

Protecting human rights in the context of COVID-19 pandemic



MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT IN EMERGENCIES

4 June 2020

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WHO/Europe project on long-term institutions for adults with psychosocial and intellectual disabilities

PHASE 1 (2015/16): Region-wide **survey** on the number and characteristics of institutions providing long-term care for adults with mental conditions, psychosocial or intellectual disabilities.

PHASE 2 (2017): 98 facilities/wards across 24 Member States and Kosovo underwent the WHO *QualityRights* **assessment**.

PHASE 3 (2018/19): Quality **improvement** work in selected facilities based on national assessment reports and the UN CRPD.



Mental health, human rights and standards of care

Assessment of the quality of institutional care for adults with psychosocial and intellectual disabilities in the WHO European Region



European mental health institutions fall 'far below the standard,' WHO reports

By Hory Smith, CNN

Updated 1838 GMT (0238 HKT) June 6, 2018



A WHO report examines European mental health institutions.

News & buzz



5 things for June 11: Summit, migrants, Anthony Bourdain, Tony...



Salmonella outbreak linked to pre-cut melon grows

The 5 Most Influential Data Visualizations of All Time

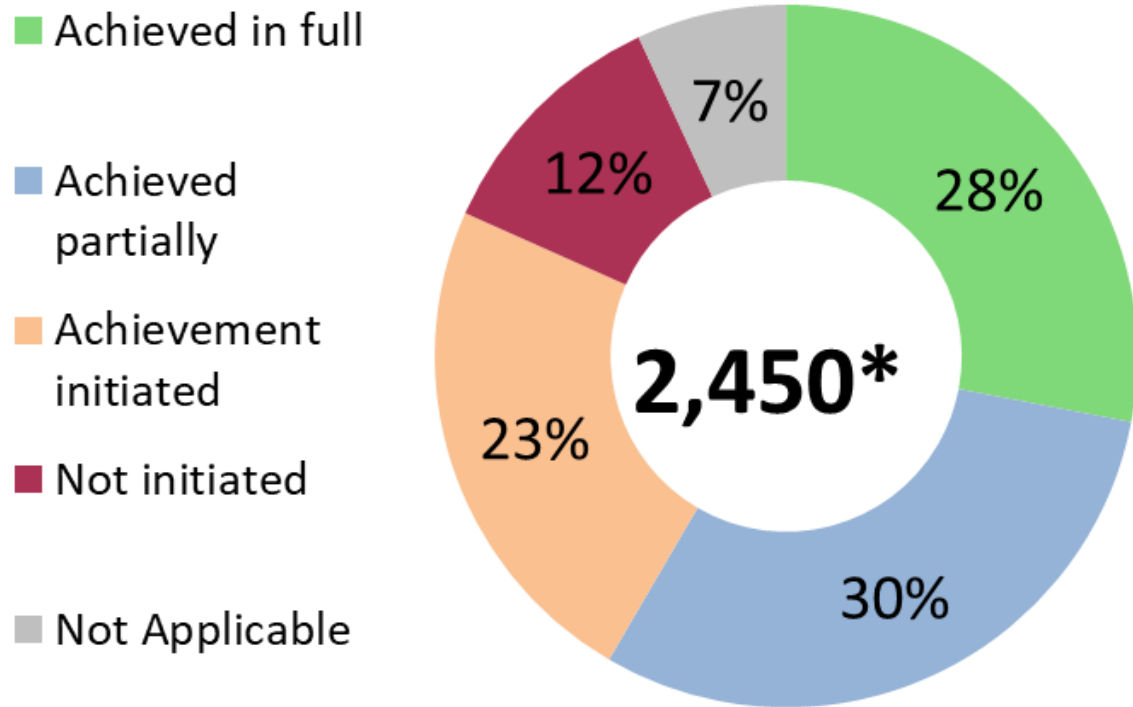
GET THE WHITEPAPER

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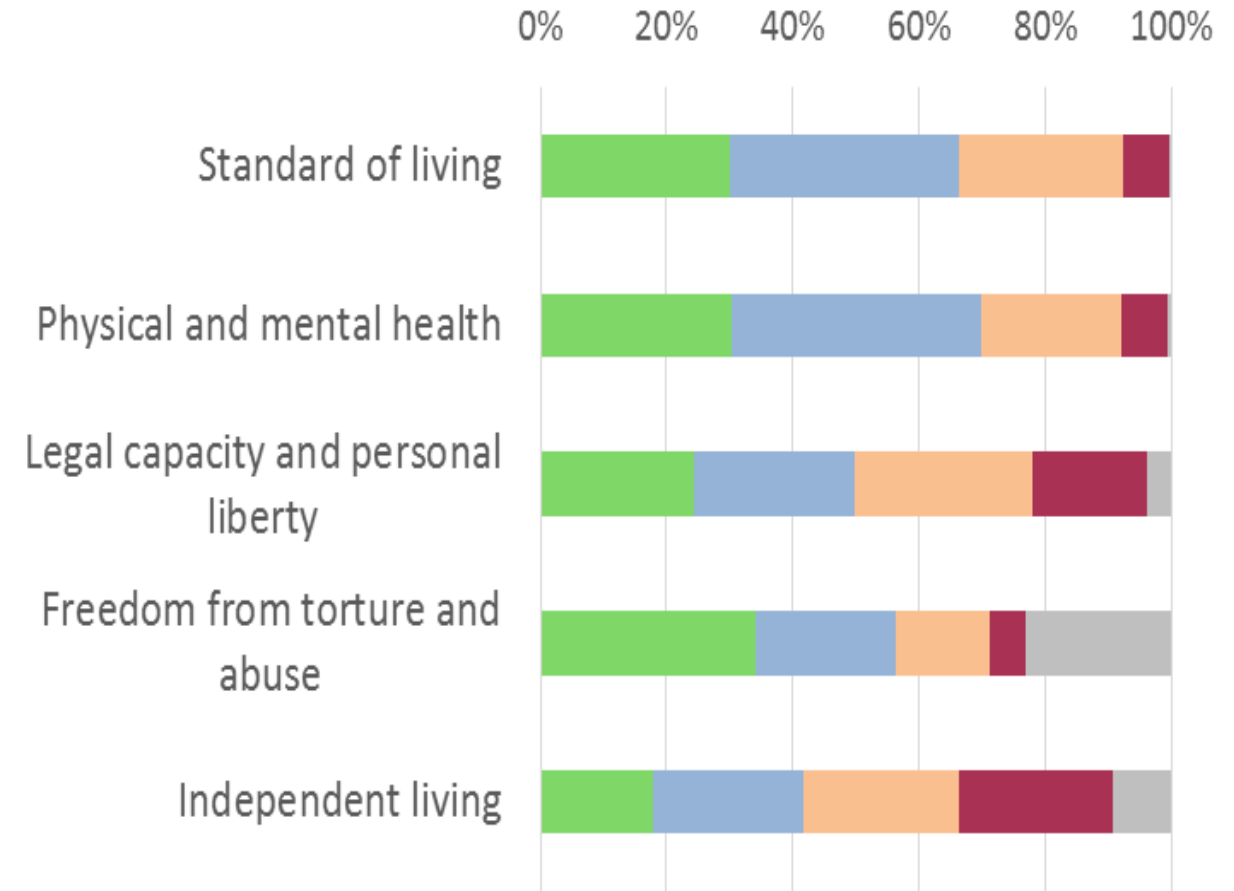
Advertisement

The percentage of scoring opportunities for Standards

In total:

