

# 5 reasons why you lose when you use

Drugs may seem cool at the time you plan to use it.

What you get at the end of the day however is more than just an euphoric “high”. Drugs have a direct impact on the type of person you become and the way you will perceive life. You become indifferent to your studies, your health, your looks, your parents and your friends. You also risk getting in trouble with the law and going to jail.

Young people who start to do drugs for the first time are not aware that drugs can turn their worlds upside down. It’s this misunderstanding which lures them in. Whether it’s just curiosity or peer pressure from friends that causes a young person to start using drugs, the misconception is always the same with every new user, “I can quit any time I want to”. You should know that’s the hook that gets you.

There are many repercussions on why it’s not all that cool to use drugs.

Here are five reasons why you lose when you use.

## 1. You lose your looks

Drugs make it tougher to sleep and can ruin healthy good looks. Some drugs can also cause major weight gain while some will cause unhealthy weight loss.

Most drugs will make your hair and skin much less healthy, and many will make you break out – not just on your face, but on your body. Plenty of drugs also give users body odor.

## 2. You waste your money

Drugs are expensive and you need a lot of money to maintain your drug habit. Sure, there may be someone willing to offer you drugs free for now. But don’t suppose that if someone offers you drugs free one time that you’ll always get them for free.

A drug dealer is not operating a charity. Before long, they’re going to want something in return, whether it’s cash, trade, or sex. Why waste money on something that will only give you a temporary “high” and could possibly destroy your future.

## 3. You risk getting raped!

The risk of being sexually assaulted and not being aware of it is getting more common these days as a result of “date rape” drugs such as ketamine and GHB. These drugs are used because they lower a person’s inhibitions while leaving them with no memory of the sexual encounter.

Think twice before you accept a drink from a stranger -- ketamine and GHB are difficult to detect in a drink as it is odorless and colourless.

## 4. Your life gets wasted

Life’s too short to waste it on being out of touch with reality.

Depression, personality disorders, suicidal thoughts are linked to drug abuse among adolescents and young people.

While under the influence of drugs, you may also engage in unprotected sex increasing your chances of contracting HIV, hepatitis and other sexually transmitted diseases. One “high”, and your future could be lost to you.

## 5. Your family life gets screwed up

You cannot expect to have a normal domestic family life while abusing drugs. Drugs and family life simply do not mix. You might end up having to choose between the two and if you become addicted to drugs, the chances are that you will choose your drug over your family.

Addiction will distort your mind to what is important, those who are close to you.

