

UNITE FOR CHILDREN  
UNITE AGAINST AIDS



a call to action

**Children  
The missing face of AIDS**



unicef



**HIV & AIDS**

پہم سب کو چنا ہے

روکیے

سیچھے

سوچئے

What is the

# UNITE FOR CHILDREN UNITE AGAINST AIDS



Campaign?

Unite for Children, Unite against AIDS is the largest campaign ever mounted to bring the world's attention to the global impact of **HIV** and **AIDS** on children and young people. The campaign has been launched in almost every country in the world. It calls for the government, for the UN, for donors and for local organizations to:

- 1 Prevent mother-to-child-transmission
- 2 Provide treatment to children and young people living with **AIDS**
- 3 Prevent **HIV** in children and young people
- 4 Protect children and young people infected and affected by **HIV** and **AIDS**

Policymakers and the general public must become aware that **AIDS** not only affects adults, but is having a devastating effect on children throughout the world.

## What did the world look like in 2005 in Terms of **HIV & AIDS**:

- Total 38.6 million
- Adults 36.3 million
- Women 17.3 million
- Children 2.3 million
- People newly infected with **HIV** 4.1 million



## **AIDS** deaths in 2005:

- Total 3 million
- Adults 2 million
- Children 510000

# HIV & AIDS in Pakistan

- Total reported HIV & AIDS cases are 3087 (Sept.2005)

## HIV Positive 2755

- 36% acquired through sexual contact
- 22% acquired through injecting drug use.
- Male to female ratio is 7:1

## AIDS Cases 332

- 76% of total AIDS cases are between 20 to 44 years and out of them 62% acquired no virus through sexual contact.

# Being a young person, You should know

## What is HIV?

- **HIV** stands for Human Immune-deficiency Virus
- An **HIV** positive person can feel and look healthy for a long time

## What is AIDS?

- **AIDS** stands for Acquired Immune-deficiency Syndrome
- **AIDS** does not discriminate, everybody is vulnerable

# How does **HIV** spread?

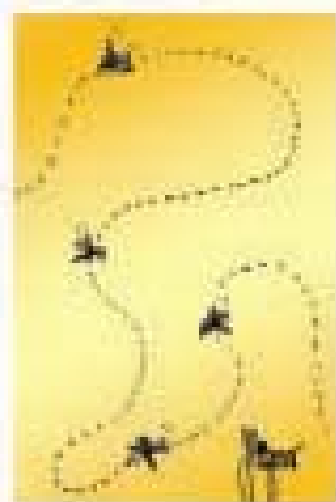
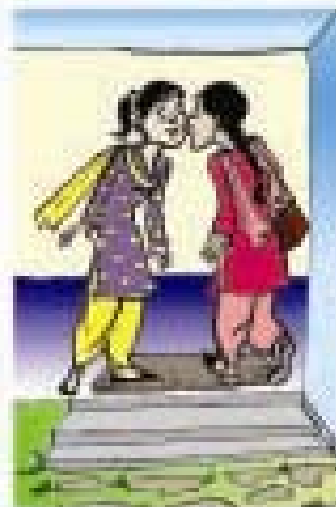
**HIV** is only transmitted through:

- Sex: unprotected sexual contact with an **HIV** infected partner
- Blood: by sharing unsterilised syringes or needles with **HIV** positive person
- Mother-to-child: From an **HIV** infected mother to child during pregnancy and breast feeding



# HIV can not be Transmitted

- Through air, or by coughing and sneezing
- Through food or water
- Through sweats and tears
- By sharing cups, plates or utensils with an infected person
- By touching, hugging and kissing an infected person
- By sharing clothes or shaking hands with an infected person
- By sharing toilet with an infected person
- By living with an infected person
- By mosquitoes, fleas or other insects



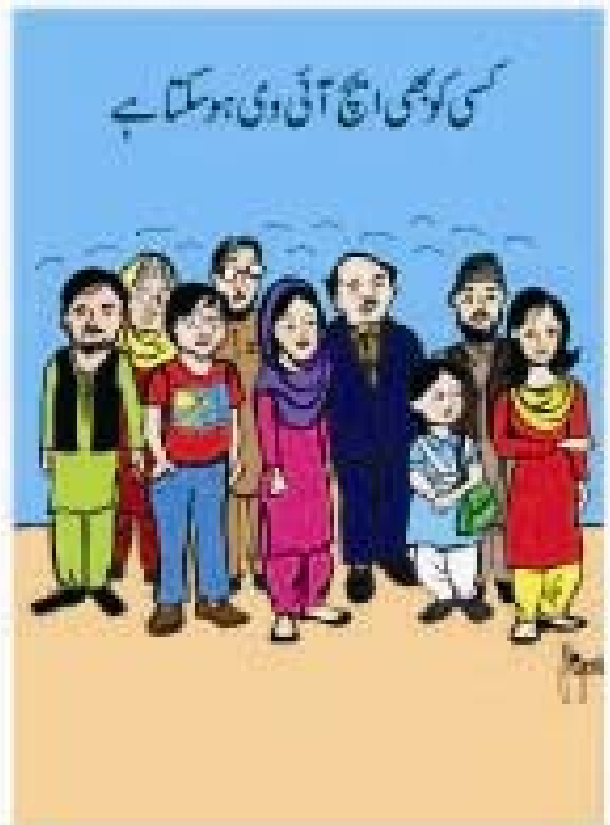
# What puts young people at risk in Pakistan

- Existence of high risk behaviours, drug use and unsafe sex
- Unsafe blood transfusions
- Irrational and risky injection practices
- Poverty
- Illiteracy
- Gender inequality



# What do HIV positive people look like?

- Some individuals experience an acute phase of HIV infection with short-term flu-like symptoms, whereas some people remain symptoms free and look like anybody, so please do not discriminate.



Over time, however their body's immune system weakens and a person may become vulnerable to other pneumonias.

# Should you be tested for **HIV**?

## **Yes!** if you have

- had unprotected sex (sex without a condom)
- shared needles for injecting drugs, tattooing, or body piercing
- several sex partners
- any sexually transmitted infection (STI), e.g. syphilis, gonorrhea, herpes, chlamydia, or any other STIs
- received a blood transfusion or blood product which has not been screened/tested for **HIV**
- had unprotected sex with a person infected with **HIV**
- All pregnant women as well as infants born to **HIV**-infected mothers

## Where can I get tested?

From Voluntary Counseling and Testing (VCT) centers, established by Ministry of Health, Government of Pakistan.

For more information visit our web-site:  
<http://www.nacp.gov.pk>

Now you know all about  
**HIV** and **AIDS**. Please  
share this information with  
your friends.



Thank you.