

Juggling ball game

Adolescents learn names by **throwing a ball** to each other and repeating the names of the people they throw it to.



3/5

1/5

10 min

1



Warm up

Ask adolescents to stand in a close circle. (If the group is very large, it may work well to split the group into two circles.) Demonstrate by standing next to an adolescent.

2

Explain

The facilitator will start by throwing the ball to someone in the circle. As they throw the ball they will say the name of the person they throw it to.

3

Explain

The next person holding the ball will throw it to someone and say the name of the person they are throwing it to. Continue catching and throwing the ball establishing a pattern for the group.

4

Once everyone has received the ball and a pattern is established, introduce one or two more balls, so that there are always several balls being thrown at the same time, following the set pattern.

Facilitator note

"This game is good for participants who are still learning each other's name."

Environment

Indoor or outdoor space.

Supplies

Balls to throw in the circle. If balls are not available use flipchart paper and tape. Squeeze one sheet of flipchart paper into the form of a ball. Use tape to secure its shape.