



**Agenda**  
**Intercountry technical exchange workshop**  
**on school-based counseling programming**  
**March 7-10, 2005**  
**Chiang Saen Room, Narai Hotel, Bangkok, Thailand**  
**Organized by the Bureau of Mental Health and Technical Development,**  
**Department of Mental Health and UNICEF, EAPRO**  
**Supported by UNAIDS through a grant from the Government of Japan**

## March 7, 2005

8.30 - 9.00	<b>Register</b>
9.00 - 9.30	<b>Opening Remarks</b> Dr. Wachira Pengjuntr, Deputy Director-General, Department of Mental Health <b>Welcoming Statement</b> Dr. Scott Bamber, Project officer HIV/AIDs, UNICEF Office for Thailand
9.30 - 10.45	<b>Panel Discussion I: Background and Strategies, and will focus on the following:</b> <ol style="list-style-type: none"><li>1. <i>Back ground and rationale</i></li><li>2. <i>Strategies used in developing and implementing the school-based counseling program</i></li><li>3. <i>Steps in calling for a collaboration effort between ministries both at ministerial and school levels</i></li><li>4. <i>Assessment in identifying any appropriate structure and training needs</i></li></ol> <b>Moderator:</b> Ms. Suchada Sakornsatian, Deputy Director, Bureau of Mental Health Technical Development <b>Panelists:</b> 1. Dr. Prawate Tantipiwatanaskul Senior Advisor, Department of Mental Health 2. Dr. Prasong Sungkachai Supervisor Education, Office of Education, Phuket
10.45 - 11.00	Coffee break
11.00 - 12.00	<b>Panel Discussion I - continue</b>
12.00 - 12.30	<b>Questions and discussion</b>
12.30 - 13.45	Lunch
13.45 - 14.45	<b>Panel Discussion II – Sharing of “good practices” and lesson learned: the second panel will focus on the following:</b> <ol style="list-style-type: none"><li>1. <i>Setting up the school-based counseling program and referral system</i></li><li>2. <i>Forming a team and conducting of training sessions for teachers</i></li><li>3. <i>Steps and activities implemented under the school-based counseling program</i></li><li>4. <i>Participation of young people and parent networks</i></li></ol>

**Moderator:** Dr. Prawate Tantipiwatanaskul,  
Senior Advisor, Department of Mental Health

**Panelists:** 1. Ms. Jongkol Subsomboon  
Manager – Education Quality Research &  
Development Learning, Research,  
and Development Institute  
2. Ms. Suranee Dhasithorn  
Director – Satri Wat Apsornsawan School  
3. Ms. Ratchanee Supapong  
Director – Chomsurang Upatham School  
4. Mr. Sathit Chanachai  
Director – Yangchumnoi School

14.45 - 15.00 Coffee break

15.00 - 16.00 **Panel Discussion II** - continue

16.00 - 16.30 **Questions and discussion**

### March 8, 2005

8.30 - 9.30 **Presentation on scaling up the program, obstacles and way to move forward**

By: Mr. Pramote Kaewsuk, Expert, Office of the Basic Education Commission, Ministry of Education

9.30 - 9.45 **Questions and discussion**

9.45 - 10.00 Coffee break

10.05 ***Every one is at the hotel lobby for leaving to visit “Friend Corner” (the field visits were moderated by Ms. Suchada Sakornsatian)***

10.30 - 12.00 **Visit a friend corner** at Fashion Island department store to discuss with responsible staff and youth volunteers

12.00 - 12.45 Lunch break

12.50 ***Every one is at the meeting point for leaving to visit a school that runs the school-based counseling program***

13.30 - 15.30 **Visit a school that runs the school-based counseling program**  
Satriwittaya 2 school

15.45 Depart the school

### March 9, 2005

8.00 ***Every one is at the hotel lobby for leaving to visit an NGO who provides telephone counseling services***

9.00 - 11.00 **Visit the Hotline Foundation – the NGO that provides the telephone counseling service**