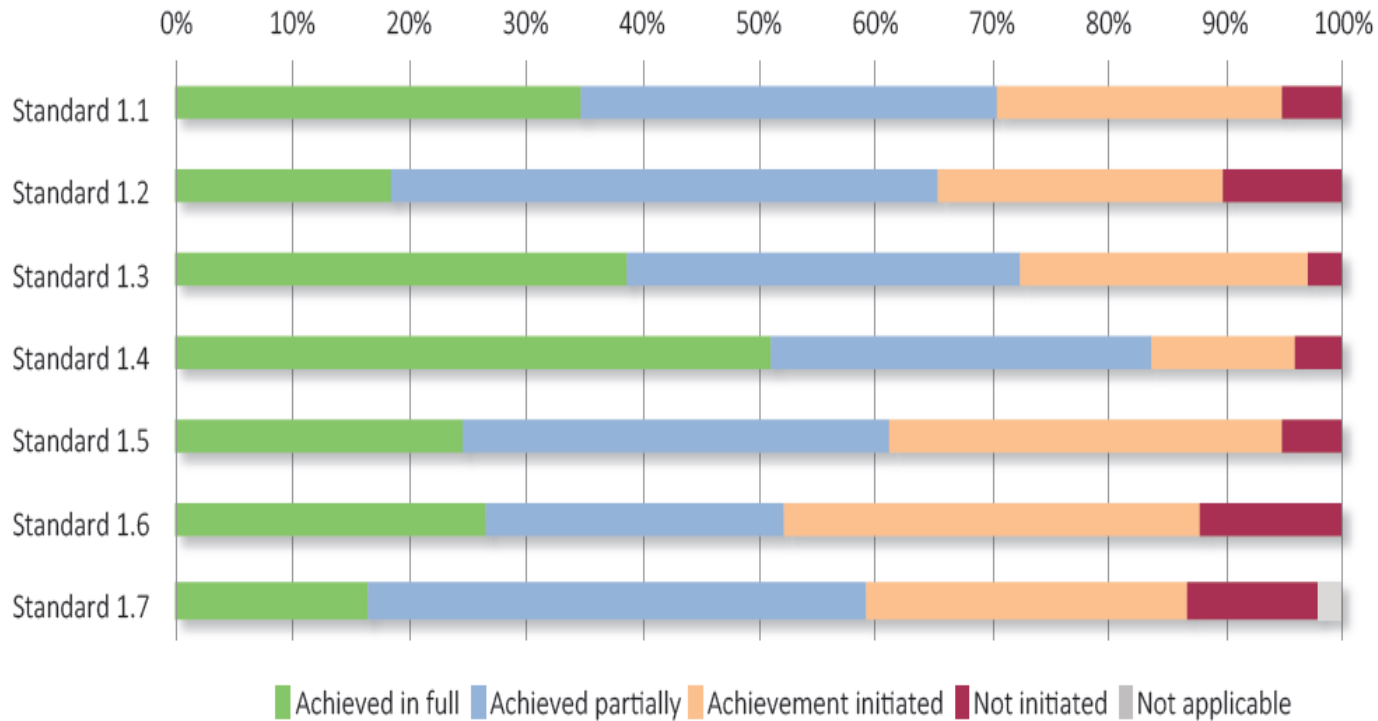


Within each Theme:



