

FREE OF
CHARGE

The book is for children of
preschool ages and their parents

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The book was developed with the assistance of
United Nations Children's Fund

LEARNING THROUGH PLAYING



A 4803300200-04

ISBN 9967-22-368-5

УДК 82/821-93
ББК 83.8

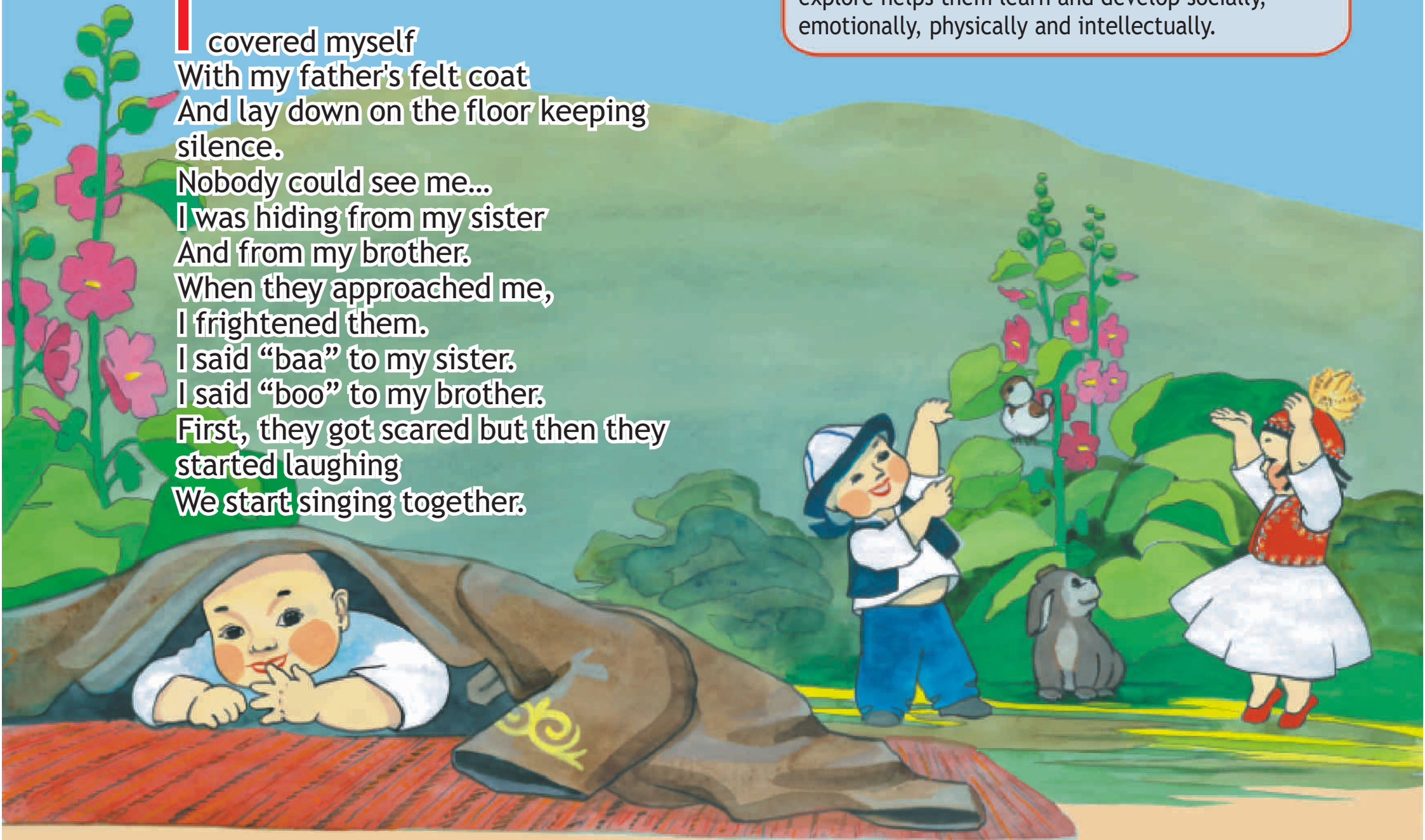
For every child
Health, Education, Equality, Protection
ADVANCE HUMANITY

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I covered myself
With my father's felt coat
And lay down on the floor keeping
silence.
Nobody could see me...
I was hiding from my sister
And from my brother.
When they approached me,
I frightened them.
I said "baa" to my sister.
I said "boo" to my brother.
First, they got scared but then they
started laughing
We start singing together.

Advice to parents

Children like to play. Encouraging children to play and explore helps them learn and develop socially, emotionally, physically and intellectually.



Advice to parents

Children play because it is fun, but play is also key to their learning and development. Playing builds children's knowledge and experience and helps develop their curiosity and confidence. Children learn by trying things, comparing results, asking questions and meeting challenges. Play develops the skills of language, thinking, planning, organizing and decision-making. Stimulation and play are especially important if your child has a disability.

Sapantai, a friend of mine,
Came over my house
Wearing his fur coat inside out.
He was trying to scare me
Pretending to be a wolf.
I imitated that I was afraid
And screamed 'mommy'!
Then I run away
Chased by my friend Sapantai.
We were running around the house
Laughing and enjoying our play.



Advice to parents

Girls and boys need the same opportunities for play and for interaction with all family members. By watching and imitating others, young children learn how to interact socially. They learn what kinds of behaviour are and are not acceptable. Children learn by copying what others do, not what others tell them to do. Children like their parents playing different social roles (scientists, retailers, doctors). Parents should encourage role games as it develops the child's imagination. It also helps the child understand and accept the ways other people behave

Hugging her felt rabbit
Akylai is telling a story
About her baby-rabbit
Who needs to be loved, protected,
And taken care of as much as Akylai does.



My mommy gave me a piece of dough,
She taught me how to make a bird and sheep
out of it.

"It is a good bread," said my daddy,
When I told him that I had baked it.
Everybody was very proud of me.

Advice to parents

You need to be patient when a very young child insists on trying to do something unaided. Children learn from trying until they succeed. As long as your child is protected from the danger, struggling to do something new and difficult is a positive step in the child's development.

All children need a variety of simple materials to play with that are suitable for their stage of development. Water, sand, cardboard boxes, wooden building blocks, and pots and lids are just as good as toys bought from a shop.



Look! I made a house
Out of these bricks!
It is so high it reaches the sky!
It looks like the house
Built by my daddy,
In which our family lives now!

Advice to parents

Infants like to play different kinds of games. Recent studies show that games can develop thinking ability of a child. For instance, two-year-olds enjoy playing with his/her toys.

Sit on the carpet together with your child and spread all toys on it. Suggest him to divide toys by colors and ask him to select them according their color. Tell him: "Let's divide into red ones and green ones". You can play dividing toys by their size too.

Ask him/her: "How can we choose these toys?" To know the curiosity of your child ask him to find something small in the big picture. The time for children's game shouldn't be limited.

