Women and adolescent girls disproportionately face the burden of poor water, sanitation, and hygiene (WASH) conditions at home, school, healthcare facilities and other settings, more so during menstruation. When women and girls cannot manage their menstrual hygiene, it can negatively impact their rights to education, work, marriage and health. The WASHActs-2 highlights UNICEF efforts in collaboration with government and development partners to achieve greater gender equality and empowered adolescent girls.

83%* Schools without access to functional and sex-separated toilets
60% of schools do not have basic handwashing facilities
1 OUT OF 6 GIRLS missed school during their last menstruation
1 OUT OF 2 GIRLS reported poor menstrual hygiene management
1 IN 5 WOMEN had not discussed menstruation before their first menses

These achievements are made possible by the generous contributions from various donors. Your support will help advance realization of child rights in Indonesia.

**Summary support:**

**Actions in Menstrual Health and Hygiene (MHH):**
UNICEF supported a range of MH Day events on 28th May 2021 across Indonesia including the use of Period Tracker (Oky App). MHM events witnessed active youth engagement (Youth gathering, Period Party) and also highlighted the link between MHM and child marriage.

In support of long-term capacity development of sector practitioners in Indonesia, UNICEF supported a comprehensive national training guide on “Behaviour change interventions for handwashing with soap” in collaboration with the Ministry of Health. The roll-out began in South Sulawesi.

Bappenas and UNICEF organized a high-level kick-off meeting to launch the **SDG 6 planning**. As a ONE WASH plan for Indonesia, the SDG-6 plan will include roadmaps for safely managed drinking water, safely managed sanitation, elimination of open defecation, and hygiene for all.

A systematic assessment of the WASH in Emergencies sector resulted in a roadmap with clear action plan to strengthen sector coordination and capacity for effective emergency response. As a follow-up WASH Cluster training was rolled out in NTT province.

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**Actions in Menstrual Health and Hygiene (MHH)**

**Menstrual Hygiene (MH) Day Celebration:** To take menstrual health and hygiene issue to scale, and address broader issues such as child marriage, UNICEF collaborated with Simavi and Jejaring AMPL (Water and Sanitation Network) to celebrate Menstrual Hygiene Day (MH Day) on 28 May 2021. The theme this year was “menstrual health and hygiene management education as one effort to reduce child marriage in Indonesia”.

UNICEF supported a range of MH Day events including a gathering of around 100 young people aimed to encourage their engagement in implementing MHH education in schools and the community; an advocacy workshop attended by 5 Directors from different ministries and 90 stakeholders intended to increase awareness of the importance of education on MHH and accelerate the efforts of the relevant ministries in mainstreaming MHH education (Please find more information here); and a party to celebrate periods organized by Simavi and attended by 90 stakeholders.

**Empowering adolescent girls in Indonesia through improved MHH practices**

In collaboration with Tangerang District Government, UNICEF supported innovative MHH interventions in schools including development of MHH story books. The endline study reported that awareness of school children of menstruation as a natural process rose significantly from 81% to 94%.

Through story book reading sessions, at least 20,000 seventh and eighth grade students from 40 schools were reached. At the national level, as a result of UNICEF technical support and advocacy efforts, key MHH indicators were successfully incorporated into the school health programme. This will result in better monitoring of MHH conditions in 536,326 schools across Indonesia. UNICEF will support a learning workshop to share the success of MHH intervention to other provinces. For more information, please see [An assessment report](#), a MHH programme video and MHH tutorial video 1, 2, 3.

**Oky period tracker App for girls**

Oky is the first-of-its-kind open-source mobile phone period tracker and menstruation education application. It was co-created with and for girls in low- and middle-income countries including Indonesia with UNICEF support. The Oky app supports girls to learn about puberty, menstruation and sexual and reproductive health in the ways they want, on the digital devices available to them, and empowers girls to manage their periods with confidence and normalcy.

Currently, the Oky Indonesia app is hosted and maintained by the Kopernik Foundation and its social enterprise The Perfect Fit. In collaboration with partners, UNICEF will support scaling-up of the Oky app via digital marketing and in-person promotions in schools with a focus on reaching marginalized girls in remote, under-served areas of Indonesia. Visit this website for more information and download the app here.

**Meet the “Pad Man” breaking taboos and transforming lives in Papua**

UNICEF works with national and sub-national government to break taboos around menstruation in remote areas in Papua. You can read about the work of one of UNICEF’s partners, the Papuan Pad Man, here: [English](#) and [Bahasa](#).

**High-level advocacy for WASH**

**SDG 6 planning and roadmap development**

Bappenas and UNICEF organized a kick-off meeting for SDG 6 planning and roadmap development, which was opened by the deputy minister from Bappenas, followed by presentations from UNICEF and directors of key line ministries. UNICEF will primarily support overall coordination and four roadmaps, namely safely managed drinking water, safely managed sanitation, open defecation free, and hygiene for all. Task force teams have been established for each roadmap, including Ministry of Health, Ministry of Public Works and Housing, Ministry of Home Affairs and other development partners. The SDG 6 plan will be officially launched in the Sector Minister Meeting in Indonesia, 2022.

**WASH COVID-19 responses and WASH in Emergencies**

**Development and pilot of hygiene behaviour change training in South Sulawesi**

Handwashing with soap (HWWs) is one of the most cost-effective measures to reduce COVID-19 transmission. To promote sustainable behaviour change for HWWs, UNICEF developed a national training guide in collaboration with the Ministry of Health, which includes evidence-based behaviour change interventions to improve hygiene practices across communities, schools and health care facilities. The roll-out of the training (in both offline and online formats) began in South Sulawesi and 73 sanitarians have been trained in 2 districts. UNICEF will support a national launch of the training by the Ministry of Health to roll-out the training across Indonesia. Additionally, UNICEF will provide intensive support in 6 UNICEF supported provinces, aiming to reach over 185,000 people.

**Strengthening WASH in Emergency capacities via WASH Cluster training in NTT**

As one of the most disaster-prone countries in the world, it is crucial for Indonesia to continue to strengthen its emergency preparedness measures. To support this, UNICEF conducted a systematic assessment of the WASH in Emergencies sector in Indonesia in consultation with key ministries and WASH Cluster actors. To translate the recommendations into action on the ground, UNICEF conducted a WASH Cluster training in NTT for provincial government officials, including the COVID-19 task force and WASH working group network across communities, schools and health care facilities. The participants were trained on the local coordination and response framework developed as part of the recommendations intended to strengthen coordination mechanisms as well as the provision of technical support. UNICEF will continue to disseminate these trainings at the national level through the National WASH Cluster and in the five other UNICEF supported provinces.

**New UNICEF WASH knowledge products**

**UNICEF WASH Technical paper:** Mobilizing Domestic Revenue to Increase Safely Managed Sanitation, authored by Maraita Listyasaari

**UNICEF WASH Field Note:** Transformative Progress on Water, Sanitation and Hygiene in Schools Programme, authored by Reza Hendrawan

A peer-reviewed research paper: Self-supplied drinking water in low- and middle-income countries in the Asia-Pacific, co-authored by Mitsunori Odagiri

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