

**Some countries of West/Central Africa have made stunning improvements in the rate of exclusive breastfeeding of infants in the first six months of life.**

Exclusive breastfeeding rates in the region increased fivefold – from 4 per cent to 22 per cent – during the period 1990–2004, with similar improvements in individual countries. Yet the region posts the lowest rate of exclusive breastfeeding in the developing world.

Indicator: Percentage of infants exclusively breastfed for the first six months of life.



Source: UNICEF analysis of available trend data for countries in West/Central Africa. The analysis covers 68 per cent of total births in the region. Trend estimates will differ slightly from estimates of current breastfeeding levels.