



Use the questions below to guide you with organizing activities at times that suit adolescents and don't present barriers to their involvement in your intervention.

- How do adolescent girls and boys spend their time?
- When do adolescent girls and boys go to school, socialise, work, pray, relax, eat meals, do household chores, mind siblings or their own children?
- Are there days of the week when adolescents have more or less free time? (For example, weekends).
- When do adolescents have free time when they aren't busy with other activities?
- Are there times of the day and week when adolescents are unoccupied and bored?
- Are there particular times when adolescents engage in unhealthy or unsafe behaviours such as playing in the street, swimming in unsafe areas, smoking, drinking alcohol or taking drugs?
- Are there times of the day when adolescents wait for long periods of time for work, for food or non-food-item distribution, at washrooms or showers, or at community kitchens?
- If adolescents have limited free time to participate in activities, is it possible to arrange a break for them to participate in Adolescent Kit activities by talking to their parents, family members or others?