supervisor

Remote case management or the impact of C19 impact on the provision of f2f Case Management



- * When F2F is no longer an option
- * Adaptation to the containment strategies
- * Adaptation based on needs of the child

Upcoming opportunity

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- ✱ Gap: Lack of practical inter-agency guidance and trainings for frontline workers on how to address MHPSS needs of children
 - ✱ Upcoming opportunity to complement standardized CP case management resources and training modules and strengthen the integration of MHPSS in child protection case management