11.00 - 12.00 Travel back to the hotel

12.00 - 13.15 Lunch break

13.15 - 14.30 **Linking with Health Service System**

By: Dr. Chaiyos Kunanusont, Specialist in HIV/AIDS and STIs, UNFPA

14.30 - 14.45 Coffee break  
14.45 - 15.30 **Sharing of experience by country team(s)**  
15.30 - 16.30 **An assignment for participants to summarize all key points and lesson learned from this visit**

### March 10, 2005

8.30 - 9.45 **Presentation of the group work's guideline**  
By: Mr. Greg Carl

9.45 -10.20 **Development of country plans and frameworks on the school-based counseling program (country groups)**

10.20 - 10.30 Coffee break

10.30 - 12.00 **Sharing of country's plan or frameworks**  
**Moderator:** Dr. Scott Bamber, Project Officer-HIV/AIDS  
**Panelists:** 1. Dr. Yongyud Wongpiromsarn  
Senior Advisor, Department of Mental Health  
2. Dr. Prawate Tantipiwatanaskul  
Senior Advisor, Department of Mental Health  
3. Ms. Suchada Sakornsatian  
Deputy Director,  
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12.00 - 13.30 Lunch break

13.30 - 14.45 **Sharing of country's plan or frameworks - continue**

14.45 - 15.00 Coffee break

15.00 - 16.00 **Sharing of country's plan or frameworks - continue**

16.00 - 16.30 **Wrap - up and Closing**



## ANNEX II : List of Participants



### Intercountry technical exchange workshop on school-based counseling program

March 7-10, 2005

Chiang Saen Room, Narai Hotel, Bangkok, Thailand

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# ANNEX III : Plan-Do-Check-Act: A Problem Solving Process



<p><b>PLAN</b></p> <p>Step 1:</p> <p><b>Identify The Problem</b></p>	<ul style="list-style-type: none"> <li>• Select the problem to be analyzed</li> <li>• Clearly define the problem and establish a precise problem statement</li> <li>• Set a measurable goal for the problem solving effort</li> <li>• Establish a process for coordinating with and gaining approval of leadership</li> </ul>
<p><b>PLAN</b></p> <p>Step 2:</p> <p><b>Analyze The Problem</b></p>	<ul style="list-style-type: none"> <li>• Identify the processes that impact the problem and select one</li> <li>• List the steps in the process as it currently exists</li> <li>• Map the Process</li> <li>• Validate the map of the process</li> <li>• Identify potential cause of the problem</li> <li>• Collect and analyze data related to the problem</li> <li>• Verify or revise the original problem statement</li> <li>• Identify root causes of the problem</li> <li>• Collect additional data if needed to verify root causes</li> </ul>
<p><b>DO</b></p> <p>Step 3:</p> <p><b>Develop Solutions</b></p>	<ul style="list-style-type: none"> <li>• Establish criteria for selecting a solution</li> <li>• Generate potential solutions that will address the root causes of the problem</li> <li>• Select a solution</li> <li>• Gain approval and supporter the chosen solution</li> <li>• Plan the solution</li> </ul>
<p><b>DO</b></p> <p>Step 4:</p> <p><b>Implement a Solution</b></p>	<ul style="list-style-type: none"> <li>• Implement the chosen solution on a trial or pilot basis</li> <li>• If the Problem Solving Process is being used in conjunction with the Continuous Improvement Process, return to Step 6 of the Continuous Improvement Process</li> <li>• If the Problem Solving Process is being used as a standalone, continue to Step 5</li> </ul>
<p><b>CHECK</b></p> <p>Step 5:</p> <p><b>Evaluate The Results</b></p>	<ul style="list-style-type: none"> <li>• Gather data on the solution</li> <li>• Analyze the data on the solution</li> </ul>
<p><b>Achieved the Desired Goal?</b></p>	<p><b>If YES, go to Step 6.</b> <b>If NO, go back to Step 1.</b></p>
<p><b>ACT</b></p> <p>Step 6:</p> <p><b>Standardize The Solution (and Capitalize on New Opportunities)</b></p>	<ul style="list-style-type: none"> <li>• Identify systemic changes and training needs for full implementation</li> <li>• Adopt the solution</li> <li>• Plan ongoing monitoring of the solution</li> <li>• Continue to look for incremental improvements to refine the solution</li> <li>• Look for another improvement opportunity</li> </ul>





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