

HELP FOR PARENTS - CHILDREN'S RIGHTS

FROM THE ST. JAMES PARENT SUPPORT ADVISORY TEAM (PSAT)



EVERY CHILD HAS CERTAIN BASIC RIGHTS, NO MATTER HOW YOUNG OR HOW OLD HE OR SHE IS. The rights of a child include:

the right to education, the right to play, the right to protection from abuse and violence, the right to health and the right to express his or her views.

It is often hard for people to believe that children have rights. Some people think children are too young to have rights or to have a say in what happens in their lives. This is not true. Children are human beings and have feelings and needs just like adults. They need to be treated with dignity, respect and love.

Can you remember any time when you were a child and when someone did not respect your rights? How did you feel? As a parent, remember that the way your child is treated will affect the type of adult he or she becomes. A child who is treated with respect learns to treat others with respect.



DO

1. Treat every child with respect.
2. Listen to what your child has to say.
3. Provide your child with a safe and loving home.
4. Protect your child from abuse.



DON'T

1. Treat children as if they have no rights.
2. Ignore your child by not listening.
3. Neglect your child's safety or emotional needs.
4. Allow your child to be mistreated.

CHILDREN'S RIGHTS PUZZLE FIND-A-WORD

Find the following words which are some things all children have a right to:

EQUALITY
NAME
FAMILY

PLAY
CARE
PROTECTION

LOVE
SAFETY
EDUCATION

HEALTH

A P C T Y N A A I U E Y H
N R A M I I A Y A P E A A
A O E P L A Y E E N O L E
O T Q O L I S A F E T Y C
A E U N C C L O O Y T C N
F C A L Q L C C A R E F L
E T L E E O Q A E D E A E
L I I D T E E P P A O M A
M O T U L L N L E L A I L
I N Y C E O N E T A P L A
N Q T A U V C E D P Y Y E
A O T T E E D O L L T S E
M A E I H E A L T H P P O
E A E O A L Y P D T T T E
I P F N E E L Y E L L N R
Q I Y Q R A U H A C U C T

The St. James Parent Support Advisory Team (P-SAT) is here to assist parents. We give parents the chance to learn how to do better at the job of parenting. We also give parents an opportunity to share and learn from each other, with the support of specially trained persons who give information on a number of topics.

If you or your community would like assistance from the PSAT, please contact us:

c/o THE CHILD DEVELOPMENT AGENCY, 4 KERR CRESCENT, MO-BAY 9524362;9711569

or at

THE PSAT RESOURCE CENTRE, 1ST FLOOR VANHAZE BUILDING, 16 EAST ST, MO-BAY

