



## STOP VIOLENCE AGAINST CHILDREN IN COMMUNITIES! SAFETY TIPS FOR CHILDREN + TEENS

- Make sure you know your home address and telephone number, including contact details of your parents and other trusted adults such as a neighbour and relative.
- Always check first with your parents or the person in charge before you go anywhere or get into a car, even with someone you know.
- Always tell an adult where you're going. Letting someone know where you will be at all times is smart. If you're faced with a risky situation or get into trouble, your family and friends will know where to find you.
- Don't go out alone. There is safety in numbers. Always take a friend with you when you go places or play outside. This includes if you are walking or riding your bike to and from school. Stay with a group while waiting at the bus stop. It is safer and more fun to be with your friends.
- Do not talk to strangers even if they are the same age as you. If they invite you out, decline and do not give them your phone number or your home address.
- If an adult approaches you for help or directions, remember grownups needing help should not ask children for help; they should ask other adults.
- Say No loudly if you feel threatened because someone – anyone – tries to touch you or treat you in a way that makes you feel scared, uncomfortable, or confused.
- It is also OK to SAY NO if you are being pressured about sex, drugs, or doing something that you know is wrong. Be strong and stand your ground.
- If anyone bothers you while going to or from school, get away from that person, and tell a trusted adult like your parents or teacher.
- If someone tries to take you somewhere, quickly get away and yell, "This person is trying to take me away!" or "This person is not my father (mother)!"
- If someone follows you, get away from him or her as quickly as you can. Always be sure to tell your parents or a trusted adult about what happened.

Talian Nur:  
**15999**

Teledera:  
**1-800-88-3040**

Police:  
**999**

Welfare Department:  
**(03) 2697 1090**