* 98 facilities x 25 standards

Theme 1: Standard of living



1.1 Physical conditions

1.2 Sleeping conditions

1.3 Hygiene/sanitation

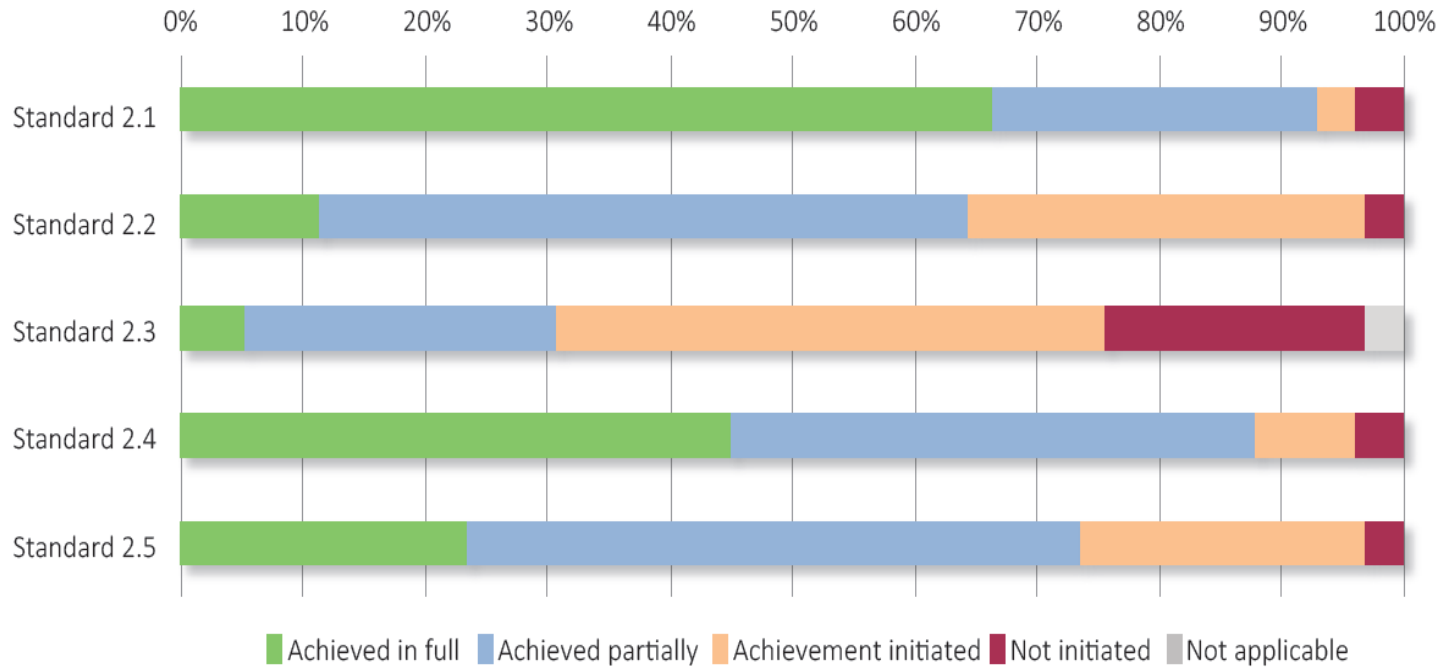
1.4 Food/water, clothing

1.5 Free communication

1.6 Stimulating environment

1.7 Fulfilling social and personal life

Theme 2: Physical and mental health



2.1 Availability

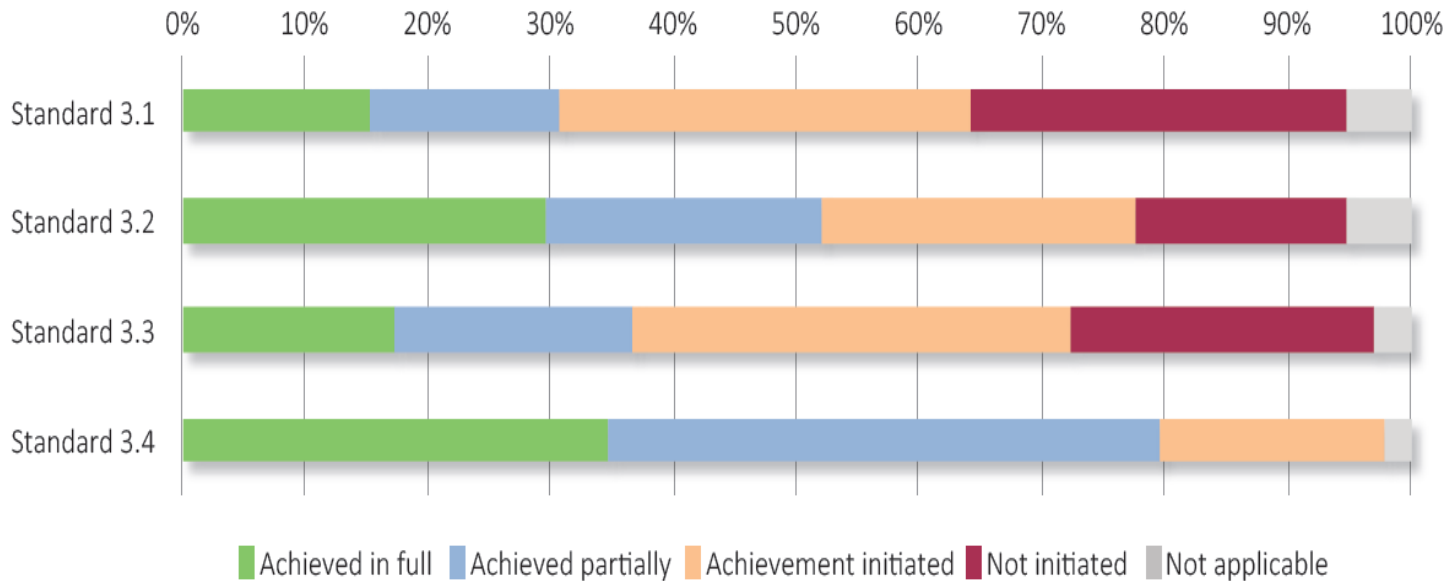
2.2 Skilled staff/quality care

2.3 Recovery approach

2.4 Psychotropic medication

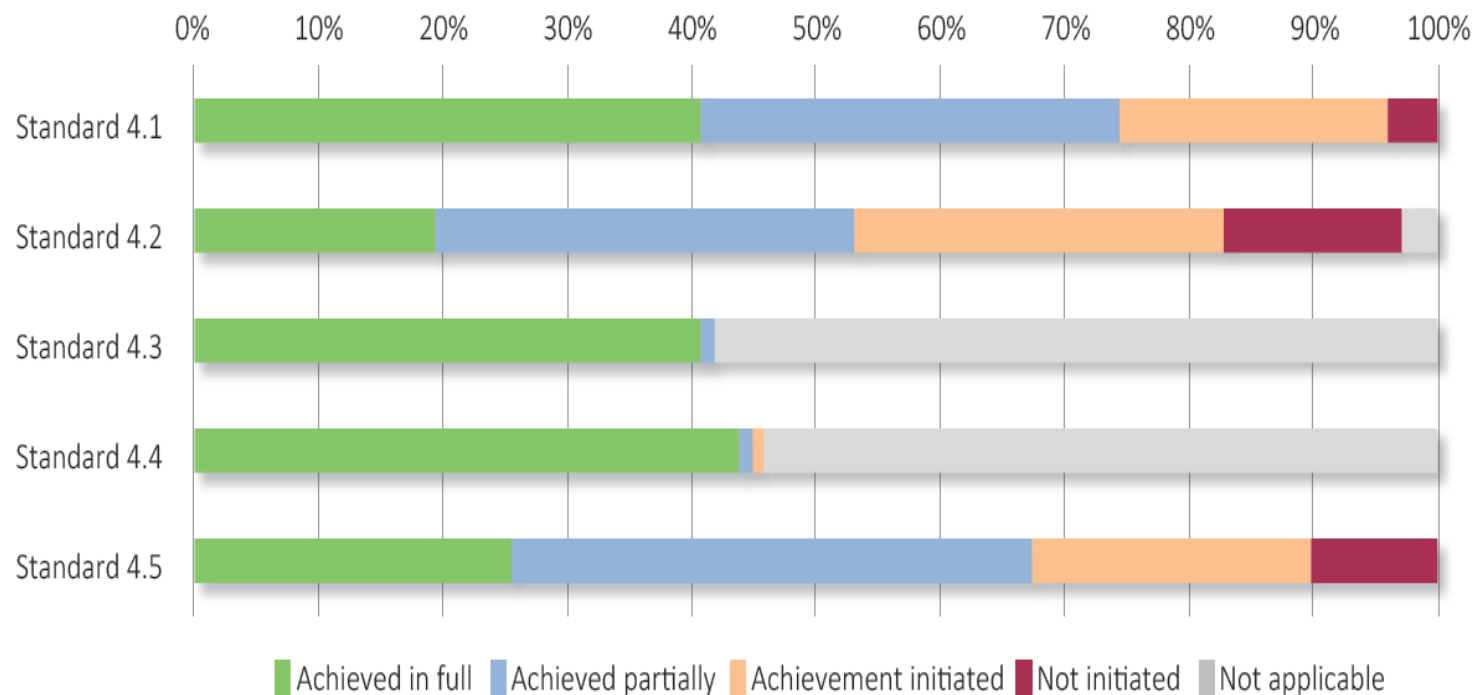
2.5 General and reproductive health services

Theme 3: Legal capacity and personal liberty



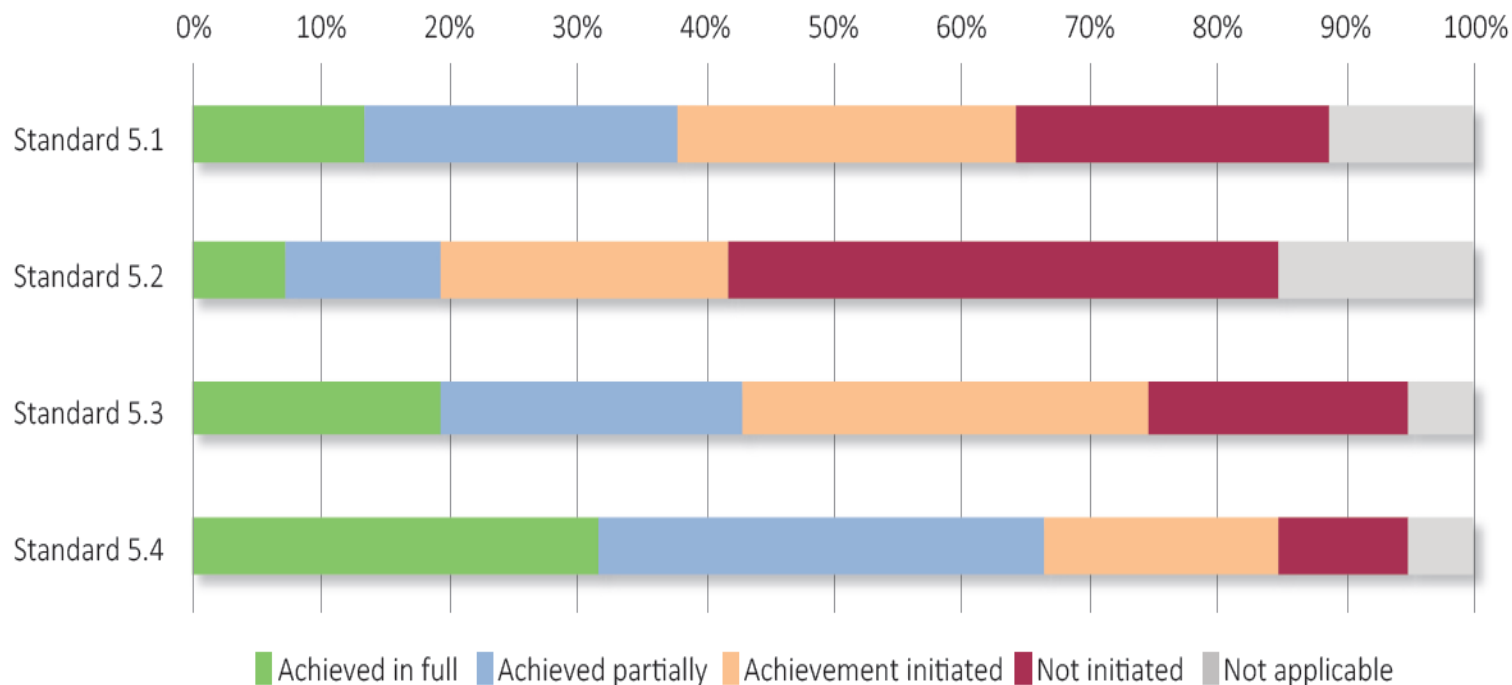
- 3.1 Service user's preferences
- 3.2 Free and informed consent
- 3.3 Legal capacity
- 3.4 Confidentiality

Theme 4: Freedom from torture and abuse



- 4.1 Freedom from abuse
- 4.2 Seclusion and restraint
- 4.3 Electroconvulsive therapy
- 4.4 Medical experimentation
- 4.5 Prevention of torture

Theme 5: Independent living



5.1 Housing in the community

5.2 Education and employment

5.3 Participation in political and public life

5.4 Social, cultural, religious and leisure activities



Services - Assessment & transformative action toolkit to ensure quality & rights



Assessment toolkit



Guidance - Improving & transforming services



QualityRights training & Guidance modules



Launched in November 2019!

Core training modules :

- Human rights
- Mental health, disability and human rights
- Recovery and the right to health in mental health and social services
- Legal capacity and the right to decide in mental health and social services
- Mental health and social services free from coercion, violence and abuse

Specialized training modules:

- Recovery practices for mental health and well being
- Supported decision-making and advance planning
- Strategies to end seclusion and restraint

Guidance modules


- Transforming services and promoting human rights
- Peer support groups by and for people with lived experience
- One-to-one peer support by and for people with lived experience
- Advocacy for mental health, disability and human rights
- Civil society organizations to promote human rights in mental health and related areas



QualityRights capacity building: E-training

Foundation in Mental Health, Human Rights & Recovery

- Lessons (quizzes, short videos, fact sheets)
- Gamification features (e.g. challenges, leader's board)
- Discussion forums
- Peer learning, sharing & coaching
- Certificates

 **WHO QualityRights**
Act, unite and empower for mental health

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For any questions, please contact
assistance@coopacademy.com
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QualityRights training and guidance to support countries to create services & supports that promote recovery, empowerment and human rights for people with mental health conditions, psychosocial, intellectual and cognitive disabilities

<https://www.who.int/publications-detail/who-qualityrights-guidance-and-training-tools>

Thank you and stay safe!

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